

| SUNDAY  | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  | SATURDAY  |
|---|--|--|---|--|---|---|
|   |  |  |   |  | Seated Fitness<br>Daily Chronicle<br>IN2L Games<br><b>2:00 Happy Hour &amp; Massages with Tiffany</b> | Saturday Morning Exercise<br>Daily Chronicle<br>Balloon Toss          |
| Morning Workout<br>Daily Chronicle<br>Spiritual Hour<br>Relax & Unwind with Meditation Sounds | Let's Get Moving!<br>Daily Chronicle<br>IN2L Games<br><b>WU: Artist Corner: Color Magic</b>                | Move to the Music<br>Daily Chronicle<br>IN2L Games<br>Hand Massages<br>Voting For Our Favorites              | Seated Fitness<br>Daily Chronicle<br>Manicures<br>Let's Shoot Some Hoops                        | Move Your Body!<br>Daily Chronicle<br>IN2L Games<br><b>Happy Hour</b><br>Thursday Movie  | Move Your Body!<br>Daily Chronicle<br>IN2L Games<br>Let's Act It Out!                                 | Saturday Morning Exercise<br>Daily Chronicle<br>Saturday Funnies      |
| Morning Workout<br>Daily Chronicle<br>Spiritual Hour<br>Relax & Unwind with Meditation Sounds | <b>Happy Veterans Day</b><br>Move Your Body!<br>Daily Chronicle<br>IN2L Games<br>Red, White, & Blue Trivia | Move Your Body!<br>Daily Chronicle<br>IN2L Games<br>Parachute and Music                                      | Move Your Body!<br>Daily Chronicle<br>Manicures<br>Finish the Thought<br><b>WU: The 1960's</b>  | Move Your Body!<br>Daily Chronicle<br>IN2L Games<br><b>Happy Hour</b><br>Thursday Movie  | Move Your Body!<br>Daily Chronicle<br>IN2L Games<br><b>2:00 Sister Angel</b>                          | Saturday Morning Exercise<br>Daily Chronicle<br>Puzzle Corner         |
| Morning Workout<br>Daily Chronicle<br>Spiritual Hour<br>Relax & Unwind with Meditation Sounds | Move Your Body!<br>Daily Chronicle<br>IN2L Games<br>Color Me Happy   | Move Your Body!<br>Daily Chronicle<br>IN2L Games<br>Inspirational Short Stories                              | Move Your Body!<br>Daily Chronicle<br>Manicures<br>Cider & Donuts                               | Move Your Body!<br>Daily Chronicle<br>IN2L Games<br><b>Happy Hour</b><br>Thursday Movie  | Move Your Body!<br>Daily Chronicle<br>IN2L Games<br><b>WU: Spice of Life Cooking Demo</b>             | Saturday Morning Exercise<br>Daily Chronicle<br>Singing Our Favorites |
| Morning Workout<br>Daily Chronicle<br>Spiritual Hour<br>Relax & Unwind with Meditation Sounds | Move Your Body!<br>Daily Chronicle<br>IN2L Games<br>Grateful Thoughts                                      | Move Your Body!<br>Daily Chronicle<br>IN2L Games<br><b>WU: Reading Group: Thanksgiving with the Settlers</b> | Move Your Body!<br>Daily Chronicle<br>Manicures<br>ABC- Name It Word Game- Thanksgiving Edition | <b>Happy Thanksgiving!</b><br>Move Your Body!<br>Daily Chronicle<br><b>11:30 Thanksgiving Meal with Family</b><br>Thursday Movie | Move Your Body!<br>Daily Chronicle<br>IN2L Games<br><b>Happy Hour</b>                                 | Saturday Morning Exercise<br>Daily Chronicle<br>Let's Sort Through It |

**NOVEMBER 2024**  
**Pathways**  
BLUE BELL PLACE  
A WATERMARK RETIREMENT COMMUNITY<sup>SM</sup>

**ACTIVITY LOCATOR KEY**  
**All Activities Will Take Place in the Common Areas**

**Manicures will be done weekly**

**Calendar Is Subject to Change**