Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul><li>Body</li><li>Community</li><li>Entertainment</li><li>Mind</li><li>Outing</li><li>Spirit</li></ul>					• 7:30 Breakfast (DRF) • 9:45 Exercise: Fitness and Fun (B(F) • 10:15 WU: The History of World War II (CR(F) • 10:30 Craft Corner: Making Fall Centerpieces (CR(F) • 11:30 Lunch (DRF) • 1:30 Welcome to November (B(F) • 2:15 WU: DIMA Jazz Lecture (CR(F) • 3:30 Connect Four Challenge (B(F) • 4:30 Dinner (DRF) • 6:00 Nightly Cinema "Lonely Planet" (CR(F)	7:30 Breakfast (DRF) 9:00 Doughnut Social (CB/(F) 9:45 Saturday Stretch (B(F) 10:30 Activity Packets w/ Daily Chronicle (B(F) 11:30 Lunch (DRF) 2:00 Craft Corner "Mystery Craft" (B(F) 2:30 Saturday Happy Hour (CB/(F) 3:00 Saturday Matinee Movie (CR(F) 4:30 Dinner (DRF) 6:00 Nightly Cinema "The Spanish Prisoner" (CR(F)
<ul> <li>7:30 Breakfast (DRF)</li> <li>9:30 Sunrise Stretching (CR(F)</li> <li>10:30 Televised Worship Service (CR(F)</li> <li>11:00 Daily Chronicle (CR(F)</li> <li>11:30 Lunch (DRF)</li> <li>1:30 WU: Tai Chi and Tea (B(F)</li> <li>2:30 Word Search Mania (B(F)</li> <li>3:30 Paint and Sip Happy Hour (CB/(F)</li> <li>4:30 Dinner (DRF)</li> <li>6:00 Nightly Cinema "Family Pack" (CR(F)</li> </ul>	7:30 Breakfast (DRF) 9:45 Fitness: Strength and Stretch (B(F) 10:30 Activity Packets w/ Daily Chronicle 11:30 Lunch (DRF) 1:30 WU: DAPS presents Move, Laugh, Connect (CR(F) 2:30 Bridge BINGO (B(F) 3:30 Craft Corner "Holiday Mugs" (B(F) 4:30 Dinner (DRF) 6:00 Nightly Cinema "Good Sam" (CR(F)	7:30 Breakfast (DRF) 9:45 Chair Yoga Dancing (CR(F) 10:00 Activity Packets w/ Daily Chronicle (B(F) 10:30 WU: Prayer & Bible Discussion (TR(F) 11:30 Lunch (DRF) 1:30 Baking Club (B(F) 2:30 Nat King Cole Milestone Day (B(F) 3:30 WU: Floral Design (B(F) 4:30 Dinner (DRF) 6:00 Nightly Cinema "Martha" (CR(F)	<ul> <li>7:30 Breakfast (DRF)</li> <li>9:45 Move it, Shake it, Bend it (B(F))</li> <li>10:15 WU: "The Learning Academy with Curtis" (CR(F))</li> <li>11:30 Lunch (DRF)</li> <li>1:30 What's in a Word? (B(F))</li> <li>2:30 Mix-N-Mingle w/ a Surprise Guest (L(F))</li> <li>3:30 Bridge BINGO (B(F))</li> <li>4:30 Dinner (DRF)</li> <li>6:00 Nightly Cinema "The Notebook" (CR(F))</li> </ul>	7:30 Breakfast (DRF) 9:45 Chair Yoga Dancing (CR(F) 10:15 WU: "The Learning Academy with Curtis" Veterans Day Edition (CR(F) 11:30 Lunch (DRF) 1:30 WU: Silver Sneakers w/ Tina 2:30 Mix-N-Mingle w/ Marek Eneti (L(F) 3:30 Social Hour: Po-Ke-No BINGO (CB/(F) 4:30 Dinner (DRF) 6:00 Nightly Cinema " All is GoodWestern Front" (CR(F)	• 7:30 Breakfast (DRF) • 9:45 Exercise: Fitness and Fun (B(F) • 10:15 WU: The History of World War II (CR(F) • 11:30 Lunch (DRF) • 3:30 Connect Four Challenge (B(F) • 4:30 Dinner (DRF) • 6:00 Nightly Cinema " August Osage County" (CR(F)	7:30 Breakfast (DRF) 9:00 Doughnut Social (CB/(F) 9:45 Saturday Stretch (B(F) 10:30 Activity Packets w/ Daily Chronicle (B(F) 11:30 Lunch (DRF) 11:15 Turtle Creek Arts Festival (CB) 2:00 Craft Corner "Mystery Craft" (B(F) 2:30 Saturday Happy Hour (CB/(F) 3:00 Saturday Matinee Movie (CR(F) 4:30 Dinner (DRF) 6:00 Saturday Night Live Music (L(F) 7:00 Nightly Cinema "Home Team" (CR(F)
7:30 Breakfast (DRF) 9:30 Sunrise Stretching (CR(F) 10:30 Televised Worship Service (CR(F) 11:30 Daily Chronicle (CR(F) 11:30 Lunch (DRF) 1:30 WU: Tai Chi and Tea (B(F) 2:30 Word Search Mania (B(F) 3:30 Sunday Happy Hour (CB/(F) 4:30 Dinner (DRF) 6:00 Nightly Cinema "Escape from Alcatraz" (CR(F)	7:30 Breakfast (DRF)     9:45 Fitness: Rockin' and Rollin' (B(F)     10:30 Veteran's Day Concert w/ Marty Ruiz (L(F)     11:30 Lunch (DRF)     1:30 WU: DAPS presents Move, Laugh, Connect (CR(F)     2:30 Bridge BINGO (B(F)     3:30 Uno Card Game (B(F)     4:30 Dinner (DRF)     6:00 Nightly Cinema " First Daughter" (CR(F)	7:30 Breakfast (DRF) 9:45 Chair Yoga Dancing (CR(F) 10:00 Activity Packets w/ Daily Chronicle (B(F) 10:30 WU: Prayer & Bible Discussion (TR(F) 11:30 Lunch (DRF) 2:30 WU: Current Events w/ Randy Mayeux (CR(F) 3:30 WU: Floral Design (B(F) 4:30 Dinner (DRF) 6:00 Nightly Cinema " The Trial of the Chicago 7" (CR(F)	<ul> <li>7:30 Breakfast (DRF)</li> <li>9:45 Move it, Shake it, Bend it (B(F))</li> <li>10:15 WU: "The Learning Academy with Curtis" (CR(F))</li> <li>11:30 Lunch (DRF)</li> <li>1:30 What's in a Word? (B(F))</li> <li>2:00 Community Art Talk w/ Tashima Thomas (CR(F))</li> <li>3:30 Bridge BINGO (B(F))</li> <li>4:30 Dinner (DRF)</li> <li>6:00 Nightly Cinema "Jerry and Marge go Large" (CR(F))</li> </ul>	<ul> <li>7:30 Breakfast (DRF)</li> <li>9:45 Senior Shape Chair Yoga (CR(F)</li> <li>10:00 Mini mall (CR(F)</li> <li>10:15 Art Explosion/Acrylic Pouring (B(F)</li> <li>11:30 Lunch (DRF)</li> <li>1:30 WU: Silver Sneakers w/ Tina</li> <li>3:30 Social Hour: Po-Ke-No BINGO (CB/(F)</li> <li>4:30 Dinner (DRF)</li> <li>6:30 An Evening with Norris Perry (L(F)</li> <li>7:00 Nightly Cinema " The Italian Job" (CR(F)</li> </ul>	<ul> <li>7:30 Breakfast (DRF)</li> <li>9:45 Exercise: Fitness and Fun (B(F))</li> <li>10:15 WU: The History of World War II (CR(F))</li> <li>11:30 Lunch (DRF)</li> <li>1:30 Fall Leaf Suncatchers (B(F))</li> <li>2:15 WU: DIMA - Jazz and Lecture Performance (CR(F))</li> <li>3:30 Connect Four Challenge (B(F))</li> <li>4:30 Dinner (DRF)</li> <li>6:00 Nightly Cinema "New In Town" (CR(F))</li> </ul>	7:30 Breakfast (DRF) 9:00 Doughnut Social (CB/(F) 9:45 Saturday Stretch (B(F) 10:00 Family Day Education Discussion (CR(F) 10:30 Activity Packets w/ Daily Chronicle (B(F) 11:30 Lunch (DRF) 1:00 Saturday Matinee Movie (CR(F) 2:00 Craft Corner "Mystery Craft" (B(F) 2:30 Saturday Happy Hour (CB/(F) 3:30 Classic Board Game Night (B(F) 4:30 Dinner (DRF) 6:00 Nightly Cinema "Hustle" (CR(F)
7:30 Breakfast (DRF) 9:30 Sunrise Stretching (CR(F) 10:30 Televised Worship Service (CR(F) 11:00 Daily Chronicle (CR(F) 11:30 Lunch (DRF) 1:30 WU: Tai Chi and Tea (B(F) 2:30 Word Search Mania (B(F) 3:30 Sunday Happy Hour (CB/(F) 4:30 Dinner (DRF) 6:00 Nightly Cinema "It Takes Two" (CR(F)	7 -7:30 Breakfast (DRF) 9:45 Fitness: Rockin' and Rollin' (B(F) 10:30 Activity Packets w/ Daily Chronicle 11:30 Lunch (DRF) 1:30 WU: DAPS presents Move, Laugh, Connect (CR(F) 2:30 Bridge BINGO (B(F) 3:30 Uno Card Game (B(F) 4:30 Dinner (DRF) 6:00 Nightly Cinema "Eat, Pray, Love" (CR(F)	9:45 Chair Yoga Dancing (CR(F) 9:45 Chair Yoga Dancing (CR(F) 10:00 Activity Packets w/ Daily Chronicle (B(F) 10:30 WU: Prayer & Bible Discussion (TR(F) 11:30 Lunch (DRF) 1:30 Residents Council Meeting (CR(F) 2:30 Special Performance: Folkoric Dancers Richardson High (L(F) 3:30 WU: Floral Design (B(F) 4:30 Dinner (DRF) 6:00 Nightly Cinema "Selma" (CR(F)	<ul> <li>7:30 Breakfast (DRF)</li> <li>9:45 Move it, Shake it, Bend it (B(F))</li> <li>10:15 WU: "The Learning Academy with Curtis" (CR(F))</li> <li>11:30 Lunch (DRF)</li> <li>12:30 Ice Cream Social - Sundaes (CB/(F))</li> <li>1:30 What's in a Word? (B(F))</li> <li>2:30 Mix-N-Mingle w/ Denny Robinson (L(F))</li> <li>3:30 Bridge BINGO (B(F))</li> <li>4:30 Dinner (DRF)</li> <li>6:00 Nightly Cinema "The Noel Diary" (CR(F))</li> </ul>	<ul> <li>7:30 Breakfast (DRF)</li> <li>9:45 Chair Yoga Dancing (CR(F)</li> <li>10:30 "What's in a Word?" (B(F)</li> <li>11:00 Western Day Celebration (CR(F)</li> <li>11:30 Lunch (DRF)</li> <li>1:30 WU: Silver Sneakers w/ Tina</li> <li>2:30 Mix-N-Mingle w/ the Cameo Club (L(F)</li> <li>3:30 Social Hour: Po-Ke-No BINGO (CB/(F)</li> <li>4:30 Dinner (DRF)</li> <li>6:00 Nightly Cinema "ALI" (CR(F)</li> </ul>	7:30 Breakfast (DRF) 9:45 Exercise: Fitness and Fun (B(F) 10:15 WU: The History of World War II (CR(F) 11:30 Lunch (DRF) 3:30 Connect Four Challenge (B(F) 4:30 Dinner (DRF) 6:00 Nightly Cinema "That Thing You Do" (CR(F)	<ul> <li>7:30 Breakfast (DRF)</li> <li>9:00 Doughnut Social (CB/(F)</li> <li>9:45 Saturday Stretch (B(F)</li> <li>10:30 Activity Packets w/ Daily Chronicle (B(F)</li> <li>11:30 Lunch (DRF)</li> <li>1:00 Saturday Matinee Movie (CR(F)</li> <li>2:00 Craft Corner "Mystery Craft" (B(F)</li> <li>2:30 Saturday Happy Hour (CB/(F)</li> <li>3:30 Saturday Music: "Jazz Express" (L(F)</li> <li>4:30 Dinner (DRF)</li> <li>6:00 Nightly Cinema "James Bond: Casino Royale" (CR(F)</li> </ul>
<ul> <li>7:30 Breakfast (DRF)</li> <li>9:30 Sunrise Stretching (CR(F)</li> <li>10:30 Televised Worship Service (CR(F)</li> <li>11:00 Daily Chronicle (CR(F)</li> <li>11:30 Lunch (DRF)</li> <li>1:30 WU: Tai Chi and Tea (B(F)</li> <li>2:30 Word Search Mania (B(F)</li> <li>3:30 Sunday Happy Hour (CB/(F)</li> <li>4:30 Dinner (DRF)</li> <li>6:00 Nightly Cinema "Soap Dish" (CR(F)</li> </ul>	• 7:30 Breakfast (DRF) • 9:45 Fitness: Rockin' and Rollin' (B(F) • 10:30 Activity Packets w/ Daily Chronicle • 11:30 Lunch (DRF) • 1:30 WU: DAPS presents Move, Laugh, Connect (CR(F) • 2:30 Bridge BINGO (B(F) • 3:30 Uno Card Game (B(F) • 4:30 Dinner (DRF) • 6:00 Nightly Cinema "Forest Gump" (CR(F)	7:30 Breakfast (DRF) 9:45 Chair Yoga Dancing (CR(F) 10:00 Activity Packets w/ Daily Chronicle (B(F) 10:30 WU: Prayer & Bible Discussion (TR(F) 11:30 Lunch (DRF) 1:30 Holiday Ornament Crafting (B(F) 2:30 WU: Current Events w/ Randy Mayeux (CR(F) 3:30 WU: Floral Design (B(F) 4:30 Dinner (DRF) 6:00 Nightly Cinema "Freedom Writers" (CR(F)	<ul> <li>7:30 Breakfast (DRF)</li> <li>9:45 Move it, Shake it, Bend it (B(F))</li> <li>10:15 WU: "The Learning Academy with Curtis" (CR(F))</li> <li>11:30 Lunch (DRF)</li> <li>1:30 What's in a Word? (B(F))</li> <li>2:30 WU: Name That Tune w/ Mike Frankel (CR(F))</li> <li>3:30 Bridge BINGO (B(F))</li> <li>4:30 Dinner (DRF)</li> <li>6:00 Nightly Cinema "Best Christmas Ever" (CR(F))</li> </ul>	7:30 Breakfast (DRF) 9:45 Chair Yoga Dancing (CR(F) 10:30 Jeopardy Trivia Game (B(F) 11:30 Lunch (DRF) 1:30 WU: Silver Sneakers w/ Tina 2:00 Thanksgiving Matinee Movie (CR(F) 3:30 Social Hour: Po-Ke-No BINGO (CB/(F) 4:30 Dinner (DRF) 6:00 Nightly Cinema "Matilda" (CR(F)	• 7:30 Breakfast (DRF) • 9:45 Exercise: Fitness and Fun (B(F) • 10:15 WU: The History of World War II (CR(F) • 11:30 Lunch (DRF) • 1:30 Reminiscence Baking (B(F) • 2:30 Sensory Yarn Weaving (B(F) • 3:30 Connect Four Challenge (B(F) • 4:30 Dinner (DRF) • 6:00 Nightly Cinema "The Truman Show" (CR(F)	<ul> <li>7:30 Breakfast (DRF)</li> <li>9:00 Doughnut Social (CB/(F)</li> <li>9:45 Saturday Stretch (B(F)</li> <li>10:30 Activity Packets w/ Daily Chronicle (B(F)</li> <li>11:30 Lunch (DRF)</li> <li>1:00 Saturday Matinee Movie (CR(F)</li> <li>2:00 Craft Corner "Mystery Craft" (B(F)</li> <li>2:30 Saturday Happy Hour (CB/(F)</li> <li>4:30 Dinner (DRF)</li> <li>6:00 Nightly Cinema "Mission Impossible" (CR(F)</li> </ul>

## **Activity Locator Key:**

CR = Community Room (1st Floor) TR = Tea Room (7th Floor) CB = Craddock's Bar /Lounge (1st Floor) PT = Poker Table (3rd Floor) L = Lobby (1st Floor) BR = Bridge (3rd Floor)

DR = Dining Room(1st Floor)

GR = Grill Room (1st Floor) MCA = Activity Area (2nd Floor) AR = Art Room (2nd Floor) TT = Third Floor Terrace (3rd Floor) PT = Pool Table (6th Floor)

BUS = Community Bus

## Leadership Team: Executive Director: Chad Hubbard

Executive Director: Chad Hubbard
Resident Care Director: Rhonda Battee
Memory Care Director: Delondria Epps
Community Life Director: Lakeisha Brothers
Dining Services Director: Kyle Blazer
Maintenance Director: Brandon DeLeon
Sales Director: Cynthia Seskes
Human Resources Director: Patricia Gloria-Barraza
Business Office Manager: Tomicca Wilson

## **November 2024 The Bridge**

