

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 Cocoa & Chat-L 10:00 LDS Sacrament-D 10:30 Puzzle Hour-C 2:00 Afternoon Movie-T 2:30 Color & Create-C 1	9:30 Cocoa & Chat-L 10:00 Stretch Class-D 10:30 Manicures-B 1:30 Balance Class-D 2:15 Labor Day Activity Packet at the Front Desk 2	9:30 Cocoa & Chat - L 10:15 Weights - D 10:45 Brain Breaks - D 2:00 BINGO - D 3:30 Tea and Tunes : Barbara Striesand- D 3	9:30 Cocoa & Chat - L 10:15 Badminton-D 10:45 Brain Breaks - D 2:15 Artist Impression-D 7:00 Sunday School - D 4	9:30 Cocoa & Chat - L 10:00 Morning Movie -T 2:00 Shop @ Walmart 2:15 Balance - D 3:00 Trivia - D 5	9:30 Farmer's Market Outing 9:30 Cocoa & Chat-L 2:00 Badminton - D 3:00 Jokes and Cokes - D 6:00 Movie - T 6	9:30 Cocoa & Chat-L 10:15 Cardio - D 11:00 Brain Boosters - D 2:30 Game Group - D 3:30 Social - D 7
9:30 Cocoa & Chat-L 10:00 LDS Sacrament-D 10:30 Puzzle Hour-C 2:00 Afternoon Movie-T 2:30 Color & Create-C 8	9:30 Cocoa & Chat-L 10:00 Stretch Class-D 10:30 Manicures-B 2:00 Music with Wayne-D 3:00 Social-D 3:30 Bible Study-C WESTERN DAY 9	9:30 Cocoa & Chat - L 10:15 Weights - D 10:45 Brain Breaks - D 2:00 BINGO - D 3:30 Tea and Tunes : Neil Diamond- D PAJAMA DAY 10	9:30 Cocoa & Chat - L 10:15 Badminton-D 10:45 Brain Breaks - D 2:30 Afternoon Movie-T 7:00 Relief Society and Preisthood - D RED, WHITE , & BLUE 11	9:30 Cocoa & Chat - L 9:30 Shop @ Walmart 10:15 Stretches - D 10:45 Brain Breaks - D 2:00 Sport Games - D 3:00 Social - D SPORTS DAY 12	10:15 Badminton - D 10:45 Brain Breaks - D 2:00 Happy Hour & Karaoke - D 5-8 Car Show Family and Friends Welcome! 50'S DAY 13	9:30 Cocoa & Chat-L 10:15 Cardio - D 11:00 Brain Boosters - D 2:00 Bingo - D 3:30 Social - D 14
9:30 Cocoa & Chat-L 10:00 LDS Sacrament-D 10:30 Puzzle Hour-C 2:00 Afternoon Movie-T 2:30 Color & Create-C 15	9:30 Cocoa & Chat-L 10:00 Stretch Class-D 10:30 Manicures-B 2:00 Donut Social - D 2:30 Resident Council - D 3:30 Bible Study - C 16	9:30 Cocoa & Chat - L 10:15 Weights - D 10:45 Brain Breaks - D 2:00 BINGO - D 3:30 Tea and Tunes : Dean Martin- D 17	9:30 Cocoa & Chat - L 10:15 Badminton-D 10:45 Brain Breaks - D 2:00 Bowling - D 3:30 Floats - D 7:00 Sunday School - D 18	9:30 Cocoa & Chat - L 10:15 Balance- D 10:45 Brain Breaks - D 2:00 shop @ Walmart 2:00 Timeless Treasures: School Picture Day - D 19	9:30 Cocoa & Chat-L 9:30 Farmer's Market 2:00 Taster'sClub - D 3:00 Jokes and Cokes - D 6:00 Movie - T 20	9:30 Cocoa & Chat-L 10:15 Cardio - D 11:00 Brain Boosters - D 2:30 Fall Games - D 3:30 Social - D 21
9:30 Cocoa & Chat-L 10:00 LDS Sacrament-D 10:30 Puzzle Hour-C 2:00 Afternoon Movie-T 2:30 Color & Create-C 22	9:30 Cocoa & Chat - L 10:15 Cardio - D 10:45 Brain Breaks - D 2:00 Music With Terry - D 3:00 Birthday Social - D 3:30 Bible Study - C 23	9:30 Cocoa & Chat - L 10:15 Weights - D 10:45 Manicures - D 2:00 BINGO - D 3:30 Tea and Tunes : Willie Nelson- D 24	9:30 Cocoa & Chat - L 10:15 Badminton-D 10:45 Brain Breaks - D 2:15 Paint and Sip - D 7:00 Relief Society and Preisthood - D 25	9:30 Cocoa & Chat - L 9:30 Shop @ Walmart 10:15 Combined Exercises- D 10:45 Brain Breaks - D 2:00 Happy Hour & Karaoke - D 26	9:30 Cocoa & Chat-L 10:15 Badminton - D 11:00 Fun Fact Friday-D 2:00 WU: Trip To Germany - D 6:00 Movie - T 27	9:30 Cocoa & Chat-L 10:15 Cardio - D 11:00 Brain Boosters - D 2:00 Bingo - D 28
9:30 Cocoa & Chat-L 10:00 LDS Sacrament-D 10:30 Puzzle Hour-C 2:00 Afternoon Movie-T 2:30 Color & Create-C 29	9:30 Cocoa & Chat - L 10:00 Stretches - D 10:30 Manicures - B 1:30 Balance Class- D 2:15 Music and Art - D 3:30 Bible Study - C 30	ACTIVITY LOCATOR KEY				

ACTIVITY LOCATOR KEY

B-Beauty Salon
C-Craft Room
D-Dining Room
L-Library
P-Patio
T-Theater

Transportation for doctor appointments is available all day **TUESDAY** and **WEDNESDAY** . If you need transportation, please let Efren or Alexis know the week before your appointment

Green activities are favorites!

Purple activities are Watermark University Classes!

Red is outings, they are first come first served

Please sign up **BEFORE** the day of the outing, sign up is at the front desk!

HAPPY BIRTHDAY!!

Pat L. 9/5
Diana G. 9/9
Elaine B. 9/11
Ron W. 9/11
Doris S. 9/18
Earlene C. 9/19
Claudine S. 9/21
Josie T. 9/21
Arlinda L. 9/21
Gerry A. 9/22
John G. 9/30

Join us for our annual car show on Friday, September 13 from 5-8!

It's National Assisted Living Week September 8-13! Dress up with us on the themed days and join us for games and treats throughout the week!