## September 2024 The Inn



| September 2024 Meillin  |  |   |  |   |   | RETIREMENT COMMUNITIES  |
|---|--|---|--|---|---|---|
| Sunday  | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday  |
| Church Transportation (LA)  1:30 Play Mexican Train! (B)  2:30 Movie of the Week Matinee - The Outlaw Josey Wales (T)  3:00 Resident Run Bingo (CR)                                   | <ul> <li>Doctor Appointment Drives (LA)</li> <li>9:00 Coffee &amp; Baked Goods (RR)</li> <li>9:30 Curtis Fitness Video with Laura (CR)</li> <li>10:00 Widowed to Widowed Support Group (T)</li> <li>10:15 Fall Prevention Fitness- Arms (CR)</li> <li>10:45 Wii Bowling - Team I (RR)</li> <li>1:30 Trivia with Laura (RR)</li> <li>3:00 Social Hour with Darryl on Guitar! (LA)</li> </ul>                                      | <ul> <li>9:00 Come Enjoy a Hot Cup of Coffee (RR)</li> <li>9:30 Ball Fitness with Ann (CR)</li> <li>9:30 Shopping - Fry's (LA)</li> <li>10:30 Play Mexican Train! (B)</li> <li>1:30 Table Game- UNO! (CR)</li> <li>1:30 Wii Bowling- Team II (RR)</li> <li>3:00 Dime Bingo with Ann (CR)</li> <li>6:30 Movie of the Week - Big (T)</li> </ul>   | <ul> <li>Doctor Appointment Drives (LA)</li> <li>9:00 Coffee &amp; Baked Goods (RR)</li> <li>9:30 Chair Fitness with Tucson<br/>Corrective Exercise (CR)</li> <li>10:15 Fall Prevention Fitness-Legs<br/>(CR)</li> <li>11:00 Let's Play Jeopardy!! (RR)</li> <li>1:00 Pinochle Group (RR)</li> <li>1:00 Table Game- UNO! (CR)</li> <li>2:30 Happy Hour! - Roxanna Baker<br/>(DR)</li> </ul>  | <ul> <li>9:00 Come Enjoy a Hot Cup of Coffee (RR)</li> <li>9:30 Deseret Thrift Store Trip! (LA)</li> <li>9:30 Therapy Band Fitness with Jennifer (CR)</li> <li>10:15 Morning Bingo with Jennifer (CR)</li> <li>Out of Community Salon App. (LA)</li> <li>1:30 WU - Watercolor Painting Class with Mars Burnell (RR)</li> <li>3:00 Music History with Ann (T)</li> <li>4:00 Ambassador's Meeting (CR)</li> <li>6:30 Movie of the Week - Big (T)</li> </ul> | <ul> <li>Doctor Appointment Drives (LA)</li> <li>9:00 Coffee &amp; Baked Goods (RR)</li> <li>9:30 Stretch Class with Ann (CR)</li> <li>10:15 Fall Prevention Fitness-Balance (CR)</li> <li>10:45 Wii Bowling- Team II (RR)</li> <li>1:30 Whiteboard Games with Ann! (RR)</li> <li>3:00 WU - Travel to Fiji with Ann! (T)</li> </ul>   | <ul> <li>8:00 Light the Way Men's Breakfast Outing with Jerome! (LA)</li> <li>9:30 Morning Chair Exercise (CR)</li> <li>10:30 Wii Bowling - Team I (RR)</li> <li>11:00 Learn How to Play Mahjong with Lillian! (B)</li> <li>1:30 Arts &amp; Crafts with Ann - Early Fall Wreath (RR)</li> <li>3:00 Dime Bingo (CR)</li> </ul> |
| <ul> <li>Church Transportation (LA)</li> <li>1:30 Play Mexican Train! (B)</li> <li>2:30 Movie of the Week Matinee - Big (T)</li> <li>3:00 Resident Run Bingo (CR)</li> </ul>          | <ul> <li>Doctor Appointment Drives (LA)</li> <li>9:00 Coffee &amp; Baked Goods (RR)</li> <li>9:30 Curtis Fitness Video with Ann (CR)</li> <li>10:00 Widowed to Widowed Support<br/>Group (T)</li> <li>10:15 Fall Prevention Fitness- Arms<br/>(CR)</li> <li>10:45 Wii Bowling - Team I (RR)</li> <li>1:30 WU - Hidden Flower Cake with<br/>Andrea Sola (CR)</li> <li>3:00 Social Hour with T. Roy &amp; Tom!<br/>(LA)</li> </ul> | <ul> <li>9:00 Come Enjoy a Hot Cup of Coffee (RR)</li> <li>9:30 Ball Fitness with Laura (CR)</li> <li>10:00 Scenic Drive (LA)</li> <li>10:00 Town Hall &amp; Chef's Chat with Gary &amp; Aaron (T)</li> <li>10:30 Play Mexican Train! (B)</li> <li>1:30 Table Game- UNO! (CR)</li> <li>1:30 Wii Bowling- Team II (RR)</li> <li>3:00 Dime Bingo with Laura (CR)</li> <li>6:30 Movie of the Week - The Martian (T)</li> </ul> | <ul> <li>Doctor Appointment Drives (LA)</li> <li>9:00 Coffee &amp; Baked Goods (RR)</li> <li>9:30 Chair Exercise Video with Jennifer (CR)</li> <li>10:15 Fall Prevention Fitness- Legs (CR)</li> <li>11:00 Let's Play Jeopardy!! (RR)</li> <li>1:00 Pinochle Group (RR)</li> <li>1:00 Table Game- UNO! (CR)</li> <li>2:30 Happy Hour! - The Banjo Blasters (DR)</li> </ul>   | <ul> <li>9:00 Come Enjoy a Hot Cup of Coffee (RR)</li> <li>9:30 Ann's Ball Fitness (CR)</li> <li>9:30 Shopping - Safeway (LA)</li> <li>10:15 Morning Bingo with Jennifer (CR)</li> <li>Out of Community Salon App. (LA)</li> <li>1:30 Crossword Puzzle (RR)</li> <li>3:00 WU - Total Care Connections Health Talk with Christina Wilcox (T)</li> <li>6:30 Movie of the Week - The Martian (T)</li> </ul>  | <ul> <li>Doctor Appointment Drives (LA)</li> <li>9:00 Coffee &amp; Baked Goods (RR)</li> <li>9:30 Stretch Class with Ann (CR)</li> <li>10:15 Fall Prevention Fitness-Balance (CR)</li> <li>10:45 Wii Bowling- Team II (RR)</li> <li>1:30 Whiteboard Games with Ann! (RR)</li> <li>3:00 Tucson Prunes Dance Performance! (LA)</li> <li>6:15 Friday Night Movie Classics with Jerome (T)</li> </ul>   | <ul> <li>9:30 Morning Chair Exercise (CR)</li> <li>10:30 Wii Bowling - Team I (RR)</li> <li>11:00 Learn How to Play Mahjong with Lillian! (B)</li> <li>1:00 Book Club with Jennifer (T)</li> <li>1:45 Baking with Jennifer - Apple Crisp Cups (RR)</li> <li>3:00 Dime Bingo (CR)</li> </ul>                                   |
| Church Transportation (LA)  1:30 Play Mexican Train! (B)  2:30 Movie of the Week Matinee - The Martian (T)  3:00 Resident Run Bingo (CR)  | <ul> <li>Doctor Appointment Drives (LA)</li> <li>9:00 Coffee &amp; Baked Goods (RR)</li> <li>9:30 Curtis Fitness Video with Ann (CR)</li> <li>10:00 Widowed to Widowed Support<br/>Group (T)</li> <li>10:15 Fall Prevention Fitness- Arms<br/>(CR)</li> <li>10:45 Wii Bowling - Team I (RR)</li> <li>1:30 Trivia with Ann (RR)</li> <li>3:00 Social Hour with Darryl on<br/>Guitar! (LA)</li> </ul>                              | <ul> <li>9:00 Come Enjoy a Hot Cup of Coffee (RR)</li> <li>9:30 Ball Fitness with Laura (CR)</li> <li>9:30 Shopping - Basha's (LA)</li> <li>10:30 Play Mexican Train! (B)</li> <li>1:30 Table Game- UNO! (CR)</li> <li>1:30 Wii Bowling- Team II (RR)</li> <li>3:00 Dime Bingo with Laura (CR)</li> <li>6:30 Movie of the Week - Once Upon a Mattress (T)</li> </ul>  | <ul> <li>Doctor Appointment Drives (LA)</li> <li>9:00 Coffee &amp; Baked Goods (RR)</li> <li>9:30 Chair Exercise Video with Jennifer (CR)</li> <li>10:15 Fall Prevention Fitness- Legs (CR)</li> <li>11:00 Let's Play Jeopardy!! (RR)</li> <li>1:00 Pinochle Group (RR)</li> <li>1:00 Table Game- UNO! (CR)</li> <li>2:30 Happy Hour! - Ray Funk (DR)</li> </ul>   | <ul> <li>9:30 Mission San Xavier del Bac Outing (LA)</li> <li>9:30 Therapy Band Fitness with Jennifer (CR)</li> <li>10:15 Morning Bingo with Jennifer (CR)</li> <li>Out of Community Salon App. (LA)</li> <li>1:30 Crossword Puzzle (RR)</li> <li>3:00 Music History with Ann (T)</li> <li>4:00 Ambassador's Meeting (CR)</li> <li>6:30 Movie of the Week - Once Upon a Mattress (T)</li> </ul>   | <ul> <li>Doctor Appointment Drives (LA)</li> <li>9:00 Coffee &amp; Baked Goods (RR)</li> <li>9:30 Stretch Class with Ann (CR)</li> <li>10:15 Fall Prevention Fitness-Balance (CR)</li> <li>10:45 Wii Bowling- Team II (RR)</li> <li>1:30 WU - TV Westerns History with Jim Turner (T)</li> <li>3:00 Ann's Sing Along (CR)</li> </ul>  | <ul> <li>9:30 Morning Chair Exercise (CR)</li> <li>10:30 Wii Bowling - Team I (RR)</li> <li>11:00 Learn How to Play Mahjong with Lillian! (B)</li> <li>1:30 Arts &amp; Crafts with Jennifer - Fall Leaf Globe (RR)</li> <li>3:00 Dime Bingo (CR)</li> </ul>   |
| Church Transportation (LA)  1:30 Play Mexican Train! (B)  2:30 Movie of the Week Matinee - Once Upon a Mattress (T)  3:00 Resident Run Bingo (CR)  6:15 Film of Faith with Jerome (T) | <ul> <li>Doctor Appointment Drives (LA)</li> <li>9:00 Coffee &amp; Baked Goods (RR)</li> <li>9:30 Curtis Fitness Video with Ann (CR)</li> <li>10:00 Widowed to Widowed Support Group (T)</li> <li>10:15 Fall Prevention Fitness- Arms (CR)</li> <li>10:45 Wii Bowling - Team I (RR)</li> <li>1:30 WU - Fall Prevention with Nancy from Bayada (T)</li> <li>3:00 Social Hour featuring Oran Cochran (LA)</li> </ul>               | <ul> <li>9:00 Come Enjoy a Hot Cup of Coffee (RR)</li> <li>9:30 Ball Fitness with Laura (CR)</li> <li>10:00 Scenic Drive (LA)</li> <li>10:30 Play Mexican Train! (B)</li> <li>1:30 Table Game- UNO! (CR)</li> <li>1:30 Wii Bowling- Team II (RR)</li> <li>3:00 Dime Bingo with Laura (CR)</li> <li>6:30 Movie of the Week - Million Dollar Baby (T)</li> </ul>  | <ul> <li>Doctor Appointment Drives (LA)</li> <li>9:30 Chair Exercise Video with<br/>Jennifer (CR)</li> <li>10:15 Fall Prevention Fitness- Legs<br/>(CR)</li> <li>11:00 Let's Play Jeopardy!! (RR)</li> <li>1:00 Pinochle Group (RR)</li> <li>1:00 Table Game- UNO! (CR)</li> <li>2:30 Happy Hour &amp; Birthday Party! -<br/>The Littlest Big Band (DR)</li> <li>6:00 Christian Worship Service with<br/>Evy McDonald (T)</li> </ul> | <ul> <li>9:00 Come Enjoy a Hot Cup of Coffee (RR)</li> <li>9:30 Ann's Ball Fitness (CR)</li> <li>9:30 Shopping - Walmart (LA)</li> <li>10:15 Morning Bingo with Jennifer (CR)</li> <li>Out of Community Salon App. (LA)</li> <li>1:00 Holiday Fund Committee Meeting (CR)</li> <li>1:30 Crossword Puzzle (RR)</li> <li>3:00 Music History with Ann (T)</li> <li>6:30 Movie of the Week - Million Dollar Baby (T)</li> </ul>                               | <ul> <li>9:30 Stretch Class with Ann (CR)</li> <li>10:15 Fall Prevention Fitness-Balance (CR)</li> <li>10:45 Wii Bowling- Team II (RR)</li> <li>1:30 Whiteboard Games with Ann! (RR)</li> <li>2:00 Movie of the Week Matinee - Million Dollar Baby (T)</li> <li>3:00 Ann's Sing Along (CR)</li> <li>5:00 Jimmy Buffet Tribute Party featuring Steel Drummist Chris Arpad! (DR)</li> <li>6:15 Friday Night Movie Classics with Jerome (T)</li> </ul> | <ul> <li>9:30 Morning Chair Exercise (CR)</li> <li>10:30 Wii Bowling - Team I (RR)</li> <li>11:00 Learn How to Play Mahjong with Lillian! (B)</li> <li>1:30 Arts &amp; Crafts with Jennifer - Puzzle Pumpkin (RR)</li> <li>3:00 Dime Bingo (CR)</li> </ul>  |
| Church Transportation (LA)  1:30 Play Mexican Train! (B)  2:30 Movie of the Week Matinee - Million Dollar Baby (T)  3:00 Resident Run Bingo (CR)                                      | <ul> <li>Doctor Appointment Drives (LA)</li> <li>9:00 Coffee &amp; Baked Goods (RR)</li> <li>9:30 Curtis Fitness Video with Ann (CR)</li> <li>10:00 Widowed to Widowed Support<br/>Group (T)</li> <li>10:15 Fall Prevention Fitness- Arms<br/>(CR)</li> <li>10:45 Wii Bowling - Team I (RR)</li> <li>1:30 Trivia with Ann (RR)</li> <li>3:00 Margarita Monday (BP)</li> </ul>  |   | Activity Locator Key  Lobby Area (LA) Rincon Room (RR) Catalina Room (CR) Theatre (T) Dining Room (DR) Balcony (B)   | Body Community Entertainment Mind Outing Spirit   |   |   |