

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>"Welcome, November! May this month be as comforting as a warm blanket." — Unknown</p>	<p>International Drum Month Caregivers Appreciation Month Diabetes Awareness Month Native American Heritage Month Peanut Butter Lovers Month Novel Writing Month World Vegan Month Adoption Awareness Month</p>	<p>Thai Theme Dinner Night November 21st</p> <p>Thanksgiving Dinner November 28th</p>	<p>ALL SAINTS DAY</p> <p>10:00TGIF Fitness w/ NP-S 10:30 All About Saints Day w/ NP-G Old Humor w/ Nayas-G Sing Along w/ Nayas-G 2:30 Bingo w NP-G 3:30 Chincken Soup For The Soul w/NP-G Uno Game w/Nayas - G</p>	<p>PUMPKIN DESTRUCTION DAY</p> <p>10:00 Music&Dance w/Jennifer-G Music Sing Along w/Nayas-G Building Blocks Fun w/Nayas-G Puzzles w/Nayas-G Theme Trivia w/Nayas-G 3:30 Armchair Travel: Spain w/VH - G Today in History w/Nayas-G</p>
<p>SANDWICH DAY</p> <p>10:00 Lets Get Fit w/VH-G Game Show Fun w/Nayas-G Bible Stories w/Nayas-G Music Fun w/Nayas-G Hand Rubs & Music w/Nayas-G 2:30 Pumpkin Pie Socialw/VH-G Western Movie w/Nayas-G</p>	<p>KING TUT DAY</p> <p>10:30 Fun Fitness w/VH-G 11:00 King TUT w/VH-G Table Bowling w/Nayas-G Checkers w/Nayas-G 2:30 Math Mania w/VH-G Music Appreciation w/Mavel-G Bible Stories w/Nayas-G</p>	<p>U.S. GENERAL ELECTION DAY</p> <p>10:00 Tuesday Tune Up w/VH-G 10:30 Word Puzzle w/VH-G 1:15 Out Trip Cinema w/VH Fun Club w/Ladrina -G 2:30 Seated Soccer w/VH-G 3:00 Stay Current w/VH -G Evening Games w/Nayas-G</p>	<p>NATIONAL NACHO DAY</p> <p>10:00 Tai Chi w/Jonathan-G Daily Devotional w/ Nayas-G Mind Joggers w/ Nayas-G Silly Words w/Nayas-G Old Humor w/Nayas-G 3:30 Basket -Ball w/NP-G Evening Workout w/ Nayas-G</p>	<p>INTERNATIONAL MERLOT DAY</p> <p>10:00 Jokes & Fitness w/VH-G 10:30 Horoscope Reading w/VH-G Table Bowling w/ Nayas-G Checkers w/Nayas-G 2:30 Wine & Cheese Social w/VH-G 3:30 All About Red Wine w/VH-G Classical Favorites w/Nayas-G</p>	<p>COOK SOMETHING BOLD DAY</p> <p>10:30 Pianist: John Lamb-G Shapes And Colors w/Nayas-G I Spy w/Nayas - G 1:30 Singing With Sister Char-G 2:00 Interactive Culinary Program(Banana Wheel)w/VH-G 3:30 Name That Tune w/VH-G Evening News Blooper w/Nayas-G</p>	<p>WORLD FREEDOM DAY</p> <p>10:30 Exercise w/Lisa-G History Of Lions w/Nayas- G Current Events w/Nayas-G Painting Fun w/Nayas-G Balloon Toss w/Nayas-G 2:30 Variety of Fun w/Lisa-G Soothing Music w/Nayas-G</p>
<p>FORGET - ME - NOT DAY</p> <p>SundaySunriseFitness w/Nayas-G Mandala Art w/Nayas-G Horseshoes w/Nayas-G Snacks & Chat w/Nayas-G 2:30 Singer Lynn Lewis -G Qwirkle Game w/Nayas-G YouTube Concert w/Nayas-G</p>	<p>VETERANS DAY</p> <p>10:00 Get Fit w/NP-G 10:30 Name 5 W/NP-G Don't Break The Ice w/Nayas-G 2:30 Interactive Culinary Program: Fruit Salad w/NP-G Music Appreciation w/Mavel-G Card Game w/Nayas-G Evening Games w/Nayas-G</p>	<p>CHICKEN SOUP FOR THE SOUL DAY</p> <p>10:00 Shape Up w/NP-G 10:30 Make A Word w/NP-G Table Bowling w/Nayas-G Fun Club w/Ladrina -G 2:30 Tennis Balloon w/NP-G 3:30 ChickenSoupForTheSoul w/NP-G Table Bowling w/Nayas-G</p>	<p>WORLD KINDNESS DAY</p> <p>10:00 Music Fitness w/VH- G Silly Words w/Nayas-G Jigsaw Puzzles w/Nayas-G Ring Toss w/Nayas-G 3:30 Hot Chocolate w/VH-G All About 50's Music w/Nayas-G Evening Stretch w/Nayas-G</p>	<p>LOOSEN UP DAY</p> <p>10:00 Fun Fitness /w/NP - G 10:30 The Day In History w/NP - G Silly Words w/Nayas - G Puzzles w/Nayas - G 2;30 Drumming w/NP - G 3:30 Word Game w/NP - G Classical Hits w/Nayas - G</p>	<p>AMERICAN RECYCLING DAY</p> <p>10:00 Move Out Hands Workout w/NP - G 10:30 Fill The Blanks w/NP - G Card Games w/Nayas - G Poetry Reading w/Nayas - G 2:30 You Be The Judge w/NP - G 3:30 Mind Blowing Facts w/NP - G Netflix Movie w/Nayas - G</p>	<p>NATIONAL FAST FOOD DAY</p> <p>10:00 Tai Chi w/Jonathan -G Bible Story w/Nayas - G Daily Devotional w/Nayas - G Ballon Toss w/Nayas - G Belive Or Not w/Nayas - G 3:30 Creative Art(Fall Decor) w/NP-G Dice Games w/Nayas - G</p>
<p>WORLD PEACE DAY</p> <p>10:00 Head And Toes w/NP - G Kurplunk w/Nayas - G Uno Game w/Nayas - G Mandala Coloring w/Nayas - G Sing Along Eldersong w/Nayas - G 3:30 AboutPeaceOnEarth w/NP- G Bible Stories w/Nayas - G</p>	<p>OCCULT DAY</p> <p>10:00 Monday Stretch w/VH-G 10:30 All About Occult w/VH-G Card Sharks w/Nayas-G Finish the Phrase w/Nayas-G 2:00 November Birthday Party w/VH-G Music Appreciation w/Marvel-G TCM Classic Movie w/Nayas-G</p>	<p>PLAY MONOPOLY GAME DAY</p> <p>10:00 Fitness & Jokes w/VH-G 10:30 History Of Games w/VH -G Mandela Art w/Nayas-G Fun Club w/Ladrina -G 2:30 Beach Ball Volly w/VH-G 3:30 Singer: Jennifer DiSapio -G Evening Games w/Nayas-G</p>	<p>BEAUTIFUL DAY</p> <p>10:00 Tai Chi w/Jonathan-G Daily Devotional w/Nayas-G Remember when...? w/Nayas-G Ring Toss w/Nayas-G 3:30 Musical Favorites w/VH-G Snacks And Music w/Nayas-G Western Movie w/Nayas-G</p>	<p>WORLD HELLO DAY</p> <p>10:00 Get Fit w/VH-G Kurplunk w/Nayas-G 11:15 Out - Trip For Lunch w/VH Theme Charades w/Nayas-G One Hit Wonders w/Nayas - G 3:30 Hello In Languages w/VH-G Evening Snack & Chat w/Nayas-G</p>	<p>GO FOR A RIDE DAY</p> <p>10:00 Balloon Fitness w/VH-G All About June w/Nayas -G I Spy w/Nayas-G 1:30 Singing With Sister Char-G 2:00 Interactive Culinary program: Fruit Skewers w/VH-G Shapes w/Nayas-G Evening I Spy w/Nayas-G</p>	<p>NATIONAL ESPRESSO DAY</p> <p>10:00 Exercise & Trivia w/Joey-G Fill in the Blanks w/Nayas-G Checkers w/Nayas-G Refreshments & Music w/Nayas-G 2:00 Paisley Pet Therapy -G 3:30 Family Feud w/Joey-G Sittercise w/Nayas-G</p>
<p>EVOLUTION DAY</p> <p>10:30 Exercise & Trivia w/Joey-G Bible Stories w/Nayas-G Qwirkle Game w/Nayas-G Daily Chronicle w/Nayas-G Word Pairs w/Nayas-G 3:30 Wheel of Fortune w/Joey-G Local News Report w/Nayas-G</p>	<p>NATIONAL PARFAIT DAY</p> <p>10:00 Good Morning Fit w/NP - G 11:00 Occasional Players -G Scrabble w/Nayas-G Memory Games w/Nayas - G 2:30 Making Parfait w/NP-G Music Appreciation w/Mavel-G Table Soccer w/Nayas - G</p>	<p>SHOPPING REMINDER DAY</p> <p>10:00 Shape Up w/NP - G 10:30 Bible Story w/NP - G Silly words w/Nayas - G Fun Club w/Ladrina -G 2:30 Thanksgiving Day Social -G 3:30 Parachutte w/NP - G Hand Rubs & Music w/Nayas - G</p>	<p>NATIONAL JUKEBOX DAY</p> <p>10:00 Mit- Week Fitness w/NP - G 10:30 Finish Thre Word w/NP - G Jigsaw Puzzles w/Nayas - G Ring Toss w/Nayas - G Charades w/Nayas - G 3:30 Lets Make Music w/NP - G Jukebox Music w/Nayas - G</p>	<p>THANKSGIVING DAY</p> <p>Morning Exercise w/Nayas-G Daily Devotional w/Nayas-G Macy's Thanksgiving Parade Live NBC Starting At 8:30am - 12pm w/Nayas-G Thanksgiving Facts w/Nayas-G Theme Bingo w/Nayas-G Parachute Game w/Nayas- G Reminiscing w/Nayas - G</p>	<p>BLACK FRIDAY</p> <p>10:00 Morning Exercise w/NP - G Spelling Bee w/Nayas - G Shapes & Patterns w/Nayas - G Dominos w/Nayas - G Remember When w/Nayas - G 3:30 Bingo w/NP - G Table Bowling w/Nayas - G</p>	<p>SMALL BUSINESS SATURDAY</p> <p>10:00 Tai Chi w/Jonathan-G Today In History w/Nayas- G Daily News w/Nayas-G Tic Tac Toe w/Nayas-G Balloon Volley w/Nayas-G 2:30 Variety of Fun w/Lisa-G Light Stretch w/Nayas-G</p>
<p>NOVEMBER 2024 GARDENS</p> <p>THE WATERMARK AT 3030 PARK</p>		<p>ACTIVITY LOCATOR KEY</p> <p>AG - Art Gallery AS - Art Studio A - Auditorium G - Gardens TC - Town Center</p>	<p>CG's - Caregivers CL - Community Life IL - Inn Lounge S - Springs VH - Victoria NP- Noemi SC - Springs Conference Room DR - Dining Room</p>	<p>Any Questions About Out-Trips or Family gathering, or programs. Call Victoria at 203-374-6452 or Noemi at 203-374- 6168</p>	<p>Weekly Shabbat Service In The Town Center Interfaith Chapel</p> <p>Monthly Catholic Communion with Sister Maureen</p>	<p>Programs Are Subject To Change With Little Notice!</p>