

Experience Extraordinary Senior Living



THE FOUNTAINS

AT CRYSTAL LAKE

A WATERMARK RETIREMENT COMMUNITYSM

INDEPENDENT LIVING

ASSISTED LIVING

MEMORY CARE

THE PERFECT SETTING

Imagine the view of a lush prairie filled with wildflowers, ringed by old-growth trees, and punctuated by visits from tree swallows, eastern bluebirds, house wrens, goldfinches, cardinals, sandhill cranes, and the occasional deer. The local fishing hole is nearby, and our resident garden provides beauty and tranquility.

As part of Watermark Retirement Communities®, we've created an extraordinary and innovative community where people thrive. At The Fountains at Crystal Lake, bask in a beautiful, natural setting where you'll never need to lift a finger. While you're enjoying friendships and amenities, our associates work around the clock to ensure impeccable service, outstanding cuisine, a calendar packed with fun outings, events, classes, and entertainment, and a lifestyle full of growth and discovery. This vibrant community is available to you on a straightforward rental basis.

IT'S NOT WHAT YOU'D EXPECT, AND THAT'S THE WHOLE POINT.



30 lush acres with nature trails

Every residence has a view of the surrounding old-growth forests

A natural oasis for birds from eastern bluebirds to sandhill cranes

Resident flower garden

The Dickens Room, our well-stocked library

The Brighton Room for performances, movies, and presentations

Furnished guest apartments

The King Arthur Room for games and entertaining

Beauty Shop





AN OPTION FOR EVERY APPETITE

Dining at The Fountains at Crystal Lake is more than you'd expect and no less than you deserve. In fact, we think you'll be amazed. Savor restaurant-style dining with scrumptious, healthy meals prepared by a skilled chef in whites. Relax with friends and family as you enjoy gracious service with impeccable attention to detail – it's like sharing a meal at a favorite restaurant. Plus, with our innovative Gourmet Bites Cuisine program, anyone with cognitive, physical, or neuromuscular challenges can enjoy favorite foods in one- or two-bite, handheld morsels with no utensils or assistance needed.

Not in the mood for a sit-down meal? Grab a quick bite and a coffee to go. At The Fountains, the choice is always yours.



Three meals daily prepared by our expert chefs

Savoy Dining Room

Sumptuous Sunday brunch

Heart-healthy and sugar-free options always available

The Pub, a gathering spot with a cozy fireplace

Room service





MIND AND BODY WELLNESS

Stimulating the mind and strengthening the body will yield enormous benefits at any age. That's why we offer the many opportunities of Watermark University, created by Watermark Retirement Communities®. You'll love having unlimited access to all of our mind and body fitness classes, conveniently scheduled and just steps from your door. You might choose *Yoga* or *Bird Watching* before a favorite cooking class or creative arts experience. Every day you have chances to learn – or teach – something different. These classes and programs aren't just for residents, either. We welcome friends, family, and neighbors.



All About Nutrition

Travel Series

Ceramic Creations

Strength Training

The Artist Within

Mixology

Yoga

Crocheting





WORRY-FREE INDEPENDENT LIVING

Trade the headaches of home maintenance, countless bills to pay, and endless errands for the relaxed lifestyle you deserve. At The Fountains at Crystal Lake, we've created a culture built on choice. It starts by selecting the home that's perfect for you. From cozy studios to two-bedroom apartments, you'll find a space to call your own, with room for your favorite chair and all the pictures you love. If you'd like a helping hand now and then, enjoy personalized services delivered right to your door.

Fill your days with exciting opportunities, fun excursions, or well-earned leisure time. Discover great people, a peaceful environment, fantastic food, and so much more. Give us a call to schedule a private tour and get a firsthand taste of our vibrant community.



Option of a modern kitchen with frost-free refrigerator, electric oven, and range

Ample closet space

Wall-to-wall carpeting in living areas, vinyl flooring in kitchenette and bath

Decorator window treatments

Resident call response system

Three delicious and healthy chef-prepared meals daily

Dynamic calendar of events, social gatherings, Extraordinary Outings, and classes including Watermark University

Scheduled local transportation

Weekly housekeeping

Bath with safety grab bars

Guest accommodations

Move-in coordination

All utilities





ASSISTED LIVING WITH A DIFFERENCE

Forget about cramped, cookie-cutter apartments, stereotypical activities, boring days, and care delivered on a schedule so rigid it becomes the center of your day. Instead, discover a world of choices, spacious floor plans, a calendar of engaging and interesting programs, fantastic cuisine, and friendly neighbors. Top-notch care is tailored to your needs, on your schedule, 24 hours a day.

Plan a Short-Term Visit. Why wait to get a taste of The Fountains lifestyle? Try us out for a short-term stay, complete with a fully furnished guest apartment, wholesome food made just how you like it, and personalized care and assistance if and when you need it. While you're here, you can take classes that intrigue you, make friends at happy hour, treat yourself to a salon service, or join us for an outing to the Woodstock Opera House. Enjoy a brief, rejuvenating experience with long-term benefits.



Bright, cheerful apartments with oversized windows overlooking our beautifully landscaped campus

Three delicious, chef-prepared meals per day

Calendar of dynamic events, Extraordinary Outings, and classes including Watermark University

Maintenance and housekeeping services

Health and wellness programs

Caring, trained associates available 24 hours a day

Resident call response system

Scheduled local transportation





A NEW KIND OF MEMORY CARE

Whether you or a loved one is experiencing mild cognitive impairment, Alzheimer's disease, or another form of dementia, we are here for you and your family every step of the way.

Our warm and welcoming Memory Care neighborhood presents a secure and supportive environment that cultivates a sense of connection, longevity, and well-being. Specially trained caregivers known as *Nayas* offer customized care and one-on-one support 24/7, always incorporating each individual's unique life experiences, preferences, and needs into everything we do.



Support from caring associates available 24/7 and specially trained Memory Care experts with training through the National Council of Certified Dementia Practitioners (NCCDP)

Three nutritious, family-style meals where families and friends are welcome

Pantry Program for each resident's favorite foods

Healthy snacks available all day, every day

Structured and spontaneous programs tailored to each individual

Extraordinary Outings that you would not expect in a memory care community

Residential environment with family photographs, keepsakes, and personal histories

Housekeeping, linen, and laundry services

Scheduled transportation services

Secure outdoor garden area





About Watermark Retirement Communities

Watermark creates extraordinary communities where people thrive. We believe aging is about renewal rather than retirement. Watermark communities are known for highly trained and caring associates, a lifestyle built on choice, fine amenities, integrative wellness, and innovative programs including the award-winning Watermark University featuring a wide variety of engaging classes for residents and area seniors.

Watermark has been named in the top 25 Best Workplaces for Aging Services™ in a national program conducted by the Great Place to Work® Institute and published on Fortune.com. Based in Tucson, Arizona, Watermark is a privately held company with a reputation for more than 30 years for service, innovation, integrity and financial stability, and manages more than 60 retirement communities in 21 states.

VISIT WATERMARKCOMMUNITIES.COM FOR MORE INFORMATION.







 **THE FOUNTAINS**
AT CRYSTAL LAKE
A WATERMARK RETIREMENT COMMUNITYSM

965 North Brighton Circle
Crystal Lake, IL 60012

815-455-8400

crystallake.watermarkcommunities.com