

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Morning Workout Daily Chronicle Spiritual Hour Relax & Unwind with Meditation Sounds 1	Let's Get Moving! Daily Chronicle Labor Day BBQ Lunch and Music Movie Monday 2	Move to the Music Daily Chronicle Puzzle Corner WU: The Wonder of Art 3	Seated Fitness Daily Chronicle Manicures Hangman 4	Move Your Body! Daily Chronicle IN2L Games On the Patio with Drinks 5	Seated Fitness Daily Chronicle WU: Arm Chair Travel- Italy Happy Hour 6	Saturday Morning Exercise Daily Chronicle Reminiscing Outdoors 7	
Morning Workout Daily Chronicle Spiritual Hour Relax & Unwind with Meditation Sounds 8	Let's Get Moving! Daily Chronicle Sing Along with Me! Remember When... 9	Move to the Music Daily Chronicle IN2L Games WU: Reading Group- Uplifting Stories 10	Seated Fitness Daily Chronicle Parachute Fun Manicures Wednesday Movie 11	Move Your Body! Daily Chronicle IN2L Games Let's Act it Out! 12	Seated Fitness Daily Chronicle Massages with Tiffany 13	Saturday Morning Exercise Daily Chronicle On the Porch with Music 14	
Morning Workout Daily Chronicle Spiritual Hour Relax & Unwind with Meditation Sounds 15	Let's Get Moving! Daily Chronicle Corn Hole WU: Making Guacomole - B 16	Move to the Music Daily Chronicle WU: Arm Chair Travel- Germany with Pretzels! 17	Seated Fitness Daily Chronicle Manicures Let's Sort Through It 18	Move Your Body! Daily Chronicle IN2L Games Hand Massages 19	Seated Fitness Daily Chronicle 2:00 Sister Angel 3:00 Drinks & Snacks 20	Saturday Morning Exercise Daily Chronicle Fresh Air and the Oldies 21	
Morning Workout Daily Chronicle Spiritual Hour Relax & Unwind with Meditation Sounds 22	Let's Get Moving! Daily Chronicle IN2L Games WU: Reading Group- Uplifting Stories 23	Move to the Music Daily Chronicle WU: Arm Chair Travel - Arizona 24	Seated Fitness Daily Chronicle Manicures Sing a Song with Me! 25	Move Your Body! Daily Chronicle IN2L Games Hand Massages 26	Seated Fitness Daily Chronicle Color My World Friday Movie 27	Saturday Morning Exercise Daily Chronicle Let's Chat Outdoors 28	
Morning Workout Daily Chronicle Spiritual Hour Relax & Unwind with Meditation Sounds 29	Let's Get Moving! Daily Chronicle IN2L Games Making Art with Water! 30	ACTIVITY LOCATOR KEY					
		All activities will take place in the common areas		Calendar Is Subject to Change		Manicures will be done weekly	

SEPTEMBER 2024
Pathways

 **BLUE BELL PLACE**
A WATERMARK RETIREMENT COMMUNITYSM