

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 Slow and Gentle Yoga with The Nayas 9:30 Mass with Holy Name Cathedral 10:00 Catholic Service: Holy Apostles-2nd 11:00 God Tested Abraham Crossword Puzzle with The Nayas 2:00 Community Project: Coupon Clipping for Food Pantry with The Nayas 3:30 Get To Know Your Neighbor with The Nayas: "This or That" 4:00 Busy Hands: Napkin Folding 6:30 Labor Day Word Scramble with The Nayas 6:30 Weekend Movie Special: "Out of Africa" with Robert Redford 1	Happy Labor Day! 9:30 Dear Abby with The Nayas 10:00 The Honeymooners TV Special: Episodes 1-8 11:00 Moving to Music with The Nayas *12:30 WU-Knitting/Crocheting with Resident, Edith-King Arthur Room 1:00 Name That Celebrity with Renee 2:30 Sing Along with Nadine 3:30 A-Z with The Nayas: Occupations 4:00 Busy Hands: Polishing Silverware 6:30 Board Games with The Nayas 2	9:15 Local News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Coffee Klatch with Almond Chocolate Biscotti 11:00 Chicken Soup for the Golden Soul Readings with The Nayas 1:00 Afternoon Stretch with The Nayas 1:00-3:00 Cycling Without Age Bike Rides (Please sign up at front desk) *2:00 WU-Cooking Demo with Chef Dayna-Lounge 2:00 Play Your Cards Right with The Nayas: "Hi-Low" *3:00 WU-HealthPro Wellness with Katy-2nd 3:00 Reminiscing with Old Time Records with The Nayas 4:00 Busy Hands: Dinner Set-Up *6:30 WU-Nightly Meditation with Nancy 3	9:15 Weekly Horoscopes with The Nayas 9:30 Moving to Music with The Nayas *10:00 WU-Culinary Creations with The Nayas: "Reese's Pieces Peanut Butter Cookies" 11:00 Wii Time with The Nayas: "Tennis" 1:00 Thriving Through Music with The Nayas: "Music of Gloria Gaynor" 2:00 Afternoon Social Hour with Reese's Pieces Peanut Butter Cookies 2:30 Sing Along with Nadine 3:00 All About Football Bingo for Prizes with The Nayas *3:30 WU-Sip n' Thrive Mixology with Ed: "Hard Cider Crisp Apple"-Lounge 4:00 Busy Hands: Card Sorting 6:30 Jigsaw Puzzles with The Nayas 4	Opening Day of Football: Wear Your Favorite Team Attire! 9:15 Moving to Music with Sam 10:00 Lessons of Faith: "In The Shadow of Herod" 10:00 Protestant Service with Bethany Lutheran Church-2nd *11:00 WU-Virtual Reality Experience: "Tour of NFL Stadiums" *1:00 WU-National Wildlife Day Discussion with Sam 1:30 Bulls-Eye Toss with Sam 2:00 Karaoke Hour with Sam *2:00 WU-Hilarious History with Jim: "There's No Place Like Home"-2nd *3:00 WU-Get Inspired with Pinterest with Sam: "Pinch Pot Pets" Part 1 4:00 Busy Hands: Yarn Ball 6:30 Can You Solve it with The Nayas: Wheel of Fortune 5	9:15 World News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Reminiscing with The Nayas: "Grandchildren" 11:00 Mind Stretchers with The Nayas 1:00 Fancy Nails with The Nayas 1:30 The Best of the Dean Martin Variety Show Featuring Gene Kelly 2:00 Social Hour with Dante-MDR 3:30 Poetry Readings with The Nayas 4:00 Busy Hands: Circle of Calm 6:00 S'mores, Bonfire and Songs with Sam-Main Patio 6:30 All About Football Activity Packet with The Nayas 6	9:30 Morning Stretch with The Nayas 10:00 Outing: Geocaching w/ Renee (Car Only) 10:00 Rick Steves Travels Europe: "British Isles" 11:00 This Week in Review with The Nayas 1:00 Drum Circle with The Nayas 2:00 Bingo for Prizes with The Nayas 3:00 Painting 101 with The Nayas: "Bubble Wrap" 4:00 Busy Hands: Button Sorting 6:30 Weekend Movie Special: "March of The Penguins" with Morgan Freeman 6:30 Hand Massages with The Nayas 7
9:00 Slow and Gentle Yoga with The Nayas 9:30 Mass with Holy Name Cathedral 10:00 Catholic Service: Holy Apostles-2nd 11:00 The Offering of Isaac Crossword Puzzle with The Nayas 2:00 Community Project: Coupon Clipping for Food Pantry with The Nayas 3:30 Get To Know Your Neighbor with The Nayas: "Have You Ever" 4:00 Busy Hands: Napkin Folding 6:30 Word Mining: Happy Grandparent's Day with The Nayas 6:30 Weekend Movie Special: "Miss Pettigrew Lives For a Day" with Frances McDormand 8	9:30 Dear Abby with The Nayas 10:00 The Honeymooners TV Special: Episodes 9-16 11:00 Moving to Music with The Nayas *12:30 WU-Knitting/Crocheting with Resident, Edith-King Arthur Room 1:00 Train Your Brain with Renee: "Outburst" 2:30 Sing Along with Nadine 3:30 A-Z with The Nayas: Shapes and Colors 4:00 Busy Hands: Polishing Silverware 6:30 Board Games with The Nayas 9	9:15 Local News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Coffee Klatch with Iced Honey Buns 11:00 Chicken Soup for the Grandmother's Soul Readings with The Nayas 1:00 Afternoon Stretch with The Nayas 1:00 Walking Club with Amy and Jerry 2:00 Play Your Cards Right with The Nayas: "Poker Bingo" 2:00 Mass with Holy Apostles-2nd 3:00 Reminiscing with Old Time Records with The Nayas 4:00 Busy Hands: Dinner Set-Up 6:00 Night Time Sing Along with Lori 10	9:15 Weekly Horoscopes with The Nayas 9:30 Moving to Music with The Nayas *10:00 WU-Culinary Creations with The Nayas: "Salted Caramel Brownies" 11:00 Wii Time with The Nayas: "The Price is Right" 1:00 Thriving Through Music with The Nayas: "Music of Michael Buble" *1:00 WU-Health Talk with Nurse Carlee: "The Benefits of Fruits and Vegetables"-2nd 2:00 Social Hour with Salted Caramel Brownies 2:30 Sing Along with Nadine 3:00 Mexican Independence Bingo for Prizes 4:00 Busy Hands: Card Sorting 6:30 Jigsaw Puzzles with The Nayas 11	9:15 Moving to Music with Sam 10:00 Christian Service: Music and Message with United Methodist Church-2nd 10:00 Lessons of Faith: "My Rock and My Fortress" *11:00 WU-Virtual Reality Experience: "Mexico Independence Day Celebrations" *1:00 WU-Remembering 9/11 Discussion with Sam 1:30 Balloon Volleyball with Sam 2:00 Karaoke Hour with Sam *2:00 WU-Discovery Series with: "Understanding Fall and Enhancing Stability"-2nd *3:00 WU-Get Inspired with Pinterest with Sam: "Pinch Pot Pets" Part 2 4:00 Busy Hands: Yarn Ball 6:30 Can You Solve it w/Nayyas: Wheel of Fortune 12	9:15 World News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Reminiscing with The Nayas: "Traveling" *10:00 WU-Be a Community Scientist with Renee: "Majestic Whales"-2nd 11:00 Ultimate Trivia with The Nayas 1:00 Fancy Nails with The Nayas 1:30 Dean Martin Celebrity Roasts: George Burns & Jack Benny 2:00 Petting Zoo Sponsored by JourneyCare with Sarah Leazier from Belgians & Vaughn Faye Farms-Main Patio 2:00 Social Hour with Marianne Sullivan-MDR 3:30 Short Stories with The Nayas 4:00 Busy Hands: Circle of Calm 6:15 Candlelight Dinner-MDR (Please See Front Desk for Price, Menu and to Sign Up) 6:30 All About Full Moons Activity Packet w/ The Nayas 13	9:30 Morning Stretch with The Nayas 10:00 America's National Parks: "The Great Parks of Alaska" 11:00 This Week in Review with The Nayas 1:00 Bowling with The Nayas 2:00 Bingo for Prizes with The Nayas 3:00 Painting 101 with The Nayas: "Q-Tip Painting" 4:00 Busy Hands: Button Sorting 6:30 Weekend Movie Special: "The Way We Were" with Barbra Streisand 6:30 Hand Massages with The Nayas 14
9:00 Slow and Gentle Yoga with The Nayas 9:30 Mass with Holy Name Cathedral 10:00 Catholic Service: Holy Apostles-2nd 11:00 Jacob's Family Crossword Puzzle with The Nayas 2:00 Community Project: Coupon Clipping for Food Pantry with The Nayas 3:30 Get To Know Your Neighbor with The Nayas: "Hypothetical Questions" 4:00 Busy Hands: Napkin Folding 6:30 Nifty 9's Word Game with The Nayas 6:30 Weekend Musical Movie Special: "Dreamer" with Kurt Russell 15	9:30 Dear Abby with The Nayas 10:00 The Honeymooners TV Special: Episodes 17-24 10:00 Outing: Autumn Tour with Ed-"Bull Valley" 11:00 Moving to Music with The Nayas *12:30 WU-Knitting/Crocheting with Resident, Edith-King Arthur Room 1:00 Train Your Brain Games with Renee: "5 Second Rule" *2:00 WU-Baking For A Cause-Room #119 2:30 Sing Along with Nadine 3:30 A-Z with The Nayas: Types of Apples 4:00 Busy Hands: Polishing Silverware 6:30 Board Games with The Nayas 16	9:15 Local News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Coffee Klatch with Blueberry Muffins 11:00 Chicken Soup for the Pet Lover's Soul Readings with The Nayas 11:00-1:00 Crystal Lake Library Card Registration and Signing up for the Outreach Book Program with Marcia-Lobby *1:00 WU-Life Long Learning with Marcia from C.L. Library 1:00-3:00 Cycling Without Age Bike Rides (Please sign up at front desk) 2:00 Play Your Cards Right with The Nayas: "Slap Jack" *2:00 WU-The Tales & Taste of Columbia with Renee-2nd *3:00 WU-HealthPro Wellness with Katy-2nd 3:00 Reminiscing with Old Time Records with The Nayas 4:00 Busy Hands: Dinner Set-Up *6:30 WU-Nightly Meditation with Nancy 17	9:15 Weekly Horoscopes with The Nayas 9:30 Moving to Music with The Nayas *10:00 WU-Culinary Creations with JourneyCare 11:00 Wii Time with The Nayas: "Baseball" 1:00 Thriving Through Music with The Nayas: "Music of Billie Holiday" 2:00 Afternoon Social Hour with The Nayas 2:30 Sing Along with Nadine 3:00 All About Autumn Bingo for Prizes with The Nayas *3:30 WU-Sip n' Thrive Mixology with Ed: "Apple Prosecco"-Lounge 4:00 Busy Hands: Card Sorting 6:30 Jigsaw Puzzle with The Nayas 18	9:15 Moving to Music with Sam 10:00 Lessons of Faith: "The Time Had Fully Come" 10:00 Music and Memories with Kim and Molly-2nd *11:00 WU-Virtual Reality Experience with Sam: "Autumn Around the World" *1:00 WU-Mexican Independent Discussion with Sam 1:30 Win, Lose or Draw with Sam 2:00 Karaoke Hour with Sam *2:00 WU-Hilarious History with Jim: "Messages from the Poet"-2nd *3:00 WU-Get Inspired with Pinterest with Sam: "Popsicle Scarecrow" 4:00 Busy Hands: Yarn Ball 6:15 Outing: Concert in the Park: Miles Over Mountain 6:30 Can You Solve it w/Nayyas: Wheel of Fortune 19	9:15 World News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Reminiscing w/ The Nayas: "Autumn Activities" 10:00 Pearl Vision: Small Repair/Cleaning for your Eyeglasses-Lobby 11:00 Mind Joggers with The Nayas 12:30 Voting Registration with Paula (Please Bring State ID, and 2 things with Name and Address on them)-Lobby 1:00 Fancy Nails with The Nayas 1:30 Best of Dean Martin Variety Show Featuring Bob Hope 2:00 Social Hour with Dave Mehner-MDR 3:30 September in History with The Nayas 4:00 Busy Hands: Circle of Calm 6:30 Beginning of Fall Activity Packet w/ Nayas 20	9:30 Morning Stretch with The Nayas 10:00 America's National Parks: "The Discovering Yosemite" 11:00 This Week in Review with The Nayas 1:00 Drum Circle with The Nayas 2:00 Bingo for Prizes with The Nayas 3:00 Painting 101 with The Nayas: "Fork Painting" 4:00 Busy Hands: Button Sorting 6:30 Hand Massages with The Nayas 6:30 Weekend Movie Special: "Teacher's Pet" with Clark Gable 21
9:00 Slow and Gentle Yoga with The Nayas 9:30 Mass with Holy Name Cathedral 10:00 Catholic Service: Holy Apostles-2nd 11:00 Joseph Meets His Brothers Crossword Puzzle with The Nayas 2:00 Community Project: Coupon Clipping for Food Pantry with The Nayas 3:30 Get To Know Your Neighbor with The Nayas: "Would You Rather" 4:00 Busy Hands: Napkin Folding 6:30 It's N-ice to Know You Game w/ Nayas 6:30 Weekend Movie Special: "I.Q. with Meg Ryan" 22	9:30 Dear Abby with The Nayas 10:00 The Honeymooners TV Special: Episodes 25-32 10:00 Outing: Autumn Tour with Ed-"Along the Fox River" 11:00 Moving to Music with The Nayas *12:30 WU-Knitting/Crocheting-KAR 1:00 Train Your Brain with Renee: "5 Second Rule" *2:30 WU-Slow & Gentle Yoga with Denise-2nd 2:30 Sing Along with Nadine *3:15 WU-Billiards 101 with Ed-Library 3:30 A-Z with The Nayas: Store Names 4:00 Busy Hands: Polishing Silverware 6:30 Board Games with The Nayas 23	9:15 Local News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Coffee Klatch with Chocolate Chip Cookie Dough Rice Krispies 11:00 Chicken Soup for the Gardener's Soul Readings with The Nayas 1:00 Afternoon Stretch with The Nayas 2:00 Play Your Cards Right with The Nayas: "Rummy" *2:00 WU-Card Games 101 with Mark-KAR 3:00 Reminiscing with Old Time Records with The Nayas 4:00 Busy Hands: Dinner Set-Up *6:30 WU-Nightly Meditation with Nancy 24	9:15 Weekly Horoscopes with The Nayas 9:30 Moving to Music with The Nayas *10:00 WU-Culinary Creations with The Nayas: "Apple Crisp" 11:00 Wii Time with The Nayas: "Wheel of Fortune" 1:00 Thriving Through Music with The Nayas: "Music of Bruce Springsteen" 2:00 Afternoon Social Hour with Apple Crisp 2:30 Sing Along with Nadine 3:00 Bible Bingo for Prizes with The Nayas 4:00 Busy Hands: Card Sorting 6:30 Jigsaw Puzzles with The Nayas 25	9:15 Moving to Music with Sam 10:00 Lessons of Faith: "No Greater Love" 10:00 Protestant Service with Immanuel Lutheran Church-2nd *11:00 WU-Virtual Reality Experience with Sam: "Touring an Apple Orchard" *1:00 WU-Trojan War Discussion with Sam 1:30 Autumn Time Hangman with Sam 2:00 Karaoke Hour with Sam *2:00 WU-Brain Blast Challenge w/ JourneyCare-2nd *3:00 WU-Get Inspired with Pinterest with The Nayas: "Wooden Apple" 4:00 Busy Hands: Yarn Ball 6:30 Can You Solve it with The Nayas: Wheel of Fortune 26	9:15 World News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Reminiscing w/ Nayas: "Apple Picking" 11:00 Famous Folks-Trivia, Talk & Ticklers with The Nayas 1:00 Fancy Nails with The Nayas 1:30 The Dean Martin Celebrity Roasts: Frank Sinatra 2:00 Monthly Birthday/Welcome Party with Jeff Dewbray-MDR 3:30 Fact of Fiction with The Nayas 4:00 Busy Hands: Circle of Calm 6:30 Apple Season Activity Packet with The Nayas 27	9:30 Morning Stretch with The Nayas 10:00 America's National Parks: "The Sights and Sounds of Yellowstone" 11:00 This Week in Review with The Nayas 1:00 Question Ball with The Nayas 2:00 Bingo for Prizes with The Nayas 3:00 Painting 101 with The Nayas: "Leaf Painting" 4:00 Busy Hands: Button Sorting 6:30 Hand Massages with The Nayas 6:30 Weekend Movie Special: "Shall We Dance?" with Richard Gere 28
9:00 Slow and Gentle Yoga with The Nayas 9:30 Mass with Holy Name Cathedral 10:00 Catholic Service: Holy Apostles-2nd 11:00 Occupations in the Bible Crossword Puzzle with The Nayas 2:00 Community Project: Coupon Clipping for Food Pantry with The Nayas 3:30 Get To Know Your Neighbor: "Penny Ante" 4:00 Busy Hands: Napkin Folding 6:30 Happy Fall Word Search with The Nayas 6:30 Weekend Movie Special: "National Velvet" with Mickey Rooney 29	9:30 Dear Abby with The Nayas 10:00 The Honeymooners TV Special: Episodes 33-39 10:00 Outing: Autumn Tour with Ed-"Barrington" 11:00 Moving to Music with The Nayas *12:30 WU-Knitting/Crocheting with Resident, Edith-King Arthur Room 1:00 Train Your Brain Games with Renee: "Get The List" *2:00 WU-Laughter Yoga with Renee-2nd 2:30 Sing Along with Nadine *3:15 WU-Billiards 101 with Ed-Library 3:30 A-Z with The Nayas: All Things Autumn 4:00 Busy Hands: Polishing Silverware 6:30 Board Games with The Nayas 30	ACTIVITY LOCATOR KEY				

Staff Appreciation Week Theme Days:
Sunday, September 8: Crazy Hat Day-The crazier the hat, the better!
Monday, September 9: Super Hero Day-Wear your favorite superhero attire
Tuesday, September 10: Tropical Tuesday-Wear your tropical attire
Wednesday, September 11: Sports Day-Wear your favorite team attire
Thursday, September 12: Tie Dye Thursday-Wear your tie dye attire
Friday, September 13: Freaky Friday-Wear your Halloween costume
Saturday, September 14: Dress Your Decade-Wear attire from your birth

Resident Birthday:
9/17 Kathryn Scolaro



All Activities are located in the Gardens, unless otherwise noted.

*Denotes a Watermark University Course
 Calendar is subject to change-Please check the daily sheets for any schedule changes.

2nd-2nd Floor Church Room
 KAR-King Arthur Room
 L-Lobby
 LG-Lounge
 MDR-Main Dining Room
 P-Patio
 3rd-3rd Floor