

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00 Communion with Lucy - B 1	Labor Day BBQ Lunch 10:00 Seated Aerobics - Bistro 11:00 Finish the Line Labor Day Edition-B 12:00 BBQ Lunch & Music by DJ Betsy-D 2	10:00 Chair Yoga- B 1:30 History of the American Flag & Battle of 1777- B 2:00 Blngo - DR 6:00 Discovery with Donna - L 3	10:00 WU: Effects of Aging & Disease & Exercise w/ Wade - B 10:30- Weis Trip 2:00 Large Crossword Puzzle-B 4	10:00 Stretching & Balance - Bistro 10:30 Boscov's Trip 2:00 September IQ and Gazette- Bistro 5	Wear Your Eagles Green 10:00 Building Muscle w/ Weights - B 3:00 Happy Hour - B 8:15- Eagles Game-B 6	10:15 Word Games with Theresa - B Independent Word Games Available in the Bistro 7
Grandparents Day Donuts & Coffee in the Lobby 10:00 Communion with Lucy - B 8	10:00 Seated Aerobics - B 11:00 Peddler's Village Trip 3:30 Corn Hole- P 9	10:00 Chair Yoga- B 2:00 Activity Planning - Bistro 2:30 Vern's Discussion on Music - Bistro 3:45- PJ's Happy Hour 10	10:00 Coordination & Agility Training-B 2:00 WU: The One Room Schoolhouse- B 3:00 Remembrance Day - Bistro 6:30 Barbershop Quartet Dining Room 11	10:00 Stretching & Balance - B 2:00 WU: Prices Then and Now & Price is Right Game-B 12	10:00 Building Muscle w/ Weights - B 3:00 Happy Hour & Massages - B 6:15 Bingo with Jocie - DR 13	Independent Word Games Available in the Bistro 14
10:00 Communion with Lucy - B 2:00 Checkers with Jocie - L 15	10:00 Seated Aerobics - B 2:00 WU: Making Guacamole - B 8:15- Eagles Game-B 16	10:00 Chair Yoga- B 1:30 Meal Planning -DR 2:30 Singer-Minnie-B 6:00 Discovery with Donna - L 17	10:00 Coordination & Agility Training- 2LR 2:00 Resident Council - Bistro 2:30 BBP Store -B 18	10:00 Stretching & Balance - Bistro 11:15 Whitpain Tavern Lunch Trip 2:30 Who, What, Where - Bistro 19	10:00 Building Muscle w/ Weights - Bistro 2:00 Meet the Author- WWII Primer- Bistro 3:00 Happy Hour - Bistro 20	10:15 Word Games with Theresa - B Independent Word Games Available in the Bistro 21
10:00 Communion with Lucy - B 22	10:00 Seated Aerobics - B 2:30 Bill Long - Lobby 23	10:00 Chair Yoga- B 10:30 Nail Salon 2:00 WU: Famous German Americans Who Am I? with Pretzels - B 6:00 Discovery with Donna - L 24	10:00 Coordination & Agility Training- Bistro 2:00 WU: Women's Health - Bistro 3:00 Corn Hole- B 25	10:00 Stretching & Balance - Bistro 2:00 Large Crossword Puzzle - B 26	10:00 Building Muscle w/ Weights - B 3:00 Happy Hour & Birthday Party - B 6:15 Bingo with Jocie - DR 27	Independent Word Games Available in the Bistro 28
10:00 Communion with Lucy - B 2:00 Checkers with Jocie - L 29	10:00 Seated Aerobics - B 10:30 Target Trip 2:00 Beading - B 30	<p>ACTIVITY LOCATOR KEY</p> <p>Activity Locator Key: L - Lobby DR - Dining Room B - 1st Floor Bistro P - Patio</p> <p>Manicures every Wednesday by appointment. Sign up at the front</p> <p>Every Thursday evening join your friends for some jigsaw puzzle therapy in the Bistro</p> <p>Walking Club every Friday at 11:00. Meet in the Lobby and walk around the building, weather permitting</p> <p>Netflix Movies shown every Wednesday at 6:00pm in the Bistro on First Floor See the Daily Sheet for Movie Title</p>				
<p>SEPTEMBER 2024</p> <p>Traditional</p> <p>BLUE BELL PLACE A WATERMARK RETIREMENT COMMUNITYSM</p>		<p><i>Calendar Subject to Change</i></p> <p><i>See Daily Calendar in Lobby for most accurate schedule</i></p>				