

### REDEFINING SENIOR LIVING

At The Fountains at RiverVue, we're creating an exceptional and innovative community where people thrive. More than 30 years of experience has taught us that today's seniors want greater choices and are leading a more active lifestyle than ever before. That's why we created a vibrant community with bright, modern residences, delectable chef-prepared cuisine, enriching programs, exhilarating events, plus mind and body fitness classes designed to enhance your optimal wellness journey.

IT'S NOT WHAT YOU'D EXPECT, AND THAT'S A PROMISE.





On-site wellness services

Billiards room

Art and creative studio

Library

Computer and technology center

Salon and barber services

Housekeeping, laundry, and transportation services

Complete building, residence, and grounds maintenance



## DINING FOR THE SOUL

Here, meals are more than sustenance. They are culinary celebrations of good taste, good health, and good company. Gather with friendly neighbors to share stories while you indulge in cuisine beyond compare, with laughter at the table, gracious service, and impeccable attention to every detail. Our unique menus are overflowing with flavorful and nutritious choices, and our expert chefs will dazzle your palate with an array of tempting culinary creations from upscale selections to comfort food favorites prepared using only the freshest ingredients.

**Gourmet Bites Cuisine** enhances independence and restores the joys of dining for individuals with cognitive, neuromuscular, or physical challenges. Expert chefs transform freshly prepared and high-quality menu items into delicious, easily handled bite-size portions to make meals more enjoyable.

#### VARIETY IS TRULY THE SPICE OF LIFE.





Elegant dining room

Three delicious, restaurantstyle meals served daily

Snacks available 24 hours per day

Catering and room service

Menus featuring fresh local ingredients



#### MIND AND BODY WELLNESS

Stimulating the mind and strengthening the body have enormous benefits at any age, so we have created a vibrant atmosphere that inspires you to pursue what you love and discover new interests. Enjoy unlimited access to energizing mind and body fitness classes, events, programs, outings, and Watermark University classes all just steps from your door. There are exhilarating opportunities to connect, grow, and learn every day.

Invigorate your mind in *Music and Movement* or *Conversational Spanish*, bring a new recipe to life in *Creative Cuisine*, discover a new artistic talent in *The Artist Within*, strengthen your body with *Chair Yoga*, or explore the Grand Canyon with EngageVR® (virtual reality).

EMBRACE YOUR PASSIONS, EXPLORE NEW INTERESTS, AND INDULGE IN WHATEVER INSPIRES YOU.





Zumba Gold
A Taste of Italy
Opera Lecture Series
Jewelry Making
Art History Lectures
Wine & Cheese Social Hour
Cardio Drumming
Outings to Botanical Gardens
Poker/Rummy 500
Virtual Reality 101
Introduction to Painting
Daily Exercise Classes



### ASSISTED LIVING WITH A DIFFERENCE

Personalized care, one-on-one support, independence, and peace of mind live in perfect harmony at our flourishing neighborhood. Our caring, trained associates have your health and well-being covered 24/7. With our Enhanced Assisted Living Residence (EALR) certification, rest easy knowing you or a loved one can customize care without needing to move.

From simple daily living routines to more comprehensive wellness plans, we tailor our expert care, services, and wellness offerings to meet your needs, on your schedule — not ours. We'll stop at nothing to help you feel centered, connected, and supported.

DISCOVER OUR UNIQUE APPROACH TO INTEGRATIVE CARE AND WELL-BEING.





Cheerful, comfortable residences

Choice of spacious studio, one-bedroom, and two-bedroom residences

Three restaurant-style meals served each day

Enhanced Assisted Living Residence (EALR) Certification

Caring, trained associates available 24/7

Dynamic calendar of events, programs, Extraordinary Outings, and Watermark University classes

Diverse wellness programs

Daily housekeeping services

Scheduled transportation services

Move-in coordination service

Wireless resident call response system



## A NEW KIND OF MEMORY CARE

Whether you or a loved one is experiencing mild cognitive impairment, Alzheimer's disease or another form of dementia, we're here for you and your family every step of the way.

Our warm and welcoming Memory Care neighborhood presents a secure and supportive environment that cultivates a sense of connection, longevity, and well-being. Specially trained and certified universal caregivers known as *Nayas* offer customized care and one-on-one support 24/7, and incorporate each individual into the rhythms of daily living, creating mindful moments of connection, discovery, and engagement.

WE CHALLENGE TRADITIONAL ASSUMPTIONS ABOUT WHAT IS POSSIBLE.





#### Private suites

24-hour support from specially trained Memory Care experts with certification through the National Council of Certified Dementia Practitioners (NCCDP)

Three nutritious, well-balanced family-style meals where family and friends are welcome

Healthy snacks available 24/7

Enhanced Assisted Living Residence (EALR) Certification

Pantry Program for each resident's favorite foods and personal mementos

Structured and spontaneous programs specifically tailored to each individual

Dynamic calendar of events, programs, Extraordinary Outings, and Watermark University classes designed for individuals with memory care needs

Family communications center

Residential environment with family photographs, keepsakes, and personal histories

Beautifully landscaped and secure memory courtyard

Housekeeping, linen, and laundry services

Maintenance services

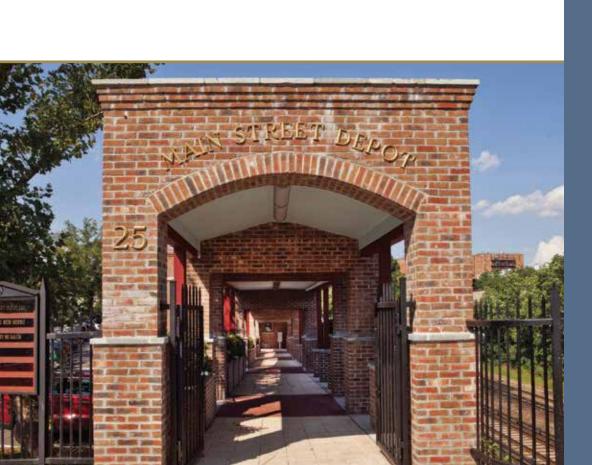


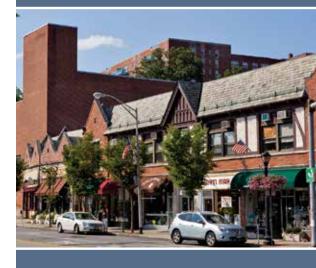
# IN THE HEART OF IT ALL

You'll love living in the historic Village of Tuckahoe, where antique shops and delicatessens dot the tree-lined Main Street. Catch the complimentary trolley to an amazing array of restaurants within one square mile. The train station is just a two-minute walk, and the bright lights of New York City and Broadway are only a 30-minute drive away. Talk about the perfect retirement lifestyle.

Stop by for a visit, and you'll quickly discover why Tuckahoe, with its rich historic heritage and quaint old-world charm, is the best-kept secret in Westchester County.

LIVE WELL IN THE PERFECT SETTING.





Midway between Manhattan and White Plains

Originally settled in 1665

St. Patrick's Cathedral and the Washington Monument made from local marble quarry

Close to the Bronx River Park and Pathway



Watermark creates extraordinary communities where people thrive. We believe aging is about renewal rather than retirement. Watermark communities are known for highly trained and caring associates, a lifestyle built on choice, fine amenities, integrative wellness, and innovative programs including the award-winning Watermark University featuring a wide variety of engaging classes for residents and area seniors.

Watermark has been named in the top 25 Best Workplaces for Aging Services<sup>™</sup> in a national program conducted by the Great Place to Work® Institute and published on Fortune.com. Based in Tucson, Arizona, Watermark is a privately held company with a reputation for more than 30 years for service, innovation, integrity, and financial stability, and manages more than 65 retirement communities in 21 states.

VISIT WATERMARKCOMMUNITIES.COM FOR MORE INFORMATION.













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ASSISTED LIVING • MEMORY CARE