

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 TV Series: <i>The Crown</i> (MR) 11:00 Wii Bowling (LL) 11:30 Painting Hour (AR) 1:00 Buffalo Bills Game (MR) 2:30 Mass (CH) 2:30 Scrabble (AR) 3:30 Scat Game (AR) 4:00 Movie: <i>Couples Retreat</i> (MR) 5:00 After Dinner Chit Chat (LR)	Labor Day 11:00 Backyard Games (CY) 11:30 Fitness Center Orientation (FR) 1:00 Snow Cones (C) 2:00 Wii Bowling (LL) 2:15 Wellness Clinic (C) 3:00 Current Events (MR) 7:15 BINGO (SS)	10:00 Brain Cafe (CF) 11:30 Wii Bowling (LL) 1:00 Trivia with Tyler** (MR) 1:15 Euchre Tournament (SS) 1:30 Wii Bowling (LL) 2:00 Craft: Mason Jar Prism Lights (AR) 3:00 WU: History Out Loud: Rochester: Rise of the Big 3 (MR) 7:00 Beginners Bridge (C)	10:00 Knit & Crochet Club (LR) 11:00 Shopping @ Eastview Mall & Lunch @ PF Changs (C) 11:00 Wii Bowling (LL) 1:00 Drama Club (MR) 1:00 Dominoes (AR) 2:00 Rosary (CH) 2:30 Music with Jim Neary (PR) 7:00 Left, Right, Center (OP)	10:00 Murder Moonshine & Mayhem** (LR) 10:00 Painting with Diana** (AR) 11:00 WU: Cellphone 101** (C) 11:30 Wii Bowling (LL) 1:30 Cardio Drumming (PR) 2:00 BINGO (SS) 3:00 WU: The Birds of Central Park** (MR) 7:15 Rummikub (PR)	9:00 Pittsford Wegmans (C) 10:00 Documentary: <i>Harry & Meghan Part 1</i> (MR) 11:00 Pittsford Wegmans (C) 1:00 <i>Challenger: Final Flight</i> (MR) 1:30 Wii Bowling (LL) 2:00 Happy Hour (PR) 3:00 Word Exploration (LR) 3:30 Movie: <i>Queen Bees</i> (MR) 7:00 Phase 10 (AR)	11:00 TV Series: <i>Good Witch</i> (MR) 1:00 Adult Coloring (AR) 1:30 Wii Bowling (LL) 2:00 BINGO (SS) 3:00 Veteran's Group (PDR) 3:30 Mahjong (CR) 7:00 Hand & Foot Card Game(AR) 7:00 Movie: <i>Animal House</i> (MR)
Grandparents Day 9:30 TV Series: <i>The Crown</i> (MR) 10:30 Grandparents Day Celebration & Games (LR) 11:00 Wii Bowling (LL) 11:30 Painting Hour (AR) 2:30 Mass (CH) 2:30 Scrabble (AR) 4:00 Movie: <i>Sweet Home Alabama</i> (MR) 6:00 BINGO (SS)	10:00 Target (C) 10:30 <i>Bridgerton</i> (MR) 12:30 Coffee Talk (MR) 1:00 Become an Ambassador (LR) 2:00 Wii Bowling (LL) 2:15 Wellness Clinic (C) 2:30 Mod Podge Pumpkins (AR) 3:00 Current Events (MR) 7:15 BINGO (SS)	10:00 Brain Cafe (CF) 11:30 Wii Bowling (LL) 11:00 Fall Nature Walk (C) 1:30 Wii Bowling (LL) 1:30 Book Club (SR) 2:00 Donuts & Cider (C) 3:00 Nazareth Meet & Greet (MR) 7:00 Beginners Bridge (C) 7:00 Closer to Jesus (CH)	10:00 Knit & Crochet Club (LR) 11:00 Wii Bowling (LL) 11:00 Lunch @ Jimes & Shopping @ Parkleigh (C) 1:00 Drama Club (MR) 1:00 Dominoes (AR) 2:00 Rosary (CH) 2:30 Music with Nick Costello (PR) 7:00 Left, Right, Center (OP)	10:00 Painting with Diana** (AR) 11:00 WU: Cellphone 101** (C) 11:00 Yoga with Tozzi Yoga (BLS) 11:30 Wii Bowling (LL) 1:00 Christian Services (CH) 1:30 Cardio Drumming (PR) 2:00 BINGO (SS) 7:15 Rummikub (PR) 8:15 Buffalo Bills Game (MR)	9:00 Tops & Dollar Tree (C) 10:00 Documentary: <i>Harry & Meghan Part 2</i> (MR) 11:00 Tops & Dollar Tree (C) 11:00 WU: Journaling Journey (JL) 1:00 Villa Bash (VG) 1:00 <i>Challenger: Final Flight</i> (MR) 1:30 Wii Bowling (LL) 3:00 Word Exploration (LR) 7:00 Phase 10 (AR)	11:00 TV Series: <i>Good Witch</i> (MR) 12:00 Lunch @ Charlie's (C) 1:00 Adult Coloring (AR) 1:30 Wii Bowling (LL) 2:00 BINGO (SS) 3:30 Mahjong (CR) 7:00 Hand & Foot Card Game(AR) 7:00 Movie: <i>Find Me Falling</i> (MR)
9:30 TV Series: <i>The Crown</i> (MR) 11:00 Wii Bowling (LL) 11:30 Painting Hour (AR) 2:30 Mass (CH) 2:30 Scrabble (AR) 3:30 Scat Game (AR) 4:00 Movie: <i>In Her Shoes</i> (MR) 5:00 After Dinner Chit Chat (LR)	9:30 Fall Foliage Ride (C) 10:30 <i>Bridgerton</i> (MR) 11:00 Craft: Fall Gnomes (AR) 11:30 360 Well Monthly Mtg(CF) 12:00 Men's Club (OP) 2:00 Wii Bowling (LL) 2:15 Wellness Clinic (C) 3:00 Current Events (MR) 7:15 BINGO (SS)	10:00 Brain Cafe (CF) 10:30 WU:Music & Life: Barbra Streisand** (MR) 11:00 Garden Club (RB) 11:30 WU: Cellphone 101** (C) 11:30 Wii Bowling (LL) 1:00 Trivia with Tyler (MR) 1:30 Wii Bowling (LL) 3:00 Nazareth Exercise (MR) 7:00 Beginners Bridge (C)	10:00 Knit & Crochet Club (LR) 10:00 Finger Lakes Casino (C) 1:00 Drama Club (MR) 1:30 Craft: Fall Wreaths (AR) 1:00 Dominoes (AR) 1:30 RIT Osher Course: Future of Health, Medicine & Biotech* (CF) 2:00 Rosary (CH) 2:30 Music with John Culligan (PR) 3:00 Craft: Cool Down Jars (AR) 7:00 Left, Right, Center (OP)	Rx Drop Off @ FD 9am-1pm 10:00 Painting with Diana** (AR) 11:15 Colonial Belle Boat Ride & Lunch @ Mulconry's Irish Pub (C) 11:30 Wii Bowling (LL) 2:00 BINGO (SS) 3:00 WU: American Musical Theater** (MR) 4:30 Jewelry Making (AR) 7:15 Rummikub (PR)	9:00 Eastway Wegmans (C) 9:30 Confession (CH) 10:00 Documentary: <i>Harry & Meghan Part 3</i> (MR) 11:00 Eastway Wegmans (C) 1:00 <i>Challenger: Final Flight</i> (MR) 1:30 Wii Bowling (LL) 2:00 Happy Hour (PR) 3:00 Food Council (OP) 3:00 Word Exploration (LR) 7:00 Phase 10 (AR)	11:00 TV Series: <i>Good Witch</i> (MR) 1:00 Adult Coloring (AR) 1:30 Wii Bowling (LL) 2:00 BINGO (SS) 3:00 Veteran's Group (PDR) 3:30 Mahjong (CR) 7:00 Hand & Foot Card Game(AR) 7:00 Movie: <i>Woman in Gold</i> (MR)
First Day of Fall 9:30 TV Series: <i>The Crown</i> (MR) 11:00 Wii Bowling (LL) 11:30 Painting Hour (AR) 2:30 Mass (CH) 2:30 Scrabble (AR) 3:30 Scat Game (AR) 4:00 Movie: <i>The Last Song</i> (MR) 6:00 BINGO (SS)	10:00 Walmart (C) 10:30 <i>Bridgerton</i> (MR) 11:30 Fitness Center Orientation (FR) 2:00 Wii Bowling (LL) 2:15 Wellness Clinic (C) 3:00 Current Events (MR) 3:30 Documentary: <i>Four Fall of Buffalo: 90's Buffalo Bills</i> (MR) 7:15 BINGO (SS) 7:30 Buffalo Bills Game (MR)	Podiatrist 1pm-5pm in CF 10:00 Brain Cafe (CF) 11:30 Wii Bowling (LL) 1:00 Trivia with Tyler** (MR) 1:30 Wii Bowling (LL) 1:30 Book Club** (SR) 3:00 Nazareth Exercise (MR) 7:00 Beginners Bridge (C) 7:00 Closer to Jesus (CH)	10:00 Knit & Crochet Club (LR) 10:30 Pumpkin Painting (AR) 11:00 Wii Bowling (LL) 1:00 Drama Club (MR) 1:00 Dominoes (AR) 1:30 RIT Osher Course: Future of Health, Medicine & Biotech* (CF) 2:00 Rosary (CH) 2:30 Music with Mike Sidoti (PR) 4:00 Dinner @ Eddie O'Briens (C) 7:00 Left, Right, Center (OP)	10:00 Painting with Diana** (AR) 11:00 WU: Cellphone 101** (C) 11:00 Yoga with Tozzi Yoga (BLS) 11:30 Wii Bowling (LL) 1:00 Christian Services (CH) 1:30 Cardio Drumming (PR) 2:00 BINGO (SS) 7:15 Rummikub (PR)	9:00 Tops & Dollar Tree (C) 10:00 Documentary: <i>Harry & Meghan Part 4</i> (MR) 11:00 Tops & Dollar Tree (C) 1:00 <i>Challenger: Final Flight</i> (MR) 1:30 Wii Bowling (LL) 3:00 Word Exploration (MR) 7:00 Phase 10 (AR)	Fall Festival 11am-2pm in Front Parking Lot 1:00 Adult Coloring (AR) 1:30 Wii Bowling (LL) 2:00 BINGO (SS) 3:30 Mahjong (CR) 7:00 Hand & Foot Card Game(AR) 7:00 Movie: <i>Dark Waters</i> (MR)
9:30 TV Series: <i>The Crown</i> (MR) 11:00 Wii Bowling (LL) 11:30 Painting Hour (AR) 2:30 Mass (CH) 2:30 Scrabble (AR) 4:00 Movie: <i>Marley & Me</i> (MR) 5:00 After Dinner Chit Chat (LR) 8:20 Buffalo Bills Game (MR)	Active Aging Week: Hat Day 9:00 Pittsford Wegmans (C) 9:30 National Coffee Day (C) 11:00 Pittsford Wegmans (C) 10:30 <i>Bridgerton</i> (MR) 11:00 Craft: Sherpa Ghosts (AR) 2:00 Wii Bowling (LL) 2:15 Wellness Clinic (C) 3:00 Current Events (MR) 7:15 BINGO (SS)	ACTIVITY LOCATOR KEY (AR) Arts & Crafts Room (BLS) Balance Studio (C) Cafe (CF) Conference Room (CH) Chapel (CY) Courtyard (DO) Doctor's Office (FR) Fitness Room (GL) 3rd Floor Game Lounge (JR) 3rd Floor Journal Room (LR) Living Room (MR) Media Room (OP) Optima Dining Room (PDR) Private Dining Room (SR) Sun Room (SS) Sunshine Studio (RB) Raised Garden Bed		Our bottle/can drive will continue for the month of September. Place in the designated bin in cafe. All proceeds go to WFK.		Sign up for all outings including weekly shopping trips at the Front Desk.
SEPTEMBER 2024				Please see updated insert page for the list of weekly recurring fitness classes.		360 Wellness Key: Mind Body Spirit Community Entertainment Outings
				The pool will be closed for the month of September for renovations.		To hear a listing of today's activities and events, call the Activities Hotline: (585)280-1591 <i>*all activities are subject to change/cancellation*</i>