

**Assisted Living** • Memory Care



# extraordinary

Be surprised. Be delighted. Be yourself.



### Unexpected Opportunities, **Unlimited Choices**

Imagine living in a place where people know your name. It's where peers understand you, new friends embrace you, and compassionate, trained associates support all your interests and needs.

Today's seniors want greater choices and a more active lifestyle than ever before. That's why we designed every day at Joshua Springs Senior Living with engaging events, new opportunities, delicious cuisine, and personalized wellness.

Trade in cooking, cleaning, and yard work for Texas Hold 'em and musical performances. Will you start off the day with a nature walk, or get caught up in a drumming class? Will you join in the Pool Club before discovering somewhere new in virtual reality, or will you go on new adventures with fascinating friends? It's all part of our culture of choice.

Good food, beautiful surroundings, and wonderful people make Joshua Springs a special place.





# Dining and the Good Life

A good meal with good friends is one of life's greatest pleasures. Here, residents regularly connect around the table to catch up, swap stories, and share laughs.

Our ever-changing menu features everything from gourmet selections to comfort foods. Each meal is crafted with intention by our culinary team to be both healthy and delicious. And with Gourmet Bites Cuisine, you have the option to transform menu items into hand-held creations to enjoy without assistance, utensils, or distractions.

#### Choice is always on the menu here.



#### Sample Menu:

Mesclun of Baby Greens
Maryland Crab Cakes
Roasted Prime Rib Au Jus
with Whipped Potatoes
Pasta Marinara

Spring Vegetables
Freshly Baked
Cherry Pie







### How Will You Spend the Day?

There's always something happening with cultural programs, engaging events, and exciting outings. Stay as busy — or as free — as you choose and make friends along the way.

There are a lot of different types of classes, a nice TV area, a nice game room for playing cards, and good transportation to take you where you want to go.



**Sample Classes:** 

**Stretching Class** 

Chicken Foot

**Weekly Documentary** 

Screening

Water Ping-Pong

Thirsty Thursdays

**Pool Club** 

Taste of the Town

Outing

Chair Yoga

Trivia Night

# take it easy

# Keeping Up With You Today, Tomorrow, and Always

As life takes its twists and turns, we'll be beside you every step of the way. Daily check-ins and wellness options are only the beginning. Our goal is to support your lifestyle with topnotch care that revolves around your schedule — never ours.

For outings and errands, let us do the driving with scheduled outings. We offer personal transportation to and from shops and appointments, as well as excursions to local attractions and cultural events.



There is always something fun happening. This is a great place to live with great food, fun activities, and great people.







### Inspiring Confidence and Connections

When a loved one is experiencing moderate cognitive impairment, we're ready to welcome new residents into an uplifting, secure, and understanding environment that inspires a sense of connection and well-being.

Dedicated caregivers are trained in accordance with guidelines set out by the Alzheimer's Association. These treasured associates incorporate residents into the rhythms of daily living and engage in each moment as the days unfold, focusing on whatever evokes feelings of joy and purpose.



#### Prema Memory Support<sup>SM</sup>

We offer customized care 24/7, putting each resident's unique life experiences, preferences, and needs first. Our positive approach focuses on what people can do, never what they cannot.

My mother is thriving! The associates are incredible. The energy is positive. And I can't say enough about the support and professionalism.



## The Worry-Free Lifestyle You've Been Looking For

Today's seniors want to continue an active lifestyle of independence. That's why we offer a full suite of modern amenities.

They have a room with a fireplace and books like a library. They have a café where you can have pastries and coffee. They have a van and they go out once a week. On Thursday night they have karaoke.

Salon & Barber Services

**Fitness Center** 

Library

**Beautiful Outdoor Spaces** 

Theater

Game & Activities Room

**Scheduled Transportation Services** 

24/7 Associate Support

Linen and Housekeeping Services

Bistro and Café







### Rest. Relax. Recuperate.

At Joshua Springs Senior Living, you have the opportunity to experience our lifestyle for yourself with a short-term stay. Maybe you need a little extra help while recovering from a surgery or illness. Maybe you're looking for peace of mind while a caretaker goes on vacation. Or maybe you're curious to try out our lifestyle with no commitment necessary. Call to learn the full details of this incredible service.



They really helped to ease my mind, and me made feel good about having professionals to guide me.

# experience

## What Makes a Watermark Community?

You can feel the difference as soon as you walk into a Watermark community. The smiles are friendly, the calendar is full, and the residents are always on the go. Excellent associates, genuine care, and signature programs go into making life great every day. That's what happens when you're supported by a company with more than 30 years of experience.

#### **Watermark University**

This award-winning program creates endless opportunities. Associates, residents, loved ones, and experts share their passions and knowledge with the community. Not only do these classes engage us in learning something new, they also bring our community together. Some favorites include Flower Arrangement, Historical Documentaries, and Bake with Me. Take a look at the calendar and see if there's a class coming up that interests you.



Joshua Springs Senior Living has been such a breath of fresh air. The people I have met, the conversations I have had, and the atmosphere have been incredibly welcoming and engaging.



# possibility, purpose & joy

# About Watermark Retirement Communities

Watermark creates extraordinary and innovative communities where people thrive.

We believe aging is about renewal rather than retirement. Watermark communities are known for highly trained and caring associates, a lifestyle built on choice, fine amenities, integrative wellness, and innovative programs including the award-winning Watermark University featuring a wide variety of engaging classes and residents and area seniors.

Watermark has been named in the top 25 Best Workplaces for Aging Services™ in a national program conducted by the Great Place to Work® Institute and published on Fortune.com. Based in Tucson, Arizona, Watermark is a privately held company that has been managing senior living communities across the United States for more than 30 years, building a reputation for integrity, innovation, financial stability, and high-quality service.

*Visit watermarkcommunities.com for more information.* 





# It's What's Inside That Counts **expect the unexpected**



**LEAVE US A REVIEW** 



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