



WHITE CLIFFS

SENIOR LIVING

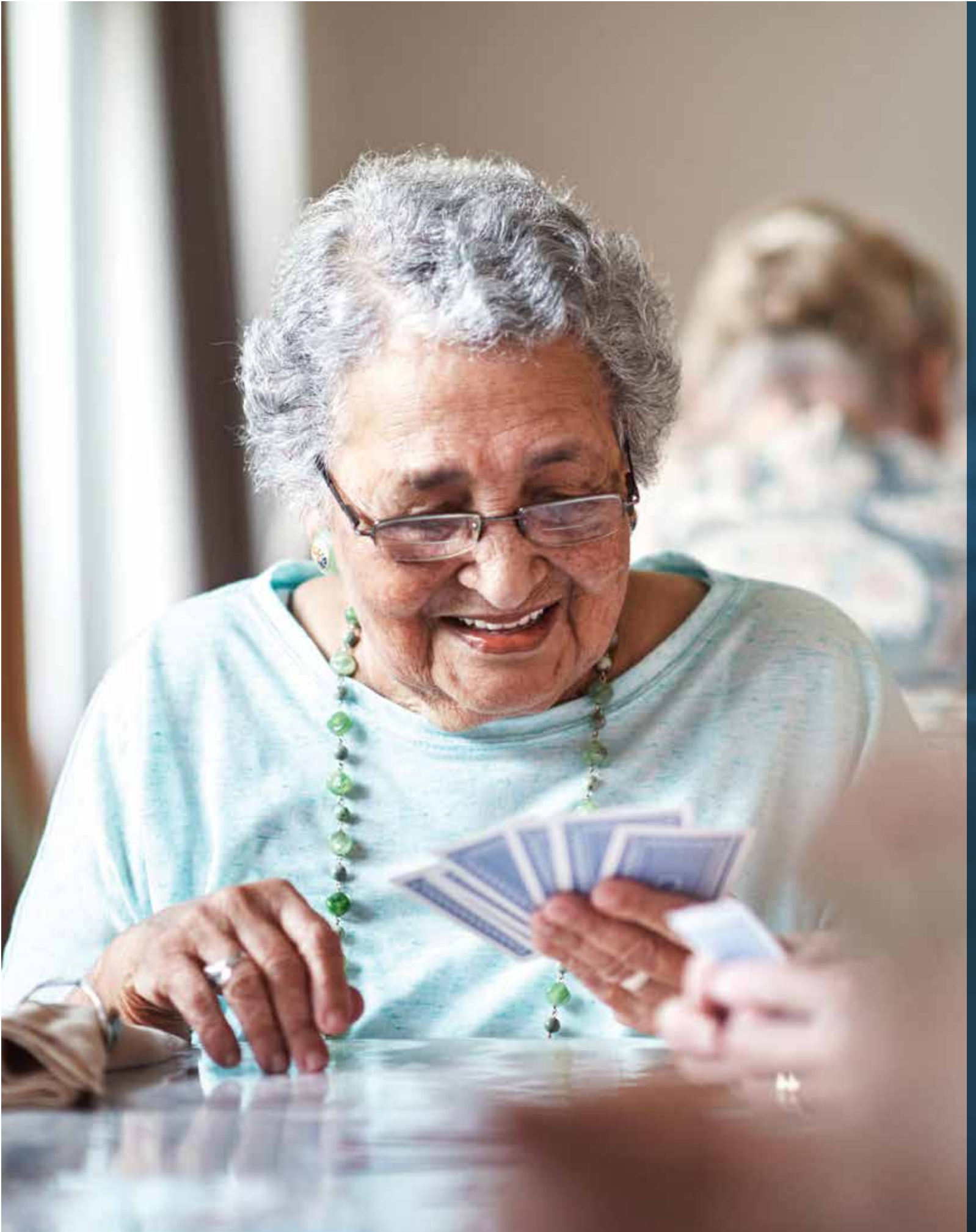
A WATERMARK RETIREMENT COMMUNITYSM

Assisted Living • Memory Care



extraordinary

Be surprised. Be delighted. Be yourself.



Unexpected Opportunities, Unlimited Choices

Imagine living in a place where people know your name. It's where peers understand you, new friends embrace you, and compassionate, trained associates support all your interests and needs.

Today's seniors want greater choices and a more active lifestyle than ever before. That's why we designed every day at White Cliffs Senior Living with engaging events, new opportunities, delicious cuisine, and personalized wellness.

Trade in cooking, cleaning, and yard work for casino nights and musical performances. Will you start off the day with *News & Views*, or get caught up in a movie matinee? Will you join in the coffee social before discovering somewhere new on an Extraordinary Outing, or will you relax with fascinating friends? It's all part of our culture of choice.

We're so pleased with how attentive everyone's been. All the associates have been kind, the residents are treated with respect, health care is thorough, and the food is really good.





Dining and the Good Life

A good meal with good friends is one of life's greatest pleasures. Here, residents regularly connect around the table to catch up, swap stories, and share laughs.

Our ever-changing menu features everything from gourmet selections to comfort foods. Each meal is crafted with intention by our culinary team to be both healthy and delicious. And with Gourmet Bites Cuisine, you have the option to transform menu items into hand-held creations to enjoy without assistance, utensils, or distractions.

Choice is always on the menu here.



Sample Menu:

Mesclun of Baby Greens
Maryland Crab Cakes
Roasted Prime Rib Au Jus
with Whipped Potatoes
Pasta Marinara

Spring Vegetables
Freshly Baked
Cherry Pie







How Will You Spend the Day?

There's always something happening with cultural programs, engaging events, and exciting outings. Stay as busy — or as free — as you choose and make friends along the way.

There are always residents about, sitting and visiting each other, playing games, and having a good time.



Sample Classes:

News & Views

Bible Study

Thrive Cart

Movie Matinee

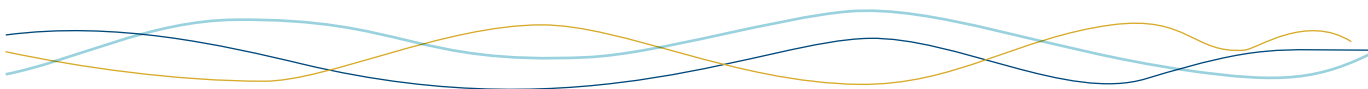
Thirsty Thursday

Billiards

Coffee Social

Exercise Class

Creative Crafts





take it easy

Keeping Up With You Today, Tomorrow, and Always

As life takes its twists and turns, we'll be beside you every step of the way. Daily check-ins and wellness options are only the beginning. Our goal is to support your lifestyle with top-notch care that revolves around your schedule — never ours.

For outings and errands, let us do the driving with scheduled outings. We offer personal transportation to and from shops and appointments, as well as excursions to local attractions and cultural events.



*This has been a great transition.
Every associate goes above and
beyond with love and kindness.*









Inspiring Confidence and Connections

When a loved one is experiencing moderate cognitive impairment, we're ready to welcome new residents into an uplifting, secure, and understanding environment that inspires a sense of connection and well-being.

Dedicated caregivers are trained in accordance with guidelines set out by the Alzheimer's Association. These treasured associates incorporate residents into the rhythms of daily living and engage in each moment as the days unfold, focusing on whatever evokes feelings of joy and purpose.

Prema Memory SupportSM offers customized care 24/7, putting each resident's unique life experiences, preferences, and needs first. Our positive approach focuses on what people can do, never what they cannot.



The associates and caregivers have been amazing. Every one of them. Caring, compassionate, helpful, so patient, and gifted to be sure.



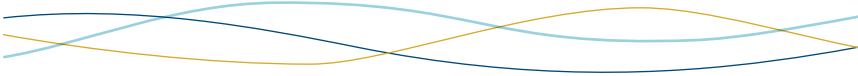


have it all

The Worry-Free Lifestyle You've Been Looking For

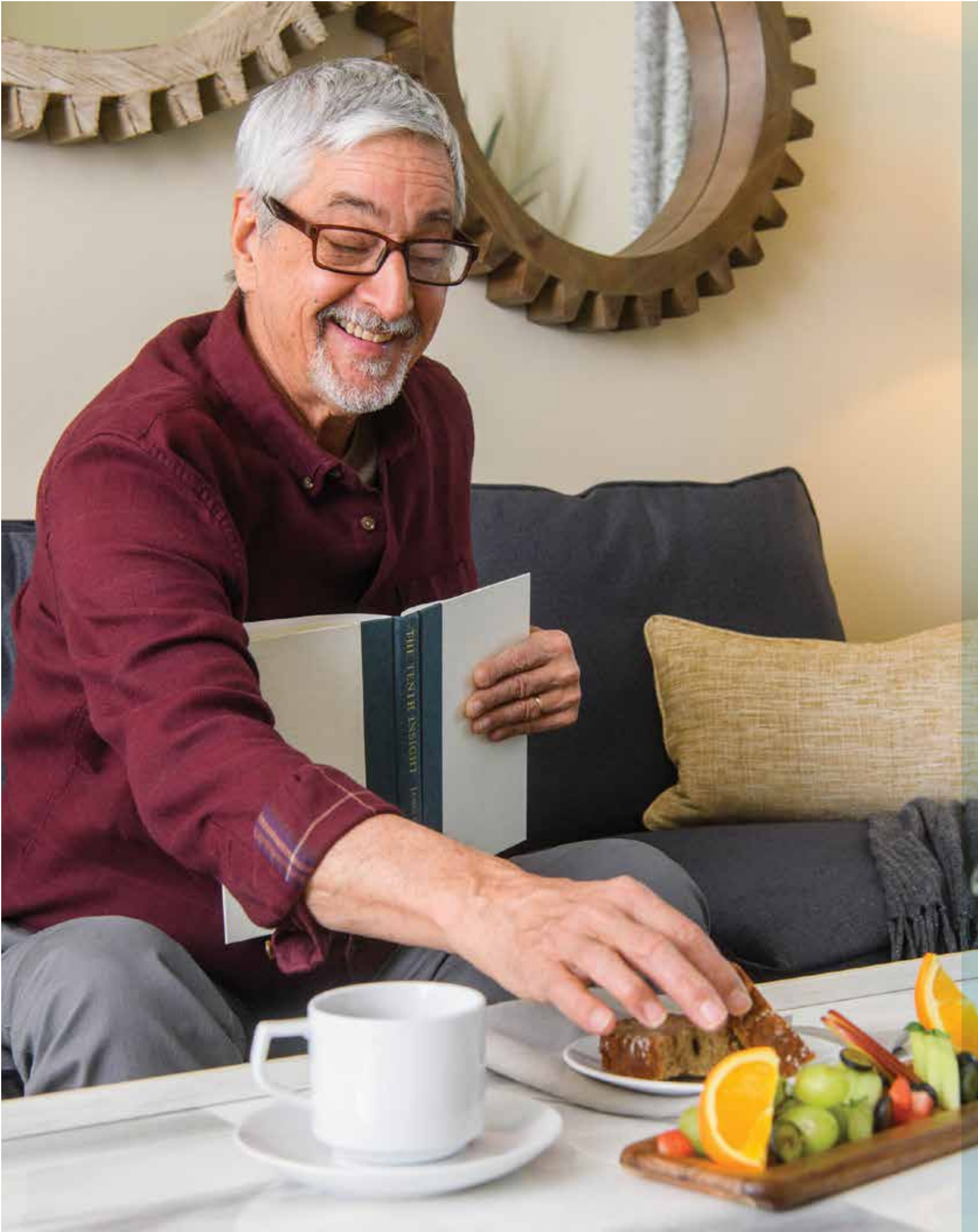
Today's seniors want to continue an active lifestyle of independence. That's why we offer a full suite of modern amenities.

There are exercise classes and workout equipment on every floor ... and there is a lot of stuff going on in the activity areas.



Salon & Barber Services
Library
Beautiful Outdoor Spaces
Concierge Services
Theater
Scheduled Transportation Services
24/7 Associate Support
Linen and Housekeeping Services
Craft Room
Pet-Friendly





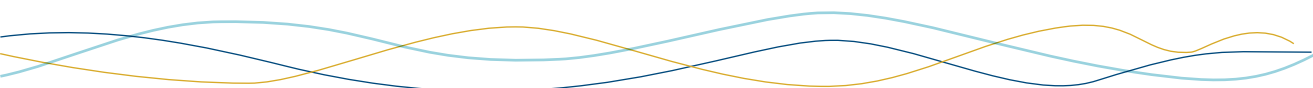


Rest. Relax. Recuperate.

At White Cliffs Senior Living, you have the opportunity to experience our lifestyle for yourself with a short-term stay. Maybe you need a little extra help while recovering from a surgery or illness. Maybe you're looking for peace of mind while a caretaker goes on vacation. Or maybe you're curious to try out our lifestyle with no commitment necessary. Call to learn the full details of this incredible service.



*They really helped to ease my mind,
and me made feel good about having
professionals to guide me.*





What Makes a Watermark Community?

You can feel the difference as soon as you walk into a Watermark community. The smiles are friendly, the calendar is full, and the residents are always on the go. Excellent associates, genuine care, and signature programs go into making life great every day. That's what happens when you're supported by a company with more than 30 years of experience.

Watermark University

This award-winning program creates endless opportunities. Associates, residents, loved ones, and experts share their passions and knowledge with the community. Not only do these classes engage us in learning something new, they also bring our community together. Some favorites include *Flower Arrangement*, *Historical Documentaries*, and *Bake With Me*. Take a look at the calendar and see if there's a class coming up that interests you.



Such a breath of fresh air. The people I have met, the conversations I have had, and the atmosphere have been incredibly welcoming and engaging.



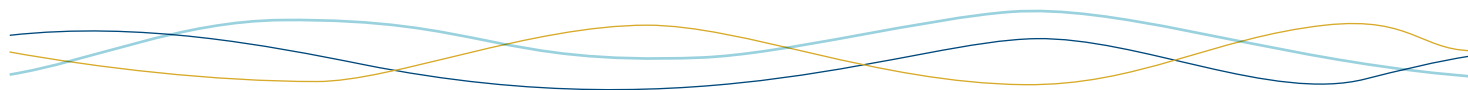
About Watermark Retirement Communities

Watermark creates extraordinary and innovative communities where people thrive.

We believe aging is about renewal rather than retirement. Watermark communities are known for highly trained and caring associates, a lifestyle built on choice, fine amenities, integrative wellness, and innovative programs including the award-winning Watermark University featuring a wide variety of engaging classes and residents and area seniors.

Watermark has been named in the top 25 Best Workplaces for Aging Services™ in a national program conducted by the Great Place to Work® Institute and published on Fortune.com. Based in Tucson, Arizona, Watermark is a privately held company that has been managing senior living communities across the United States for more than 30 years, building a reputation for integrity, innovation, financial stability, and high-quality service.

Visit watermarkcommunities.com for more information.







It's What's Inside That Counts
expect the unexpected



LEAVE US A REVIEW



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