

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			NEW: Health Series w/ Sarah* All About Active Aging - 1st Wednesday of each month	NEW: Projects w/ Dave - every Friday at 2 pm	10:25 Mission Meet Up - LR 10:30 Rehab Workout* - LR 11:15 Singalong w/ Donna* - LR 1:00 Philosophy Series: AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Projects w/ Dave* - LR 3:30 Scrabble - LR 4:00 Shabbat Shalom - PDR	10:30 Pool Noodle Fitness - LR 11:15 Brain Game: Word Magic - LR 2:00 Film: Ethel - 591, A, LR 2:15 Crafts w/ Jess: Painting Wooden Pumpkin Trucks* - AR 4:00 Piano Sing Along w/ Judith - LR
9:30 Church Trip 10:00 Catholic Mass - LR, 591 10:30 Fitness w/ Raegan- LR 11:00 Coffee/ Pastry Social - LR 11:15 Good News Network - LR 2:00 Film: My Big Fat Greek Wedding 2 - LR,, A, 591 3:45 Thanksgiving Bingo! - UL	10:25 Mission Meet Up - LR 10:30 Fab, Fit & Fun* - LR 11:00 Brain Game- - LR 1:30 Group Knit/Crochet - UL 3:00 WU Opera Part 1: Carmen by Georges Bizet - A 4:30 Natural Healing Series - 591 7:00 Film: Arthur's Whiskey - LR,591	10:30 Chair Yoga* - LR 11:00 Brain Game: TV Commercials Trivia - LR 11:30 Inventions Series - 591 12:15 Italian Themed Lunch - Dining Room 2:00 Bingo- LR 2:30 Making the Rounds w/ Raegan - Apt. Visits 3:00 Art w/ Ellen* - LR 4:00 Deb's Update Meeting - A	10:25 Mission Meet Up - LR 10:30 Fitness First!* - LR 11:00 Woodshop* - WS 11:00 Brain Game: Hangman - LR 1:00 Documentary Series: Aerial Italy: Central Italy - 591, AL 2:00 Health Series w/ Sarah* All About Active Aging - AL 3:00 WU Opera Part 2 - A	10:25 Mission Meet Up - LR 10:30 Fitness Flow* - LR 11:00 This Date in History* - LR 11:30 American History - 591 2:00 WU Art History w/ Ellen - A 3:30 WU Film Discussion - AR 3:30 Catholic Communion - LR 3:30 Bible Study w/ Kyle* - L 6:30 Game Night - UL	10:25 Mission Meet Up - LR 10:30 Rehab Workout* - LR 11:15 Singalong w/ Donna* - LR 1:00 Philosophy Series: AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Projects w/ Dave* - LR 3:30 Wine & Cheese Happy Hour- LR 4:00 Shabbat Shalom - PDR	10:30 Pool Noodle Fitness - LR 11:15 Brain Game: Word Magic - LR 2:00 New Film: Reagan - 591, A, LR 2:15 Crafts w/Jess: Thanksgiving Wreaths* - AR 4:00 Piano Sing Along w/ Judith - LR
9:30 Church Trip 10:00 Catholic Mass - LR, 591 10:30 Fitness w/ Raegan- LR 11:00 Coffee/ Pastry Social - LR 11:15 Good News Network - LR 2:00 Film: Bruce Almighty- A, 591 3:30 Team Game: Smart Alec - LR	9:30 Veteran's Day Breakfast BIS 10:30 Fab, Fit & Fun* - LR 11:00 Brain Games- I should have Known that- LR 1:30 Knit/Crochet w/ Jen - UL 2:30 Veteran's Day Service - A 3:00 Music Appreciation: Patriotic Music* - A 4:30 Natural Healing Series - 591 7:00 Film: American Veteran - A	10:25 Mission Meet Up - LR 10:30 Chair Yoga* - LR 11:00 Game: Remember When Trivia - LR 11:30 Inventions Series - 591 2:00 Cornhole- LR 2:30 Making the Rounds w/ Raegan - Apt. Visits 3:00 Art w/ Ellen* - LR	10:00 Equine Therapy - LR 11:00 Woodshop* - WS 11:00 Brain Game: Scattergories - LR 1:00 Documentary Series: Aerial Italy: Northern Italy - 591, AL 2:00 Parachute Fun! - LR 3:00 Lance & Co. Concert - A	10:25 Mission Meet Up - LR 10:30 Fitness Flow* - LR 11:00 This Date in History* - LR 11:30 American History - 591 2:00 WU Art History w/ Ellen - A 3:30 WU Film Discussion - AR 3:30 Catholic Communion - LR 3:30 Bible Study w/ Kyle* - L 6:30 Game Night - UL	10:25 Mission Meet Up - LR 10:30 Rehab Workout* - LR 11:15 Singalong w/ Donna* - LR 1:00 Philosophy Series: AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Projects w/ Dave* - LR 3:30 Scrabble - LR 4:00 Shabbat Shalom - PDR	10:30 Pool Noodle Fitness - LR 11:15 Brain Game: Word Magic - LR 2:00 Film: My Penguin Friend - 591, A, LR 2:15 Trivia w/ Jen - LR 4:00 Piano Sing Along w/ Judith - LR
9:30 Church Trip 10:00 Catholic Mass - LR, 591 10:30 Fitness w/ Raegan- LR 11:00 Coffee/ Pastry Social LR 11:15 Good News Network - LR 2:00 Film: The Family Man- A, 591 3:30 Team Game: Word WOW!- LR	10:25 Mission Meet Up - LR 10:30 Fab, Fit & Fun* - LR 11:00 Brain Games- Thinklers- LR 1:30 Knit/Crochet w/ Jen - UL 2:00 Thanksgiving Bingo - LR 3:00 Choir Intro w/ Dr. Mulle-A 4:30 Natural Healing Series - 591 7:00 Film: Midway - LR, 591	10:25 Mission Meet Up - LR 10:30 Chair Yoga* - LR 11:00 Game: Fall A-Z Word Race - LR 11:30 Inventions Series - 591 2:00 Jewelry Making - LR 2:30 Making the Rounds w/ Raegan - Apt. Visits 3:00 Art w/ Ellen* - LR 3:30 WU Laura's Book Club- l	10:45 Trip: Dunkin Donuts 10:30 Fitness First!* - LR 11:00 Woodshop* - WS 11:00 Brain Game: Thanksgiving Conversation Cards - LR 1:00 Documentary Series: Aerial Italy: Italian Islands 591, 2:00 I am Thankful For - LR 3:15 Father Matt's Service AL	10:25 Mission Meet Up - LR 10:30 Fitness Flow* - LR 11:00 This Date in History* - LR 11:30 American History - 591 2:30 Holiday Art Opening - AG 3:30 Catholic Communion - LR 3:30 Bible Study w/ Kyle* - L 5:00 Birthday Dinner -PDR 6:30 Game Night - UL	10:25 Mission Meet Up - LR 10:30 Rehab Workout* - LR 11:15 Singalong w/ Donna* - LR 1:00 Philosophy Series: AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Projects w/ Dave* - LR 3:30 Scrabble - LR 4:00 Shabbat Shalom - PDR	10:30 Pool Noodle Fitness - LR 11:15 Brain Game: Word Magic - LR 2:00 Film: Under the Tuscan Sun - 591, A, LR 2:15 Crafts w/ Jess: Bird Seed Ornaments* - AR 3:30 Michael Leidig Piano Concert - A
9:30 Church Trip 10:00 Catholic Mass - LR, 591 10:30 Fitness w/ Raegan- LR 11:00 Coffee/ Pastry Social - LR 11:15 Good News Network - LR 2:00 Film: Cabrini - LR, A, 591 2:00 Trip: Vassar College Chamber Singers @ Skinner Hall	10:25 Mission Meet Up - LR 10:30 Fab, Fit & Fun* - LR 11:00 Brain Games- Fall Finish the Phrase - LR 1:30 Knit/Crochet w/ Jen - UL 2:00 Thanksgiving Craft - LR 3:00 Choir Practice w/Dr. Mulle A 4:30 Natural Healing Series - 591 7:00 Film: Dragnet - LR, 591	10:25 Mission Meet Up - LR 10:30 Chair Yoga* - LR 11:00 Game: Name that Tune - LR 11:30 Inventions Series - 591 2:00 Baking Brownies w/Jess- LR 2:30 Making the Rounds w/ Raegan - Apt. Visits 3:00 Art w/ Ellen* - LR	10:25 Mission Meet Up - LR 10:30 Fitness First!* - LR 11:00 Woodshop* - WS 11:00 Resident Council - LR 1:00 Documentary Series: Aerial Italy: Southern Italy 591 2:00 Thanksgiving Word Search & Brownie Social - LR 3:00 Gordon George Concert LR	Happy Thanksgiving! 9:30 Macy's Day Parade & Coffee Social - LR 10:30 Fitness Flow- LR 12:15 Thanksgiving Lunch - DR 2:00 Film: Invincible - 591, LR, AL	10:25 Mission Meet Up - LR 10:30 Rehab Workout* - LR 1:00 Philosophy Series: AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Projects w/ Dave* - LR 3:30 Manicures w/ Brittney - LR 4:00 NO Shabbat Shalom	10:30 Pool Noodle Fitness - LR 11:15 Brain Game: Word Magic - LR 2:00 Film: Fly Me to the Moon - 591, A, LR 2:15 Sip & Paint w/ Jess: Cozy Fall Cabin* - AR 4:00 Piano Sing Along w/ Judith - LR

**NOVEMBER 2024**

**Inn**

**THE FOUNTAINS**  
AT MILLBROOK  
A WATERMARK RETIREMENT COMMUNITY<sup>SM</sup>

**ACTIVITY LOCATOR KEY**

**Your Community Life Team:**  
Lisa Rieckermann, Director  
Jennifer Bourgue, Associate  
Raegan Haege, Associate  
Jessica Kaufman, Associate  
845-905-8102

Please check channel 591 daily for updates from various departments, including daily program schedules.

Watermark University classes, taught by a live Instructor & are indicated by an \*

**Location Key:**

A - Auditorium  
AG - Art Gallery  
AL - Allen Lounge  
AR - Art Room  
BIS - Bistro  
CS - Country Store  
DR - Dining Room

**Location Key:**

L - Library  
LOB - Main Lobby  
LR - Living Room at the Inn  
NL - North Lounge  
PDR - Private Dining Room  
UL - Upper Lobby

**EXERCISE - DARK RED**  
**MUSIC - PURPLE**  
**SPIRITUAL/THERAPEUTIC - BLUE**  
**ARTS & CRAFTS - DARK ORANGE**  
**EDUCATIONAL/SOCIAL - BLACK**  
**VOCATIONAL - TEAL**  
**TRIPS - GREEN**