

beverages

FRESH BREWED COFFEE.....	\$1.50 and \$1.75
ESPRESSO.....	\$2.00
CAPPUCCINO OR LATTE.....	\$2.50
FLAVORED CAPPUCCINO OR LATTE.....	\$3.00
CAFÉ MOCHA.....	\$3.00
HERBAL TEA.....	\$1.50
ARIZONA ICED TEA.....	\$1.75
WATER.....	\$1.00
ENERGY DRINKS.....	\$2.50; 2 for \$4.00
ASSORTED SODAS.....	\$1.75

cold treats

ICE CREAM BY THE SCOOP, CUP, OR CONE

ONE SCOOP	TWO SCOOPS	THREE SCOOPS
\$2.25	\$3.00	\$3.75
MILKSHAKES.....	\$4.50	
SUNDAES.....	\$4.00	
BANANA SPLIT.....	\$4.75	



sweets

MUFFINS.....	\$2.50
SCONES.....	\$2.50
BAGELS.....	\$2.00
CROISSANTS.....	\$2.00
BROWNIES.....	\$2.50
COOKIES.....	\$2.50

gallery café hours:

**WE'RE OPEN
MONDAY-SATURDAY**

Breakfast 7:00am-11:00am

Lunch 11:00am-2:00pm

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

 **THE FOUNTAINS**
AT LA CHOLLA
A WATERMARK RETIREMENT COMMUNITYSM

2001 West Rudasill Road • Tucson, AZ 85704
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**INDEPENDENT LIVING
ASSISTED LIVING • MEMORY CARE**

gallery
CAFÉ

menu

 **THE FOUNTAINS**
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breakfast

HOT SELECTIONS

Includes choice of one side

CROISSANT SANDWICH \$6.50

Egg, cheese, and choice of bacon or sausage

BREAKFAST WRAP \$6.50

Flour tortilla, egg, and choice of bacon or sausage

DAILY BREAKFAST FEATURE

See our menu board

SIDES

BREAKFAST POTATOES OR SEASONAL FRUIT

COLD SELECTIONS

FRESH FRUIT AND MELON CUP \$4.25

Seasonal selection of cantaloupe, honeydew, grapes, and watermelon

YOGURT AND GRANOLA PARFAIT \$4.25

Low-fat yogurt with crunchy granola mix

WHOLE FRUIT \$1.00

about the gallery café

This fast-casual destination is the ideal spot for a quick bite or to catch up on emails. Whether you feel like a sandwich, a salad, or sweets – including baked goods warm from the oven – you can take your order to go or stay a while to relax with neighbors and guests.

soups

SIGNATURE SOUP BOWL \$3.75

See our menu board

CUP \$2.75

FEATURED SOUP BOWL \$3.75

See our menu board for today's feature

CUP \$2.75

BREAD BOWL \$5.00

salads

THE GALLERY \$8.50

Grilled chicken, apples, oranges, celery, cranberries, candied pecans, goat cheese, mixed greens, and raspberry vinaigrette

CHICKEN CAESAR \$8.50

Grilled chicken, romaine lettuce, freshly grated parmesan cheese, croutons, and Caesar dressing

CHEF SALAD \$8.50

Turkey, ham, Swiss, Gouda, tomatoes, egg, carrot, mixed greens, and choice of dressing

SOUTHWEST SALAD \$8.50

Black beans, corn, tomato, avocado, romaine, chipotle vinaigrette; add chicken, beef, or salmon

COBB SALAD \$8.50

Tomato, egg, bacon, blue cheese, romaine, choice of dressing; add chicken, beef, or salmon

pick two

HALF SANDWICH AND CUP OF SOUP \$7.25

HALF SALAD AND CUP OF SOUP \$7.25

HALF SANDWICH AND HALF SALAD \$8.50



sandwiches and more

Sandwiches include one side – your choice

GRILLED CHICKEN OR ROAST BEEF MELT \$8.50

Grilled chicken or sliced roast beef, melted pepper jack cheese, roasted tomatoes on a ciabatta roll

TURKEY BLT \$8.50

Turkey, bacon, caramelized onions, avocado, Swiss cheese, fresh spinach, and tomato with basil mayonnaise on grilled sourdough

THE REUBEN CLASSIC \$8.50

Corned beef, Swiss cheese, sauerkraut, grilled on marble rye

ROASTED VEGETABLE WRAP \$8.50

Marinated and grilled red pepper, zucchini, and mushrooms mixed with olives and feta cheese in a tortilla with a hummus spread

SOUTHWEST WRAP \$8.50

Spinach tortilla wrap with curried chicken salad, red grapes, sliced almonds, and romaine lettuce

SIDES

SEASONAL FRUIT, POTATO SALAD, OR CHIPS