SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Board Games - UL 2:00 Film: Bridge of Spies 3 hrs 15 min) 591, AL 2:15 Team Game: Smart Alec - NL	Happy Labor Day! 12 - 2 Labor Day Picnic & Concert w/ Frankie Keene - Outside weather permitting & Dining Room 2:30 Film: Working Girl-AL, 591	10:45 WU Lucy's Limber Up - A 11:30 Inventions Series - 591, AL 1:00 Kings in the Corner - NL 1:00 Canasta - UL 3:00 WU Active Listening Group w/ Maayana - AL 4:00 Deb's Update Meeting - A	10:00 Men's Coffee Social -CS 10:45 WU Alexander Technique-w/ Judith - A 11:00 WU Wood Shop w/ Dave: Wood Turning Demo- WS 1:00 Bridge - NL 1:00 Doc. Series: America's Book of Secrets - 591, AL 3:00 Voter Registration Assitance - L (1A)	10:45 WU Lucy's Limber Up - A 11:30 American His. AL, 591 1:00 Shopping Trip: Adams 1:00 Canasta - UL 2:00 Art History: Rick Steve's Europe, the Art of Ancient Greece (25 min) - AL, 591 3:30_WU Bible Study Series- L 4:00 Catholic Communion - AL	10:15 Hand, Knee, Foot - NL 10:45 WU Chair Yoga - A 1:00 Series: The Great Ideas of Philosophy - AL, 591 2:00 Trivial Pursuit - AL 3:30 Happy Hour - UL 4:00 Shabbat Shalom - PDR 5:45 Trip: Renegades Baseball	Early Grandparent's Day! 10:30 WU Chair Zumba - A 11:00 Scrabble - NL 1:00 Wii Bowling w/ Reed - AL 1:30 Make You Own Ice Cream Sundaes - A 2:15 Crafts w/ Jess: Jewelry Making & More - AR 4:00 Family Singalong - A*
Movement w/ Elizabeth - A 1:30 Board Games - UL 1:30 Trip: Rhinebeck Performing Arts: Murder on the Orient Express 2:00 Film; Murder on the Orient	10:00 Trip: Shoprite 10:45 Stretch/Strengthen - A 11:30 WU Current Affairs - AL 1:00 Bridge - NL 1:30 GroupKnit/Crochet - UL 2:00 WU Health Seminar - AL 3:00 Jeffery Folmer Concert - A 7:00 Film: Cirque du Soleil: Without a Net - 591, AL	10:00 Flu Shot Clinic - A 11:30 Inventions Series - 591, AL 1:00 Kings in the Corner - NL 1:00 Canasta - UL 1:00 Photography Seminar w/ Robert Goldwitz - AR 3:30 New Game: Wii Tennis- AL 5:00 Greek Dinner - Main DR	10:45 WU Alexander Tech A 11:00 WU Woodshop - WS 1:00 Bridge - NL 1:00 Documentary Series: America's Secrets - 591, AL 2:00 WU Digital Literacy w/ Gabrielle (by appointment) 3:15 Service for our Nation w/ Father Matt - A 4:30 Trip: Amenia Steak Hou	10:45 WU Lucy's Limber Up - A 11:30 American His. AL, 591 1:00 Canasta - UL 2:00 Art History: Museum Masterpieces, The Louvre Series: Palace to Museum (35 min)- AL, 591 3:30_WU Bible Study Series- L 4:00 Catholic Communion - AL	10:15 Hand, Knee, Foot - NL 10:45 WU Chair Yoga - A 1:00 Series: The Great Ideas of Philosophy - AL, 591 2:00 Trivial Pursuit - AL 3:30 Happy Hour - UL 4:00 Shabbat Shalom - PDR	10:30 WU Chair Zumba - A 11:00 Scrabble - NL 1:00 Wii Bowling w/ Reed - AL 2:00 Film: Flower Drum Song - AL, 591 2:15 Sip & Paint w/ Jess: Let's Go Camping - AR 4:00 Piano Singalong - Inn
9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Board Games - UL 2:00 Film: On Golden Pond - 591 only 2:15 Team Game: Hedbanz - NL 3:15 Harp Sound Bath w/ Donna -AL	10:45 Stretch/Strengthen - A 11:30 WU Current Affairs - AL 1:00 Bridge - NL 1:00 Shopping Trip: Tops 1:30 GroupKnit/Crochet - UL 2:00 WU Brain Cafe Series - L 3:00 WU Opera: The Barber of Seville by Rossini, part 1 - AL 7:00 Film: Music of the Heart - 591, AL	10:45 WU Lucy's Limber Up - A 11:30 Inventions Series - 591, AL 1:00 Kings in the Corner- NL 1:00 Canasta - UL 1:00 WU Beginner's Art w/ Ellen - AR 2:30 WU Active Listening Group w/ Maayana - AL 3:30 WU Laura's Book Club -	10:00 Equine Therapy - Inn 10:45 WU Alexander Technique-w/ Judith - A 11:00 WU Woodshop - WS 11:30 Lunch Trip: Athena's 1:00 Bridge - NL 1:00 Documentary Series: America's Book of Secrets - 591, AL 2:00 WU Writer's Exchange,L 3:00 WU Opera part 2 - AL	10:45 WU Lucy's Limber Up - A 11:30 American His. AL, 591 1:00 Canasta - UL 1:00 WU Art w/ Ellen - AR 2:00 Art History: Louvre Series; Leonardo & the Origins of the Collection - AL, 591 2:45 Art Hist. Discussion - AR 3:30_WU Bible Study Series- 4:00 Catholic Communion - A 19	10:15 Hand, Knee, Foot - NL 10:45 WU Chair Yoga - A 11:30 WU Well 360 Series - L 1:00 New Series: The Great Ideas of Philosophy - AL, 591 2:00 Trivial Pursuit - AL 3:00 NEW: WU Greek Cooking Class w/ Irene & Kat - CS 4:00 Shabbat Shalom - PDR	10:30 WU Chair Zumba - A 11:00 Scrabble - NL 1:00 Wii Bowling w/ Reed - AL 2:00 Film: My Big Fat Greek Wedding - AL, 591 2:15 Crafts w/ Jess: Pumpkin Diamond Coasters - AR 4:00 Piano Singalong - Inn
9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Board Games - UL 2:00 Film: The Music Man (1962) 591, AL 2:15Team Game: Word Wow! - NL	*Streamed Exercise only* 11:30 WU Current Affairs - AL 1:00 Bridge - NL 1:30 GroupKnit/Crochet - UL 2:00 WU Brain Cafe Series - L 3:00 WU Music Appreciation: The Music of Bing Crosby - A 7:00 Bing Crosby Film: The Country Girl - 591. AL	10:45 WU Lucy's Limber Up - A 11:30 Inventions Series -591, AL 1:00 Kings in the Corner- NL 1:00 Canasta - UL 1:00 WU Beginner's Art - AR 1:00 Shopping Trip: Millbrook 2:00 Andre Rieu Concert - 591 3:30 FMRA General Meeting (all are welcome)- A	10:45 WU Exercise Therapy w/ Cris Caivano - A 11:00 WU Woodshop - WS 1:00 Bridge - NL 1:00 Documentary Series: America's book of Secrets- 591, AL 2:00 Food Service Meeting - BIS 3:00 Gordon George Concert Inn Living Room	10:45 WU Lucy's Limber Up - A 11:30 American His. AL, 591 1:00 Canasta - UL 1:00 Trip: McCarthy's Pharmacy 1:00 WU Art w/ Ellen - AR 2:00 Art History: Louvre: Italian Renaissance - AL, 591 2:45 Art History Discussion - AR 3:30 WU Bible Study - L 4:00 Catholic Communion - AL 5:00 Birthday Dinner - PDR 6:30 Game Night! - UL	10:15 Hand, Knee, Foot - NL 10:45 WU Chair Yoga - A 11:30 WU Well 360 Series - L 1:00 New Series: The Great Ideas of Philosophy - AL, 591 2:00 Trivial Pursuit - AL 3:30 Wine Tasting w/ Carl -BIS 4:00 Shabbat Shalom - PDR	10:30 WU Chair Zumba - A 11:00 Scrabble - NL 1:00 Wii Bowling w/ Reed - AL 2:00 Film: Ladyhawke - AL, 591 2:15 Crafts w/ Jess: Pumpkin Decor - AR 4:00 Piano Singalong - Inn
You're a Good Man, charlie Brown 2:15 Bingo w/ prizes - NL 4:15 WU Lectio Divina w/ Beth Maayana - AL SEPTEMB		A - Auditorium AG - Art Gallery AL - Allen Lounge AR - Art Room BIS - Bistro CS - Country Store DR - Dining Room L - Library LOB - Main Lobby LR - Living Room at the Inn NL - North Lounge PDR - Private Dining Room UL - Upper Lobby	Please note: reservations reg'd for Greek Cooking Class, Digital Literacy & Saturday Crafts, Well 360 & Brain Cafe Community Life trips: 905-8014 Shopping trips sign up @ podium - Lobby	Lawn Games available: Help yoursef & play anytime! Bocce, Croquet, Cornhole Location: lawn adjacent to Innparking lot Community Life Team: Lisa Rieckermann, Director Jennifer Bourque, Associate Raegan Haege, Associate Jessica Kaufman, Associate	Woodshop w/ Dave resumes on 9/4, from 11am - Noon Location Woodshop on 1A (take elavator by the Business Office area)	New Art w/ Ellen schedule, starts on 17th & 19th: Tuesdays @ 1 PM - Beginners Art Thursdays at 1 PM - Advanced Art
Independent Living THE FOUNTAINS AT MILLBROOK A WATERMARK RETIREMENT COMMUNITYSM				845-905-8014		