

Experience Extraordinary Senior Living



THE GLADES

AT CHAMPIONSGATE
A WATERMARK RETIREMENT COMMUNITYSM

INDEPENDENT LIVING
ASSISTED LIVING • MEMORY CARE

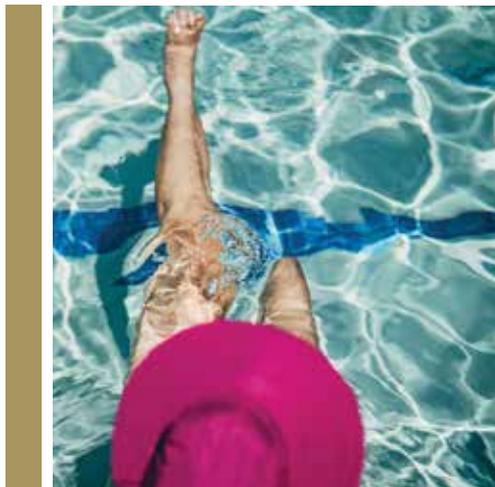




SENIOR LIVING, REDEFINED

Imagine living in a place where people know your name – and more. It's where peers understand you, new friends embrace you, and a whole community supports your interests and needs. Award-winning Watermark Retirement Communities® elevates senior living to create an environment of joy, learning, and discovery. The Glades at ChampionsGate offers stunning residences and life-enriching opportunities for seniors in Independent Living, Assisted Living, and Memory Care, assuring continuity of care for confidence and peace of mind.

The Watermark difference is not just about where you live – it's how you thrive. It's an environment enhanced with countless opportunities to help you grow, explore, and feel your best every day.



*We are not what
you'd expect and that's
precisely the point.*

YOUR LIFE, YOUR WAY

The minute you move in, you're free from the tired, old chores – no more dishes! – and can do exactly what you want. Craft each day to include the experiences and people you enjoy. Meet friends for a chef-made meal at one of the lovely dining venues. Choose from a roster of engaging classes, fitness opportunities, social events, and favorite pursuits right where you live. And when you feel like stepping out? You'll love the easy access to dining, shopping, entertainment, dog-walking paths, ChampionsGate Golf Resort, and AdventHealth hospital and urgent care services, just minutes away.

Gracious living is the start. Thriving is the goal.





AMENITIES AND SERVICES THAT MAKE LIFE GREAT

Having a wide range of amenities and services at your disposal means you can relax, explore, and spend free time any way you like. You might enjoy a leisurely breakfast, then take a class or relax by the pool. Have your hair and nails perfected at the salon – ooh, how about a massage? – before meeting friends for dinner and conversation. For outings and errands, let us do the driving. We offer transportation to and from shops, appointments, and social or cultural events.

You'll wish you moved here sooner!

- PS Salon & Spa
- Fitness Center
- Screening theater for movies
- Outdoor patios
- Move-in coordination services
- Outings to local events and attractions
- Scheduled local transportation
- Outdoor pool
- Exercise classes
- Personal training

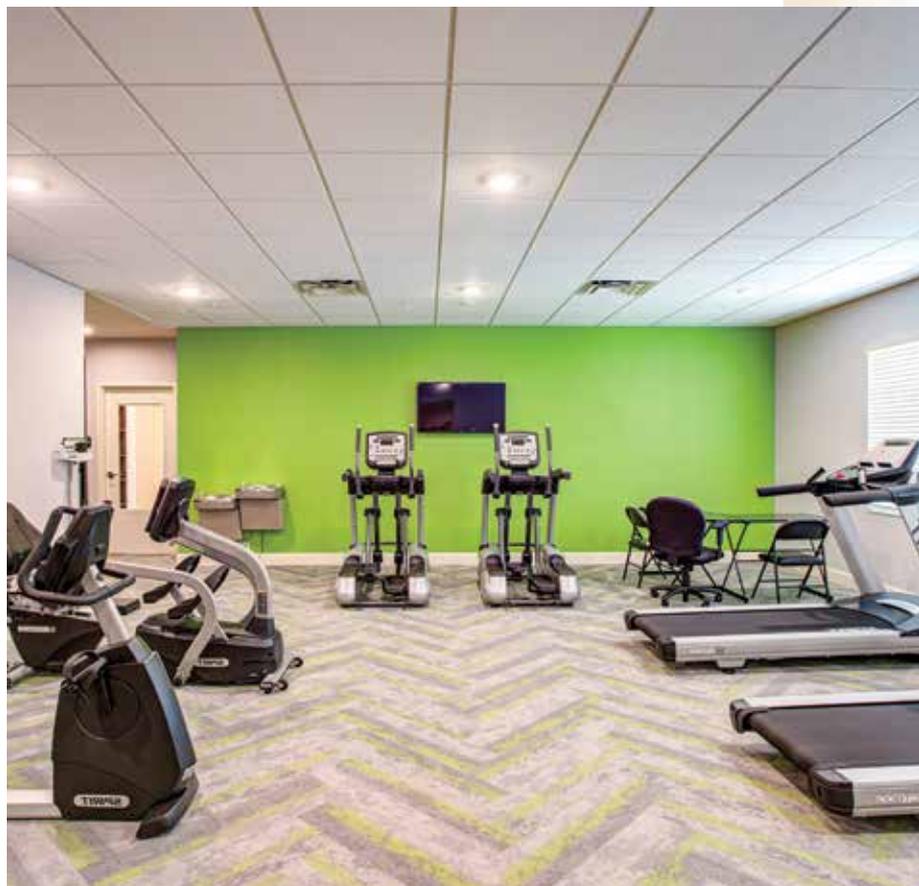
WHOLE-YOU WELLNESS

Balancing mind, body, and spirit is essential to well-being. We add community to that formula, along with surprises and possibilities that make life a pleasure. Embrace your passions every day, and try new things from our well-rounded calendar of programs, outings, and events, plus dozens of stimulating Watermark University classes.

You'll love having unlimited access to all of our mind and body fitness options just steps from your door. Choose from *Yoga*, *Creative Cooking*, *Aqua Fitness*, *Intro to Bridge*, and everything in between. These programs and classes are stimulating, engaging and most of all, fun. Plus, they aren't just for residents. Call for a schedule and sign up for a class today.

Discover new interests and explore what inspires you.

Ceramics
Brain Games
Sports Talk
Floral Design
Historians' Circle
Chef Demonstrations
Mindful Meditation
Cake Decorating
Wellness Round Table
Whimsical Watercolors





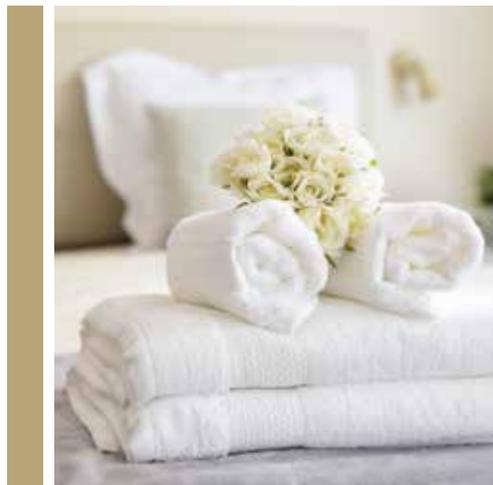




INDEPENDENT LIVING

Had enough of the headaches of home maintenance, countless bills to pay, and endless errands? Trade them in for an extraordinary lifestyle. Enjoy the fun side of life in a lively community filled with attentive associates who love to exceed your expectations. You'll wake each morning with a warm community to greet you and endless possibilities ahead.

With a variety of bright and spacious studios, one-bedroom, and two-bedroom residences to choose from, you'll find the right space to call home. When you're ready to move, take advantage of our move-in coordination services with professionals to help you navigate the whole process. And if you'd like a helping hand now and then, you can request personalized services delivered right to your door.



*We take care of
everything so you
can thrive.*

AN OPTION FOR EVERY APPETITE

Enjoy dining choices for any mood or occasion with cuisine that's both refined and casual. Our chefs emphasize fresh, local ingredients that change with the seasons – great taste and nutrition are served with every dish.

Savor a tasty breakfast or lunch at **Saluté**, or meet friends for food and conversation at **Biscotti & Latte**. Our beautiful **Ciao Ristorante** features a menu with seasonal changes and Italian flair, delighting residents, family, and friends. Special dietary needs? We'll take care of that. Inviting guests? Ask about our private dining room and catering services.

Special challenges? If you or your loved one faces cognitive or neuromuscular issues, explore our signature Gourmet Bites Cuisine dining program, and enjoy your favorite foods without assistance, utensils, or distractions.



Ciao Ristorante

Biscotti & Latte

Saluté

Gourmet Bites Cuisine





ASSISTED LIVING WITH A DIFFERENCE

Our vibrant neighborhood is where customized care, one-on-one support, independence, and peace of mind live in perfect harmony. Discover a variety of wellness options and benefits tailored to meet your needs. From simple daily living routines to more comprehensive wellness plans, we'll help you feel centered, connected, and supported. Your health, dignity, and well-being are at the heart of all we do. Whatever makes you happy is what we'll make happen.

Catered living and curated care.

A NEW KIND OF MEMORY CARE

If you or a loved one is experiencing mild cognitive impairment, Alzheimer's disease, or another form of dementia, we're here for you and your family every step of the way. Our warm and welcoming Prema Memory SupportSM program offers a positive, safe, and understanding environment that inspires a sense of connection, longevity, and well-being. Specially trained and certified caregivers known as *Nayas* offer customized care and one-on-one support 24/7 to help each person stay active physically and mentally. We consider an individual's life experiences, preferences, and needs in everything we do.

*Challenging traditional assumptions
about what's possible.*

Enjoy a carefree, maintenance-free lifestyle with incredible amenities and customized care.

Gracious studio, one-bedroom, and two-bedroom apartments

Complete apartment maintenance, light housekeeping, and linen services

Pet-friendly environment

Resident call response system

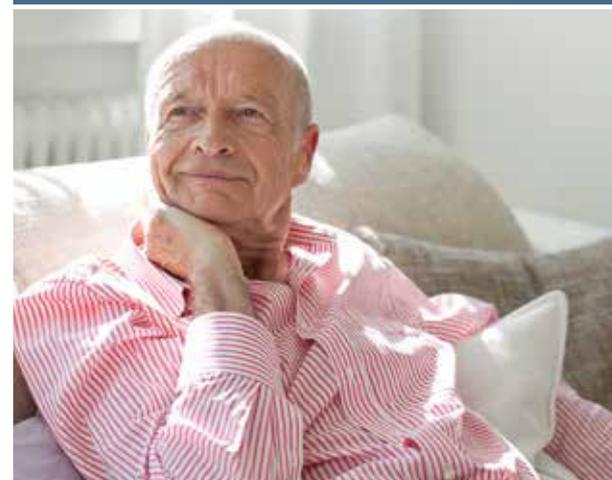
Delicious, nutritious dining

Scheduled transportation for medical appointments and shopping

Friendly, expert associates available 24/7

Engaging daily events, including award-winning Watermark University classes

Fitness center, classes, and swimming pool





Watermark creates extraordinary communities where people thrive. We believe aging is about renewal rather than retirement. Watermark communities are known for highly trained and caring associates, a lifestyle built on choice, fine amenities, integrative wellness, and innovative programs including the award-winning Watermark University featuring a wide variety of engaging classes for residents and area seniors.

Watermark has been named in the top 25 Best Workplaces for Aging Services in a national program conducted by the Great Place to Work Institute and published on Fortune.com. A privately held company with a reputation for more than 30 years for service, innovation, integrity, and financial stability, Watermark manages more than 65 retirement communities coast to coast. Based in Tucson, Arizona, Watermark is ranked as the nation's ninth-leading senior housing operator by the American Seniors Housing Association.

VISIT WATERMARKCOMMUNITIES.COM FOR MORE INFORMATION.

 A WATERMARK RETIREMENT COMMUNITYSM





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