

Restoring joy and independence to mealtime with delicious, hand-held creations

Driven by our insatiable desire to help people live well, we believe everyone can enjoy flavorful, nutritious foods as part of a joyful, more inclusive dining experience. Through our innovative Gourmet Bites Cuisine signature program, expert chefs transform freshly prepared, high-quality menu items into flavorful bite-size portions that delight the senses and please the palate without the need for assistance or utensils.



CHICKEN FAJITAS WITH BLACK BEANS AND SPANISH RICE



Gourmet Bites Cuisine

Creating meaningful connections through mindful innovation



Grace, Good Flavor, and Gratification at Every Meal

At Watermark communities, meals are a time to gather around the table, connect with family and friends, and enjoy life's simple pleasures. Longtime favorites and interesting new delights are always on the menu, so individuals living with cognitive, neuromuscular, or physical challenges can focus on the next delicious bite rather than a fork and knife. Ensuring accessibility, dignity, and independence at the table is just one more way we make senior living extraordinary.



< ROAST PORK CREPES ^

MEAT CUPCAKES >



EGGS, HAM & CHEESE
CASSEROLE >



Each Gourmet Bites Cuisine meal service includes aromatic rooms, warm lavender-infused hand towels, and a first course of citrus sorbet to improve the appetite, all orchestrated to indicate that a delicious meal is about to begin. It's an incredibly powerful approach that's changing lives, one meal at a time – and from coast to coast, Watermark community residents and their families report high rates of satisfaction not only for the delicious menu options, but also for this purpose-driven, intentional process.

“The magic of Gourmet Bites Cuisine is that we can use our own, high-quality, freshly prepared menu items and transform them into incredibly delicious, nutritionally balanced, protein-packed meals. They are served as one-bite and two-bite hors d’oeuvres, intended to be eaten by hand. It’s that simple and that brilliant.”

— Watermark Retirement Communities
National Director of Dining Rob Bobbitt