

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Morning Hymn Sing Along Daily TV Mass Priority One Fitness 1:00 Wreath Making -AR 2:00 Visits With Chaplain Shuman - MP Bocce Ball WU: Radio City Music Hall Christmas Spectacular Game of Choice Evening Movie 1	Happy Birthday Mary N Daily Chronicle Chat Healthy Hands & Nails Relaxing Seated Yoga 1:30 Music Therapy Bowling WU: St. Nicholas, The Real Story Holiday Flower Arrangements Game of Choice Evening Movie 2	Daily Chronicle Chat Book Club: <i>A Christmas Carol</i> Seated Strength Training Tree Decorating Party 2:30 Community Ornament Making -MP Putt Putt Golf Shake Loose A Memory 6:30 Total Sound Holiday Performance - SR Evening Movie 3	Daily Chronicle Chat Table Puzzle Social Sit & Be fit Balloon Volleyball Naughty or Nice? Game 3:00 Travel With Beth - AR December Jeopardy Game of Choice 8:00 "Christmas in Rockefeller Center" Special on NBC 4	Daily Chronicle Chat 10:00 St. Charles Catholic Service - MP Seated Zumba Cornhole Memory Match Up Christmas Carol Social! Armchair Passport: Rick Steve's European Christmas Game of Choice Evening Movie 5	Daily Chronicle Chat Give Back to the Community Program: Making Dog Biscuits Drum Cardio Football Toss Holiday Duck Race Dice Game 3:00 Happy Hour with Top Brass - SR Bananagrams Game of Choice Evening Movie 6	Daily Chronicle Chat December 10 Trivia Priority One Fitness WU: Remembering Gene Wilder on Netflix Noodle Ball Hot Cocoa Social Afternoon Matinee: Miracle on 34th Street Game of Choice Evening Movie 7	
Holy Rosary Daily TV Mass HAS Fit Exercise WU: The Alfred Noble Story Noodle Ball December Word Puzzles Artistic Expressions: Community Painting Project Pt. 1 Game of Choice Evening Movie 8	Daily Chronicle Chat Coffee & Current Events Book Club: <i>Holiday Folklore</i> Relaxing Seated Yoga 1:30 Music Therapy 2:00 AMPS Musical Performance - SR Reindeer Games Healthy Hands & Nails Game of Choice Evening Movie 9	Daily Chronicle Chat Seated Strength Training 10:30 Out & About: Visiting The Rochester Museum and Science Center Armchair Passport: Visiting Lapland, Finland 2:30 Music by Charlie -SR Bocce Ball Game of Choice Evening Movie 10	Daily Chronicle Chat Bananagrams Sit & Be fit Balloon Volleyball 2:00 December Birthday Social -AR 3:30 Piano Music with Steve Afternoon Holiday Matinee: White Christmas Game of Choice Evening Movie 11	10:00 St. Charles Catholic Service - MP Baking Club: Holiday Lights Cupcakes Seated Zumba Hot Cocoa Social Rooftop Toss Holiday Movie & Popcorn in the Starlite Theater! 6:00 Community Christmas Celebration -SR 12	Daily Chronicle Chat Holiday Word Games Drum Cardio Paper Poinsettias Fact or Fiction? Trivia 3:00 Happy Hour with Tom Dunn - SR December Word Games Game of Choice Evening Movie 13	Daily Chronicle Chat 10:00 Baking Club -MP Seated Tai Chi Exercise Basket Ball Dunk 2:00 Afternoon Social WU: The Andy Williams Christmas Show Afternoon Matinee: A Christmas Story Game of Choice Evening Movie 14	
Morning Hymn Sing Along Daily TV Mass Priority One Fitness 1:00 Birdseed Ornament Craft -AR 2:00 Visits With Chaplain Shuman - MP Bocce Ball WU: Penguins in Cape Town Game of Choice Evening Movie 15	Red & Green Day Brain Games Healthy Hands & Nails Relaxing Seated Yoga 1:30 Music Therapy Cornhole Gingerbread House Making Holiday Movie & Popcorn in the Starlite Theater! Game of Choice Evening Movie 16	Whoville Day Book Club: <i>How The Grinch Stole Christmas</i> Seated Strength Training 2:30 Community Ornament Making -MP "Gift Wrapping Day" Tournament 5:45 Out & About Christmas Lights Drive Game of Choice Evening Movie 17	Festive Pajama Day Table Puzzle Social Sit & Be fit Balloon Volleyball Rooftop Toss 3:30 Greece Olympia Jazz -SR WU: Steven Spielberg Documentary on HBO Game of Choice Evening Movie 18	Ugly Sweater Day Daily Chronicle Chat 10:00 St. Charles Catholic Service - MP 10:30 Out & About - Mall Walks and Lunch at Jim's Baking Club: Roudolph Cupcakes Seated Zumba Hot Cocoa Social Game of Choice Evening Movie 19	Festive Hat Day Daily Chronicle Chat Give Back to the Community Program: Holiday Toy Drive Drum Cardio Rooftop Toss 3:00 Happy Hour with Brian & Linda - SR Shake Awake Your Taste Game of Choice 20	Daily Chronicle Chat December Jeopardy Priority One Fitness Noodle Ball WU: John Denver, Country Boy -BBC Documentary Hot Cocoa Social Afternoon Matinee: National Lampoons Christmas Vacation Game of Choice Evening Movie 21	
Holy Rosary Daily TV Mass HAS Fit Exercise Noodle Ball Artistic Expressions: Community Painting Project Pt. 2 Searching For December Puzzle Armchair Passport: Christmas Around The World Game of Choice Evening Movie 22	Daily Chronicle Chat Healthy Hands & Nails Relaxing Seated Yoga Holiday Movie & Popcorn in the Starlite Theater! Bowling Cranium Crunches 3:30 Sock Snowman Craft -MP Game of Choice Evening Movie 23	Daily Chronicle Chat 10:00 Gingerbread Men Decorating -MP Merry FITmas Exercise Club Bocce Ball 2:30 Christmas Eve Party -AR "Snowball" Fight Book Club: <i>A Visit From St. Nicholas</i> Game of Choice Evening Movie 24	Merry Christmas! Christmas Word Games 10:00 Disney Parks Magical Christmas Parade on ABC Sit & Be fit 11:00 Hot Cocoa Social -MP Artistic Expressions Afternoon Holiday Matinee: Its A Wonderful Life Game of Choice Evening Movie 25	Daily Chronicle Chat 10:00 St. Charles Catholic Service - MP Seated Zumba Cornhole "Roll A Pizza" Dice Game Boxing Day Facts Putt Putt Golf Game of Choice Evening Movie 26	Daily Chronicle Chat The Price Was Right! Game Drum Cardio Frank Sinatra Facts Ol' Blue Eyes Sing Along 3:15 Happy Hour with Marianna - SR Seated Tai Chi Exercise Game of Choice Evening Movie 27	Daily Chronicle Chat 10:00 Baking Club -MP Seated Tai Chi Exercise 1:00 Basketball Dunk 2:00 St. Charles Choir -SR Armchair Passport: Visiting Copenhagen, Denmark Afternoon Matinee: Home Alone Game of Choice Evening Movie 28	
Morning Hymn Sing Along Daily TV Mass Priority One Fitness 1:00 Paper Snowflakes -AR 2:00 Visits With Chaplain Shuman - MP Bocce Ball WU: Life with Polar Bears Memory Match-Up Game of Choice Evening Movie 29	Daily Chronicle Chat Java & Jokes Relaxing Seated Yoga 1:30 Travel with Linda -MP Cornhole Hot Cocoa Social Healthy Hands & Nails Rooftop Toss Winter Word Games Game of Choice Evening Movie 30	New Years Eve Daily Chronicle Chat Creative Corner: Noise Makers Seated Strength Training 12:00 "Happy New Years" Celebration Toast Putt Putt Golf 3:30 NYE Scavenger Hunt -AR Reminiscing & Resolutions Game of Choice Evening Movie 31	Happy December Birthdays: Mary N. 12/2			Calendar subject to change. Please refer to Daily Activity Sheets located at the front desk for the most accurate information.	

DECEMBER 2024

The Gardens

ACTIVITY LOCATOR KEY

- AR - Bovenzi Activity Room
- GR - Gardens
- ST - Lisa's Starlite Theater
- MP - Multipurpose Room
- SR - Sunrise Dining Room

- EVENT KEY:**
- Live Entertainment & Special Guests
 - Movies
 - Watermark University Courses
 - Fun, Special Events & Days
 - Creative Corner
 - Give Back Programs
 - Out & About

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