

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|---|---|--|--|
| 10:00 Suad Sells (AB) 10:15 Church Shuttle 11:00-2:00 Sunday Brunch 11:00 Bold Grace Fellowship (TH) 2:00 Billiards Club (near 5110) 2:30 Parkview Church Service (TH) 6:30 Sunday Movie: Sister Act One (TH) 1 | Labor Day 9:00 Head to Toe Swedish Exercise (AS) 10:00 WU Kidney Disease Talk (BL) 11:00 WU Brain Teasers (G) 11:30 Labor Day Brunch (DR) 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (across from 5212) 6:30 Pokeno (G) 2 | 9:00 Head to Toe Swedish Exercise (AS) 9:00 Synergy Vitals Checks (BL) 10:30 Brain Cafe (G) 10:30 Parkview Book Club: The Three Mothers (L) 1:00 Crazy Rummy (G) 3:00 Doodle Day Art (AB) 3:30 WU Diamond Dots (BL) 6:30 Evening Movie: Sister Act Two (TH) 3 | 10:00 Shopping/Nail Salon Outing 10:00 Upper Limbs Exercise (AS) 10:00 Curana Health Talk: Mental Health (BL) 1:00 Pokeno (Next to 5212) 1:00 History Buffs: Medieval England (L) 2:00 ROMEO Outing: Rock and Brews Outing 2:00 Community Life Meeting (BL) 4:00 Wine Down Wednesday (BL) 6:30 Poker (G) 4 | 9:00 Head to Toe Swedish Exercise (AS) 10:30 WU Bible Study (MP) 1:30 Bingo (MP) 1:30 Christal Vision Low Vision Assisted Technology Information Session (BL) 2:30 Hymn Singing (next to 4111) 3:30 Introduction to Virtual Reality Glasses (BL) 6:30 Pokeno (G) 5 | 9:00 Head to Toe Swedish Exercise (AS) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 1:00 Crazy Rummy (L) 1:00/2:00/3:00 WU Live your Best Life (G) 2:00 British Emporium Outing 2:00 Egg Toss (BL) 4:00 Signature Cocktail Hour (BL) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP) 6 | 10:00 Charity Stitch & Chat (across from 5212) 10:00 WU Talk about the Lungs (BL) 11:00 Grandparents Day Pool Party (P) 1:30 Bingo (MP) 1:30 French Berets: French Culture (BL) 2:00/7:00 Movie: Only you 6:30 Chicken Foot (G) 7 |
| 10:15 Church Shuttle 11:00-2:00 Sunday Brunch 11:00 Bold Grace Fellowship (TH) 2:00 Billiards Club (near 5110) 2:30 Parkview Church Service (TH) 6:30 Sunday Movie: Sleepless in Seattle (TH) 8 | 9:00 Head to Toe Swedish Exercise (AS) 10:00 Grocery Shopping 10:00 WU Kidney Disease Talk (BL) 11:00 WU Brain Teasers (G) 1:00 Chair Zumba (AS) 1:00 Munchy Monday: Läderach at Stonebriar Mall Outing 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (across from 5212) 3:00 New Resident Orientation (TH) 3:30 Childhood Vacations- VR (BL) 6:30 Pokeno (G) 9 | 9:00 Head to Toe Swedish Exercise (AS) 9:00 Synergy Vitals Checks (BL) 10:30 Parkview Book Club: The Three Mothers (L) 10:30 Brain Cafe (G) 11:00 Assisted Living Week: Music Request Hour (BL) 1:00 Crazy Rummy (G) 2:15 Happy Hour with Marty Ruiz (DR) 3:30 WU Diamond Dots (BL) 4:00 Resident Addendum Pictures (BL) 6:30 Evening Movie: It Could Happen To (TH) 10 | 10:00 Stretching Exercise (AS) 11:00 Juliet Outing: Mi Cocina 11:00 Resident Addendum Pictures (BL) 1:00 Pokeno (Next to 5212) 1:30 WU Bob Razz Painting Class (AB) 2:00 WU Music and Memories (TH) 3:00 Assisted Living Week: Table Topics-Words of Advice (BL) 4:00 Wine Down Wednesday (BL) 6:30 Poker (G) 11 | 9:00 Head to Toe Swedish Exercise (AS) 10:30 WU Tech Class: Social Media(BL) 10:30 WU Bible Study (MP) 1:30 National Video Game Day: Video Game Museum Outing 1:30 Bingo (MP) 1:30 Assisted Living Week: Genealogy Mapping (BL) 3:30 Background Immersion in Virtual Reality (BL) 4:00 Resident Addendum Pictures (BL) 6:30 Pokeno (G) 12 | 9:00 Head to Toe Swedish Exercise (AS) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 11:30 Mystery Lunch Outing 1:00 Hand Arthritis Exercise (AS) 1:30 Crazy Rummy (L) 1:30 Assisted Living Week: Card Creations for Hospitalized Children (BL) 1:00/2:00/3:00 WU Live your Best Life (G) 4:00 Signature Cocktail Hour (BL) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP) 13 | 10:00 Charity Stitch & Chat (across from 5212) 10:00 WU Talk about Heart (BL) 11:00 Assisted Living Week: Family Photo Session (BL) 1:30 Bingo (MP) 1:30 Valerie's Card Making Creations (BL) 2:00/7:00 Movie: Havana (TH) 6:30 Chicken Foot (G) 14 |
| 10:15 Church Shuttle 11:00-2:00 Sunday Brunch (DR) 11:00 Bold Grace Fellowship (TH) 2:00 Billiards Club (near 5110) 2:30 Parkview Church Service (TH) 6:30 Sunday Movie: Mom Night Out (TH) 15 | 9:00 Head to Toe Swedish Exercise (AS) 10:00 Grocery Shopping 10:00 WU Talk about Brain Health(BL) 10:30 National Mexican Heritage Celebration 11:00 WU Brain Teasers (G) 1:00 Chair Zumba (AS) 1:00 Munchy Monday: Kilwins Ice Cream Shop Outing 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (across from 5212) 3:30 Virtual Gaming (BL) 6:30 Pokeno (G) 16 | 9:00 Head to Toe Swedish Exercise (AS) 9:30 Synergy Vitals Checks (BL) 10:30 Brain Cafe (G) 10:30 Parkview Book Club: The Three Mothers (L) 1:00 Crazy Rummy (G) 2:00 Sleep Your Way to Better Health: Encompass Health Talk (BL) 3:30 WU Diamond Dots (BL) 6:30 Evening Movie: Hector at the Search for Happiness (TH) 17 | 10:00 Shopping/Nail Salon Outing 11:00 History of the world Rabbi Wolk (L) 1:00 Pokeno (Next to 5212) 1:30 Food Square: Macadamia Nut Cookies (BL) 1:30 WU Taste of the Holy Lands (1208) 2:00 Opera Club (TH) 4:00 Wine Down Wednesday (BL) 6:30 Poker (G) 18 | 9:00 Head to Toe Swedish Exercise (AS) 10:30 WU Bible Study (MP) 1:30 Bingo (MP) 1:30 Walk to End Alzheimer's Muffin Sale (BL) 1:30 Leslie's Watercolor Art with Accent (AB) 2:30 Hymn Singing (next to 4111) 3:30 Virtual Reality Bucket List Travels to Europe (BL) 5:00 Plano Balloon Festival Outing 6:30 Pokeno (G) 19 | 9:00 Head to Toe Swedish Exercise (AS) 10:00 Catholic Rosary (MP) 10:00 Thrift Giant Outing 10:30 Catholic Communion (MP) 11:00 Travel Information Session: Greece (TH) 1:00 Knee Arthritis Exercise (AS) 1:00 Crazy Rummy (L) 1:00/2:00/3:00 WU Live your Best Life (G) 3:30 Total Hearing Care (L) 4:00 Signature Cocktail hour (BL) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP) 7:00 Western Night with Andy Gowen (DR) 20 | 10:00 Charity Stitch & Chat (across from 5212) 10:00 WU Talk about Kidneys (BL) 11:45 Rolling Through the 40's and 50's with Dean Peters(DR) 1:30 Bingo (MP) 1:30 French Berets: French Food (BL) 2:00/7:00 Movie: Ghosts of Mississippi 6:30 Chicken Foot (G) 21 |
| 10:15 Church Shuttle 11:00-2:00 Sunday Brunch (DR) 11:00 Bold Grace Fellowship (TH) 2:00 Billiards Club (near 5110) 2:30 Parkview Church Service (TH) 6:30 Sunday Movie: Book of secret (TH) 22 | 9:00 Head to Toe Swedish Exercise (AS) 10:00 Grocery Shopping 10:00 WU Talk about Brain Health(BL) 11:00 WU Brain Teasers (G) 1:00 Chair Zumba (AS) 1:00 Munchy Monday: Paris Baguette Outing 1:00 Harris Jewelry Repair (BL) 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (across from 5212) 3:30 Virtual Gaming (BL) 6:30 Pokeno (G) 23 | 9:00 Head to Toe Swedish Exercise (AS) 9:30 Synergy Vitals Checks (BL) 10:30 Brain Cafe (G) 10:30 Parkview Book Club: The Three Mothers (L) 1:00 Crazy Rummy (G) 3:30 WU Diamond Dots (BL) 6:30 Evening Movie: Star Wars (TH) 24 | 10:00 Arthritis Exercise (AS) 10:00 New Resident Social (BL) 10:00 Dallas Museum of Art Outing: Monet Impressionism 1:00 Pokeno (Next to 5212) 1:00 History Buffs: Medieval England (L) 2:00 WU Music and Memories (TH) 2:00 Pinochle (G) 4:00 Wine Down Wednesday (BL) 6:30 Poker (G) 25 | 9:00 Head to Toe Swedish Exercise (AS) 10:30 WU Bible Study (MP) 1:30 Crazy Rummy (G) 1:30 Bingo (MP) 2:00 Glow Party (TH) 3:00 Mad Hatters Book Club (L) 3:00 Getting to Know you Social (BL) 3:30 Virtual Golf (BL) 5:00 Mystery Dinner Outing 6:30 Pokeno (G) 26 | 8:00 Winstar Casino 9:00 Head to Toe Swedish Exercise (AS) 9:30 Positive Affirmations (BL) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 1:00 Knee Arthritis Exercise (AS) 1:00 Crazy Rummy (L) 1:00/2:00/3:00 WU Live your Best Life (G) 2:15 Happy Hour with Doc Gibbs (DR) 4:00 Signature Cocktail Hour (BL) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP) 27 | 7:00 Walk to End Alzheimer's 10:00 Charity Stitch & Chat (across from 5212) 10:00 WU Talk about Pancreas (BL) 1:30 Bingo (MP) 1:30 French Berets: French Fashion (BL) 2:00/7:00 Movie: The Martian 6:30 Chicken Foot (G) 28 |
| 10:15 Church Shuttle 11:00-2:00 Sunday Brunch (DR) 11:00 Bold Grace Fellowship (TH) 2:00 Billiards Club (near 5110) 2:30 Parkview Church Service (TH) 6:30 Sunday Movie: Somewhere in Time (TH) 29 | 9:00 Head to Toe Swedish Exercise (AS) 10:00 Grocery Shopping 10:00 WU Talk about Brain Health(BL) 11:00 WU Brain Teasers (G) 1:00 Chair Zumba (AS) 1:00 Munchy Monday: BigDash Outing 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (across from 5212) 2:00 WU Sip and Paint with Terra (AB) 3:30 Virtual Gaming (BL) 6:30 Pokeno (G) 30 | ACTIVITY LOCATOR KEY | | | | |

ACTIVITY LOCATOR KEY

- AB-** Art Breezeway
- AS-** Aerobic Studio
- B1/4** Breezway Between Bld 1/4
- BL-** Bistro Lounge
- DO-** Doctor's Office(#1102)
- DR-** Dining Room
- FP-** Fire Place
- G-** Game Room
- L-** Library
- MP-** Multipurpose Room
- LB-** Lobby
- P-** Pool
- PD-** Private Dining Room
- PT-** Pool Table
- TH-** Theater

September Birthdays

- Ann Moczygamba 09/01**
Marge Sweany 09/03
Carol Jones 09/04
Betty Evano 09/06
Barbara Sneed 09/08
Stuart Anderson 09/08
Jan Guercio 09/11
Judy Marzella 09/12
Nancy Slattery 09/12
Betty Mitchell 09/15
Gerry Brueckner 09/16

Septiebr Birthdays continued

- Ernie Tobias 09/16**
Doris Harts 09/17
Dee Davis 09/19
Annette Houston 09/23
Gerald Horst 09/26
Mary Tawresey 09/26
Catherine Bundy 09/28
Richard Edmundson 09/28
Will Hausner 09/28
Paul Phillips 09/29
Marge Swanson 09/29

SEPTEMBER 2024
Independent Living



PARKVIEW
IN FRISCO
A WATERMARK RETIREMENT COMMUNITYSM

