

# Experience Extraordinary Senior Living



THE WATERMARK  
AT CHERRY HILLS

ASSISTED LIVING  
MEMORY CARE



# A NEW KIND OF SENIOR WELLNESS

Imagine living in a place where people know your name – and more. It's where peers understand you, new friends embrace you, and compassionate, trained associates support all your interests and needs. That's The Watermark at Cherry Hills. This contemporary, intimate community features regional artistic influences and many blended indoor-outdoor living spaces designed to captivate mind, body, and spirit. Live each day the way you like, while we take care of everything else. You'll find bountiful opportunities to connect, engage, and thrive here, with affordable and spacious residences, gourmet cuisine, enrichment programs, wellness offerings, lively social events, and expert personalized care. It's all part of our culture of choice.

**WE'RE NOT WHAT YOU'D EXPECT,  
AND THAT'S A PROMISE.**



On-site Assisted Living and  
two levels of Memory Care

Three chef-prepared meals daily

Transportation  
services available

Complete apartment  
maintenance services

Resident call response system

Wellness programs  
customized for you

Individualized service plans

Caring, trained associates  
available 24 hours a day

Move-in coordination service

Two beautifully  
landscaped courtyards

Elegant dining room

The Coffee Coop

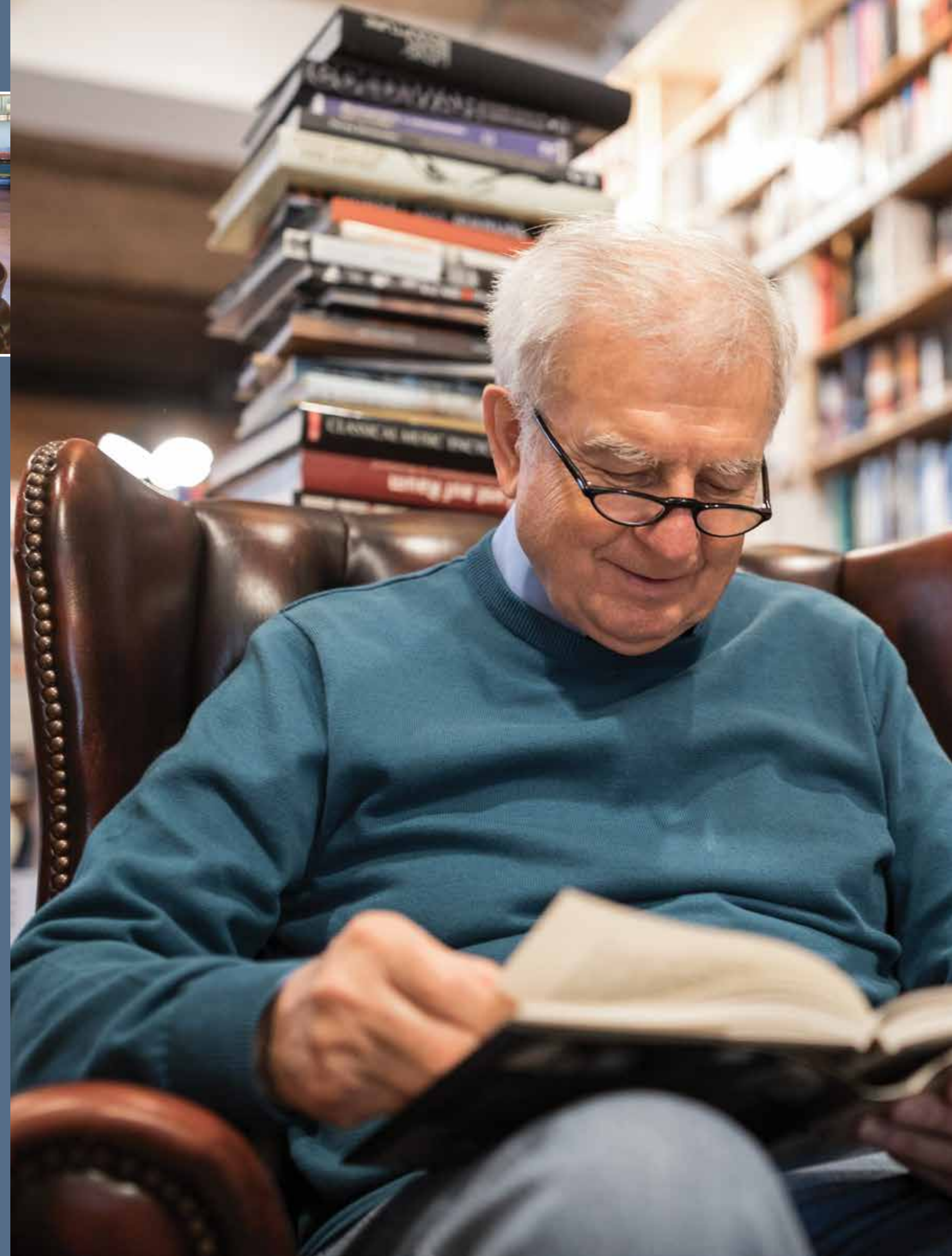
The Newport Pub

Welcoming lobby with  
grand piano

Full-service beauty salon  
and barber shop

Well-stocked library

Laundry rooms





# SAVOR THE GOOD LIFE

At The Watermark at Cherry Hills, meals are culinary celebrations of good taste, good health, and good company. Connect and share stories with friends and family in three exceptional dining venues with gracious hospitality, impeccable attention to detail, and laughter at every table. Our expert chefs will dazzle your palate with an array of tempting creations, from upscale cuisine to comfort food favorites, using only the freshest ingredients.

## Gourmet Bites Cuisine

Our groundbreaking program enhances independence and restores the joys of dining for people with cognitive, neuromuscular, or physical challenges. We transform our freshly prepared and high-quality menu items into delicious, wholesome meals served as bite-size portions and meant to be eaten by hand. No assistance, no distractions, no utensils – no problem.

**CUISINE TO NOURISH THE BODY AND DELIGHT THE PALATE.**



## Sample Menu Selections:

- Breakfast Sausage Torta
- Chicken Posole
- Beef Barley Soup
- Roasted Potatoes with Chives
- Arugula Salad with Fresh Basil
- Green Chile Squash
- Shrimp Scampi
- Roast Pork with Blackberry Sauce
- Red Velvet Cake
- Nectarine and Apple Cobbler





# MIND AND BODY WELLNESS

Balancing mind, body, and spirit is essential to well-being. We add community to that formula, along with surprises and possibilities that make life a pleasure. Embrace your passions and try something new with our enticing calendar of programs, outings, events, and classes offered through Watermark University.

Stimulate your mind in *Music and Movement* or *Conversational Spanish*, bring a new recipe to life in *Creative Cuisine*, discover a new artistic talent in *The Artist Within*, strengthen your body with *Chair Yoga*, or explore the Grand Canyon with EngageVR® virtual reality. With dozens of classes taught by residents, associates, and professional partners, you'll always find meaningful ways to connect, explore, grow, and learn.

**EXPLORE NEW INTERESTS AND  
PURSUE WHAT INSPIRES YOU.**



- Floral Design
- Cake Decorating
- Chair Aerobics
- Mindful Meditation
- Charcoal Drawing
- Travelogues Around the World
- Ballroom Dancing
- Jewelry Making
- Photography Club
- Whimsical Watercolors





# ASSISTED LIVING WITH A DIFFERENCE

Our vibrant neighborhood is the place where customized care, one-on-one support, independence, and peace of mind live in harmony. Discover a variety of wellness options and benefits tailored to meet your needs. From simple daily living routines to more comprehensive wellness plans, we'll help you feel centered, connected, and supported. Your health, dignity, and well-being are at the heart of all we do. Whatever makes you happy, we'll make it happen.

**DISCOVER OUR UNIQUE APPROACH TO  
INTEGRATIVE CARE AND WELL-BEING.**



Bright apartments with modern kitchenettes

Spacious studio, one-bedroom, or two-bedroom residences

Three meals prepared daily by our expert chefs

Snacks and light meals offered in the casual bistro and coffee bar

Dynamic calendar of events, programs, Extraordinary Outings, and Watermark University classes

Diverse wellness programs

Housekeeping and maintenance services

Transportation services

Caring and trained associates 24/7

Resident call response system

Pet-friendly environment

## SHORT-TERM STAYS

A great way to relieve stress and restore energy is simply to take a break. A short-term stay in a fully furnished apartment provides a refreshing change of pace for seniors, presenting fun-filled opportunities to make new friends, enjoy delicious cuisine, and take part in our enticing calendar of events, outings, and programs.

**COME STAY WITH US, AND  
EXPERIENCE WHAT IT REALLY  
MEANS TO THRIVE.**





# REDEFINING MEMORY CARE

Whether you or a loved one is experiencing mild cognitive impairment, Alzheimer's disease, or another form of dementia, we're here for you and your family every step of the way. Our warm and welcoming Memory Care neighborhood presents an uplifting, secure, and understanding environment that inspires a sense of connection and well-being. Specially trained *Naya* caregivers offer customized care and one-on-one support 24/7, putting each resident's unique life experiences, preferences, and needs first. Watermark's signature Prema Memory Support<sup>SM</sup> program integrates each person into the rhythms of daily life here, creating moments of meaningful connection. Our positive approach focuses on what people can do, not what they can't.

**WE CHALLENGE TRADITIONAL  
ASSUMPTIONS ABOUT WHAT  
IS POSSIBLE.**



- Private and semiprivate suites
- 24-hour support from *Naya* caregivers specially trained in the latest methods for supporting people with Alzheimer's disease or dementia
- Three nutritious family-style meals where families and friends are welcome
- Healthy snacks available
- 24/7 Pantry Program for storing each resident's favorite foods and personal mementos
- Dynamic calendar of events, programs, Extraordinary Outings, and Watermark University classes designed for individuals with memory care needs
- Structured and spontaneous programs tailored to each individual
- Family communications center
- Residential environment, rich with family photographs, keepsakes, and personal histories
- Housekeeping, linen, and laundry services





# DESIGN THE LIFESTYLE THAT'S PERFECT FOR YOU

At The Watermark at Cherry Hills, you'll find exceptional amenities and choices at every turn. Residents are empowered to live the life they want. With countless opportunities for inspired living every day, they thrive in our community of supportive friends.

Explore everything our carefree environment has to offer. No request is too big and no detail too small. We're here to support your wellness journey.

**DISCOVER A RENAISSANCE IN SENIOR LIVING.**



- Concierge services
- Fine dining restaurant
- Casual bistro and coffee bar
- Private dining room
- Full-service beauty salon and barber shop
- Community Wi-Fi
- Creative design studio
- Fitness studio
- Media room and private theater
- Courtyard and garden
- Scheduled transportation service
- Move-in coordination service
- Resident call response system





### **About Watermark Retirement Communities**

Watermark creates extraordinary communities where people thrive. We believe aging is about renewal rather than retirement. Watermark communities are known for highly trained and caring associates, a lifestyle built on choice, fine amenities, integrative wellness, and innovative programs including the award-winning Watermark University featuring a wide variety of engaging classes for residents and area seniors.

Watermark has been named in the top 25 Best Workplaces for Aging Services™ in a national program conducted by the Great Place to Work® Institute and published on Fortune.com. Based in Tucson, Arizona, Watermark is a privately held company with a reputation for more than 30 years for service, innovation, integrity and financial stability, and manages more than 60 retirement communities in 21 states.

**VISIT [WATERMARKCOMMUNITIES.COM](http://WATERMARKCOMMUNITIES.COM) FOR MORE INFORMATION.**







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