

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AMERICAN CHESS DAY Sunday Sunrise Fitness w/Nayas-G Mandala Art w/Nayas-G Horseshoes w/Nayas-G Snacks & Chat w/Nayas-G Outdoors Stroll w/Nayas-G Qwirkle Game w/Nayas-G YouTube Concert w/Nayas-G 1	LABOR DAY Morning Exercise w/Nayas-G Daily Devotional w/Nayas-G All About Labor Day w/Nayas-G <i>Labor Day Live YouTube w/Nayas-G</i> Theme Bingo w/Nayas-G Music Appreciation w/Marvel-G Card Shark w/Nayas-G 2	NATIONAL SKYSCRAPER DAY 10:00 Stay Fit w/NP 10:30 All About Skyscraper w/NP Great Laugh w/Nayas Strategy w/Nayas <i>2:30 Interactive Culinary Program Strawberry Bruchetta w/NP-G</i> 3:30 Popular Old Saying w/NP-G Card Games w/Nayas 3	EAT AN EXTRA DESSERT <i>10:00 Tai Chi w/Jonathan-G</i> Chicken Soup For The Soul w/Nayas - G Card Games w/Nayas - G Let's Make A Story w/Nayas - G Parachute Games w/Nayas - G 3:30 Bible Story w/NP - G LifeTime Movie w/Nayas - G 4	INTERNATIONAL DAY OF CHARITY 10:00 Light & Stretch w/NP- G 10:30 Strategy w/NP- G Outdoor Trivia w/Nayas - G 2:30 Art & Craft w/NP- G 3:30 Sing Along w/NP - G Story Telling w/Nayas - G 5	COFFEE ICE CREAM DAY 10: Head To Toes w/NP- G 10:30 Ring Toss w/NP- G Stroll Around The Garden w/Nayas Would You Rather w/Nayas - G <i>1:30 Singing With Sister Char-G</i> Horse Shoe Toss 2:30 w/NP - G Bottom Up 3:30 w/NP- G Fable & Tale w/Nayas - G 6	BUY A BOOK DAY 10:00 Light And Fit w/VH-G Game Show Fun w/Nayas-G Local News w/Nayas-G Music Fun w/Nayas-G Hand Rubs & Music w/Nayas-G <i>3:30 Singer Jennifer DiSapio - G</i> Western Movie w/Nayas-G 7
GRANDPARENTS DAY 10:00 Fun Fitness w/VH-G Music Sing A Long w/Nayas-G Building Blocks Fun w/Nayas-G Puzzles w/Nayas-G Bible Stories w/Nayas-G <i>3:30 Armchair Travel Thailand - G</i> Today in History w/Nayas-G 8	NATIONAL WHEN PIGS FLY DAY 10:30 Fun Fitness w/VH-G 11:00 World Religion w/VH-G Table Bowling w/Nayas-G Checkers w/Nayas-G 2:30 Ball In The Basket w/VH-G Music Appreciation w/Mavel-G Bible Stories w/Nayas-G 9	NATIONAL ANTS ON A LOG DAY 10:30 Fitness & Jokes w/VH-G 11:00 All About Ants w/VH-G <i>11:15 Out Trip - Red Lobster w/VH</i> Fun Club w/Ladrina -G <i>2:30 Interactive Culinary Program: Ants On A Log w/VH-G</i> 3:30 Name 5 w/VH -G Evening Games w/Nayas-G 10	PATRIOTS DAY <i>10:30 Singer Leigh Henry - G</i> Tell a Funny Story w/Nayas - G Balloon Toss w/Nayas - G Stroll Around The Garden Old Humor w/Nayas - G 3:30 Brain -Teaser w/NP- G Would You Rather w/Nayas - G 11	NATIONAL VIDEO GAMES DAY 10:00 Jokes & Fitness w/VH-G 10:30 Horoscope Reading w/VH-G Table Bowling w/ Nayas-G Checkers w/Nayas-G <i>2:30 Chips And Dip Social w/VH-G</i> 3:30 Ring Toss w/VH-G Classical Favorites w/Nayas-G 12	INTERNATIONAL CHOCOLATE DAY <i>10:30 Pianist: John Lamb-G</i> Shapes And Colors w/Nayas-G I Spy w/Nayas - G <i>1:30 Singing With Sister Char-G</i> <i>2:30 Popcorn & Hot Chocolate w/VH-G</i> 3:30 Musicals Fun w/VH-G Evening News Bloopers w/Naya 13	NATIONAL COLORING DAY <i>10:00 Tai Chi w/Jonathan-G</i> History Of Lions w/Nayas-G Daily News w/Nayas-G Tic Tac Toe w/Nayas-G Balloon Volley w/Nayas-G 2:30 Variety of Fun w/Lisa-G Soothing Music w/Nayas-G 14
MAKE A HAT DAY 10:00 Shake It Loose w/NP - G Table Bowling w/Nayas - G Would You Rather w/Nayas - G Card Games w/Nayas - G Hand Rubs & Music w/Nayas - G 3:30 Word Game w/NP- G TMC Movies w/Nayas - G 15	NATIONAL CINNAMON BREAD DAY 10:00 Work it Exercise w/NP - G 10:30 Name 5 w/NP - G Don't Break The Ice w/Nayas - G Table Bowling w/Nayas - G <i>2:30 Singer Lynn Lewis - G</i> Music Appreciation w/Mavel-G Scrabble w/Nayas - G 16	CONSTITUTION DAY 10:30 Fit & Feisty Fitness w/VH-G All About Hawaii w/Nayas -G Stories for the Soul w/Nayas-G Afternoon Fun Club w/LaDrina-G 3:30 Bingo w/VH-G Trivia Fun w/Nayas -G Nail Care & Music w/Nayas-G 17	NATIONAL FIRST LOVE DAY <i>10:00 Tai Chi w/Jonathan-G</i> Daily Devotional w/Nayas-G Remember when...? w/Nayas-G Enjoy the Outdoors w/Nayas-G 3:30 Ring Toss Outdoors w/VH-G Snacks Outdoors w/Nayas-G Western Movie w/Nayas-G 18	NATIONAL BUTTERSCOTCH DAY 10:00 Shake & Groove w/NP - G Bean Toss w/Nayas - G Mind Joggers w/Nayas - G Bible Stories w/Nayas - G Tic Tac Toew/Nayas - G <i>3:30 interactive Culinary program: Butterscotch Pudding w/NP-G</i> Uno w/Nayas - G 19	NATIONAL PUNCH DAY 10:00 Fun Fitness w/Noemi - G Hand Massage w/Nayas - G Stories From The Bible w/Nayas-G Card Games w/Nayas - G <i>1:30 Singing With Sister Char-G</i> 3:30 Famous People w/NP- G Mind Joggersw/Nayas - G 20	INTERNATIONAL DAY OF PEACE <i>10:00 Music&Dance w/Jennifer-G</i> Would You Rather w/Nayas - G Ball Toss w/Nayas - G Let's Talk About Peace w/Nayas-G Recounting w/Nayas - G 3:30 Big Word little Word w/NP- G Evening Chat w/Nayas - G 21
WORLD RHINO DAY Morning Exercise w/Nayas-G Daily Devotional w/Nayas-G Remember when...? w/Nayas-G Enjoy the Outdoors w/Nayas-G Theme Bingo w/Nayas-G All About Rhino's w/Nayas-G Hallmart Movie w/Nayas-G 22	INTERNATIONAL DAY OF SIGN LANGUAGE 10:00 1-2-3 Stretch w/VH-G Let's Talk w/Nayas-G Card Sharks w/Nayas-G Finish the Phrase w/Nayas-G <i>2:30 September Birthday Party w/VH-G</i> Music Appreciation w/Marvel-G TCM Classic Movie w/Nayas-G 23	WORLD BOLLYWOOD DAY 10:00 Fitness & Jokes w/VH-G Earth Facts w/Nayas -G Mandala Art w/Nayas-G Fun Club w/Ladrina -G 3:30 Beach Ball Volly w/VH-G Sensory Touch w/Nayas -G Evening Games w/Nayas-G 24	NATIONAL COOKING DAY 10:00 Mid-Week Fitness w/VH-G Silly Words w/Nayas-G Jigsaw Puzzles w/Nayas-G Ring Toss w/Nayas-G 3:30 Musical Favorites w/VH-G All About 50's Music w/Nayas-G Evening Stretch w/Nayas-G 25	LOVE NOTE DAY 10:00 Get Fit w/VH-G <i>11:15 Out Trip - Char And Lemon</i> Kurplunk w/Nayas-G Snack Attack w/Nayas-G Charades w/Nayas-G 3:30 Balloon Toss w/VH-G Music And Hand Rubs w/Nayas-G 26	NATIONAL SCARF DAY 10:00 Balloon Fitness w/VH-G All About June w/Nayas -G I Spy w/Nayas-G <i>1:30 Singing With Sister Char-G</i> <i>2:45 Interactive Culinary program: Ice Cream Float w/VH-G</i> Table Bowling w/Nayas-G TCM w/Nayas-G 27	NATIONAL SELF AWARENESS DAY <i>10:00 Tai Chi w/Jonathan-G</i> Fill in the Blanks w/Nayas-G Checkers w/Nayas-G Refreshments & Music w/Nayas-G Horseshoes w/Nayas-G 3:30 Family Feud w/Joey-G Sittercise w/Nayas-G 28
NATIONAL COFFEE DAY 10:00 Exercise & Trivia w/Joey-G Bible Stories w/Nayas-G Qwirkle Game w/Nayas-G Daily Chronicle w/Nayas-G Word Pairs w/Nayas-G 3:30 Wheel of Fortune w/Joey-G Local News Report w/Nayas-G 29	NATIONAL LOVE PEOPLE DAY 10:00 Shape Up w/NP- G 10:30 Balloon Toss w/NP - G Memory Gamesw/Nayas - G Outdoor Activities w/Nayas - G <i>2:30 Interactive Culinary Program Watermelon Strawberry Salad/NP -G</i> 3:30 Basket Ball Toss w/NP- G Bean Toss w/Nayas - G 30	ACTIVITY LOCATOR KEY Hispanic Heritage Month Self Care Awareness Month National Sewing Month Classical Music Month Fall Hat Month Better Breakfast Month National Square Dance Month Weekly Shabbat Service In The Town Center Interfaith Chapel Monthly Catholic Communion with Sister Maureen Any Questions About Out-Trips or Family gathering, or programs. Call Victoria at 203-373-6452 or Noemi at 203-373- 6168 "By all these lovely tokens, September days are here. With summer's best of weather and autumn's best of cheer." -Helen Hunt Jackson				

SEPTEMBER 2024

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