

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|--|--|
| 10:30am Bible Study With Tony and Anne GA 2:30pm Word Mining & UNO With Theo GA 3:30pm Wii Jeopardy w/ Theo GA 5:30pm Resident Led Left Right Center GA 6:00pm Creative Coloring GA 1 | Labor Day 10:00am Exercise With Theo GA 11:00am Resident Led Left Right Center GA 1:30pm Creative Coloring GA 3:30pm Wii Bowling With Theo 5:30pm Resident Led UNO GA 2 | 10:00am Chair Yoga With Barb GA 11:00am Trivia Tuesday GA 1:30pm BINGO 2:30pm PopCorn Matinee For National Cinema Day 3:30pm Hard Cider Tasting GA 6:00pm Resident Led Left Right Center GA 3 | 10:00am Total Body Workout GA 11:00a Word Game Wednesday GA 1:00pm Ambassador Meeting RC 1:30pm Wii Bowling GA 2:30pm Mingle and Music With Andy GA 3:30pm Hangman GA 4:00pm Library Pop Up Cart GA 5:30pm Midweek Movie GA 4 | 10:00am Workout With Wendy GA 11:00am BINGO GA 1:30pm Bus Trip to: Powder Mills Park Hatchery 1:30pm Indoor Bocce GA 2:30pm BINGO Buck Resident Store GA 3:30pm Chorus With Carol GA 6:00pm Creative Coloring GA 5 | 10:00am Exercise With Theo GA 11:00am UNO GA 1:30pm (WU) All About Hawaii GA 2:30pm Gratitude Circle GA 3:30pm Tailgating Theme Happy Hour GA 6:00pm Resident Led Left Right Center GA 6 | 10:00am Resident Led Left Right Center GA 11:00am Creative Coloring GA 1:30pm BINGO w/ Andy GA 2:30pm Wheel of Fortune GA 5:30pm Resident Led Puzzles and Brain Games GA 7 |
| 10:30am Bible Study With Tony and Anne GA 1:00p Bills VS Cardinals Game GA 2:30pm Word Mining & UNO GA 3:30pm Wii Jeopardy GA 5:30pm Resident Led Left Right Center GA 6:00pm Creative Coloring GA HAPPY NATIONAL ASSISTED LIVING WEEK!! 8 | Sports Day 10:00am Head to Toe Exercise GA 11:00am Sports Trivia/ Games GA 1:00pm Manicures GA 2:30pm Entertainment By Joe Miltsch GA 3:30pm Chorus With Carol GA 5:30pm Creative Coloring 9 | Hawaiian Day 10:00am Chair Yoga With Barb GA 11:00am Word Mining GA 1:30pm BINGO GA 2:30p HealthPro Balance Clinic GA 3:30 Armchair Travel To Hawaii GA 3:30pm Individual Music Therapy With Katie 6:00pm Resident Led Left Right Center GA 10 | Western Day 10:00am Total Body Workout GA 11:00 Word Game Wednesday GA 1:30pm Wii Bowling GA 2:30pm Mingle & Music w/ Andy 3:00pm Travel With Beth: New England States GA 4:00 (WU) The Wild, Wild West GA 5:30pm Midweek Movie GA 11 | Dress Your Best Day 10:00am Workout With Wendy GA 11:00am BINGO GA 1:30pm Bus Trip to: Long Acre Farms In Macedon 1:30pm Black Jack GA 2:30pm (WU) Life History of Tony Bennett GA 3:30pm Chorus With Carol GA 4:00pm Dress Up Cocktail Hour 6:00pm Creative Coloring GA 12 | Casual Friday- PJ Day 9:30am Shopping Trip To: Tops 10:00am Exercise With Theo GA 11:00am Wii Bowling GA 1:30pm (WU) Airplanes GA 2:30pm American Trivia GA 3:30pm Hot Cocoa Bar GA 5:30pm Resident Led Left Right Center GA 13 | 10:00am Resident Led UNO GA 11:00am Creative Coloring GA 1:30pm BINGO With Theo GA 2:30pm Movie Matinee: Viewers Choice GA 5:30pm Resident Led Puzzles and Brain Games GA 14 |
| 10:30am Bible Study With Tony and Anne GA 2:30pm Word Mining & UNO GA 3:30pm Wii Jeopardy GA 5:30pm Resident Led Left Right Center GA 6:00pm Creative Coloring GA 15 | 10:00am Head to Toe Exercise GA 11:00am Unlucky Sevens GA 1:00pm Manicures GA 2:45pm Scattergories GA 3:30pm Chorus With Carol GA 5:30pm Creative Coloring GA 16 | 10:00am Chair Yoga With Barb GA 11:00am Trivia Tuesday GA 1:30pm BINGO GA 2:30p (WU) Alzheimer's Awareness 3:30pm Caramel Apple Bar GA 3:30pm Individual Music Therapy With Katie 6:00pm Resident Led Left Right Center GA 17 | 10:00am Total Body Workout GA 11:00a Word Game Wednesday GA 1:30pm Wii Bowling GA 2:30pm Mingle & Music w/ Andy 3:30pm (WU) Wine and Food Pairings GA 5:00pm S'mores in the Courtyard 5:30pm Midweek Movie GA 18 | 10:00am Workout With Wendy GA 11:00am BINGO GA 1:30pm UNO GA 1:30pm Bus Trip To: Fall Foliage Ride 2:30pm (WU) Apple Tasting & Facts GA 3:30pm Chorus With Carol GA 3:30pm Non Denominational Church Service GVC 6:00pm Creative Coloring GA 19 | 10:00am Exercise With Theo GA 11:00am Wii Bowling GA 1:30p (WU) All About Virginia GA 2:30pm Gratitude Circle GA 3:30pm Wheel of Fortune GA 6:00pm Resident Led Left Right Center GA 20 | 10:00am Resident Led Left Right Center GA 11:00am Creative Coloring GA 1:30pm BINGO w/ Andy GA 2:30pm Wheel of Fortune GA 5:30pm Resident Led Puzzles and Brain Games GA 21 |
| First Day of Fall 10:30am Bible Study With Tony and Anne GA 2:30pm Word Mining & UNO GA 3:30pm Wii Jeopardy GA 5:30pm Resident Led Left Right Center GA 6:00pm Creative Coloring GA 22 | 10:00am Head to Toe Exercise GA 11:00am UNO GA 1:00pm Manicures GA 2:00pm Concert By AMPS GA 3:30pm Chorus With Carol GA 5:30pm Creative Coloring GA 7:30pm Monday Night Football: Bills VS Jaguars GA 23 | 10:00am Chair Yoga With Barb GA 11:00am Trivia Tuesday GA 1:30pm BINGO GA 2:30pm Wii Bowling GA 3:30pm Apple Cider Floats GA 3:30pm Individual Music Therapy With Katie 6:00pm Resident Led Left Right Center GA 24 | 10:00am Total Body Workout GA 11:00a Word Game Wednesday GA 1:30pm Rosemary Irwin Presents: "The Birds Of Central park" GA 2:30pm Resident Council GA 3:30pm Food Council Meeting GA 4:00p Brain Teasers & Riddles GA 5:30pm Midweek Movie GA 25 | 10:00am Workout With Wendy GA 11:00am Flute Performance By Caitlyn GA 12:00pm Lunch Trip To: Landmark Restaurant and Powers Farm 1:30pm BINGO GA 2:30pm Bible Devotion GA 3:30pm Chorus With Carol GA 3:30pm Non Denominational Church Service GVC 6:00pm Creative Coloring GA 26 | 9:30am Shopping Trip To: Target 10:00am Exercise With Theo GA 11:00am Wii Bowling GA 1:30pm (WU) The Age of Exploration Pt. 7 GA 2:30pm Wii Jeopardy GA 3:30pm Word Mining GA 6:00pm Resident Led Left Right Center GA 27 | 10:00am Resident Led UNO GA 11:00am Creative Coloring GA 1:30pm BINGO With Theo GA 2:30pm Movie Matinee: Viewers Choice GA 5:30pm Resident Led Puzzles and Brain Games GA 28 |
| 10:30am Bible Study With Tony and Anne GA 2:30pm Word Mining & UNO GA 3:30pm Wii Jeopardy GA 5:30pm Resident Led Left Right Center GA 6:00pm Creative Coloring GA 8:20pm Sunday Night Football: Bills VS Ravens Game GA 29 | 10:00am Head to Toe Exercise GA 11:00am Garbage Game GA 1:00pm Manicures GA 2:45pm Rhyme Time GA 3:30pm Chorus With Carol GA 5:30pm Creative Coloring GA 30 | ACTIVITY LOCATOR KEY | | | | |

GA- Grande' Vie Activities Area
CH- Chapel
RC- Rendezvous Cafe
DR- Dining Room
CY- Courtyard
WU- Watermark University

****All Activities are Subject to Change**
All Outings are Weather Permitting**

With any questions please reach out to:
 Emily Whitney
 Community Life Director
 (585) 381-0680
 Ext. 1116
 ewhitney@watermarkcommunities.com

Happy September Birthdays To:
 5th Doris R.

SEPTEMBER 2024
Grande'Vie
 **LEGACY**
 AT GRANDE'VIE
 A WATERMARK RETIREMENT COMMUNITYSM