

# August

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	Dominos 9:30am ROF (JK) Strength & Balance with Mark Wicks 10am YOG Sing-along with Denis 11am PA Hidden History 11:15am MOV (JK) Mobility & Musicality 2:30pm YOG (KL) Book Club 3pm LOB (MB) Champagne & Charcuterie 4pm ROF Trivia Night 5-7pm MOV (MB) Evening News Group: PBS 7pm LIB	Water Aerobics 9:30am POL (MB) Resident Writing Group 11am ROF Shoot A Game of Pool 11:15am PT Rumikube Board Game 1:30pm ROF (KL) Judaism Learning For All 1:45pm LIB Stop & Shop Outing 2pm LOB Beginner Ballroom: Bachata 3pm YOG (MB) Musical Performance by Gary Negbaur 3:45pm PA Game Night: Charades 5:15-7pm MOV (AC)	Saturday Morning Stretch 9:30am YOG (AC) Getting To Know You 10:15pm LOB (AC) Blast From The Past: Rod Stewart AVO Session Basel Full Concert 1:45pm MOV Bingo! 3pm PA (AC) Wine O'clock 4pm PA (AC)
Assumption of The Blessed Virgin Mary Church Trip 9:15am LOB Tech Help 9:30am GAL (JK) Studio Sketching 10:15am AST (JK) Chair Yoga with Gigi 11am YOG Yale Open Course: Ancient Greek History 11am MOV Shoot a Game of Pool 1:30am PT (JK) Needlework & Knitting 2pm LOB High Tea & Pastries 3pm GUS Men's Group: Connect, Share Experiences & Grow in Community 4pm LIB (JK)	Morning Meditation 9:30am MOV (MB) Fitness Fusion 10am YOG (MB) Catholic Communion Service 11am PA Chess 1:15pm CR (JK) Trader Joe's Outing 2pm LOB Poetry Spotlight 2:30pm LOB (JK) Bingo! 3:45pm PA (JK) Conversation Hour 5-7pm PA (JK) Evening News Group: PBS 7pm LIB	Water Aerobics 9:30am POL (KL) Garden Club 10am 4th Floor Courtyard (FW) Art History 10:45am MOV (JK) Walking Club 11am LOB (FW) Digital Directions 1:30pm Jewelry Making 1:30pm AST (AC) Cardio & Weights 3pm YOG (AC) Happy Hour! 3:45pm W	Jigsaw Puzzles 9:30am ROF (FW) Tai Chi 10:15am YOG (AC) Doug Brin Lecture The Decades 10:45am PA Dominos 12:30pm ROF (AC) Summer in the City: Enjoy bites and sounds of Summer 1pm LOB Conversation Hour 1:30pm LOB (FW) Resident Council 1:45pm PA Dance For Parkinson's 2pm LOB Meditation & Breathwork 2:15pm ROF (AC) Arts & Crafts 3pm AST (AC) Film Lecture by Brian Rose : Changing the Face of TV 4pm PA	Dominos 9:30am ROF (JK) Strength & Balance with Mark Wicks 10am YOG Sing-along with Denis 11am PA Hidden History 11:15am MOV (JK) Outing: MET Fashion Exhibit 1pm LOB Mobility & Musicality 2:30pm YOG (KL) Book Club 3pm LOB (FW) Champagne & Charcuterie 4pm ROF Trivia Night 5-7pm MOV (FW) Evening News Group: PBS 7pm LIB	Water Aerobics 9:30am POL (MB) Resident Writing Group 11am ROF Shoot A Game of Pool 11:15am PT Rumikube Board Game 1:30pm ROF (KL) Judaism Learning For All 1:45pm LIB Stop & Shop Outing 2pm LOB Beginner Ballroom: Bachata 3pm YOG (MB) Concert in Motion: A Musical Performance 3:45pm PA Game Night: Charades 5:15-7pm MOV (AC)	Saturday Morning Stretch 9:30am YOG (AC) Getting To Know You 10:15pm LOB (AC) Community Pets: Meet Henry 11am (PA) Blast From The Past: Carpenters in Concert at the New London Theatre - 1976 1:45pm MOV Bingo! 3pm PA (AC) Wine O'clock 4pm PA (AC)
Assumption of The Blessed Virgin Mary Church Trip 9:15am LOB Tech Help 9:30am GAL (JK) Studio Sketching 10:15am AST (JK) Yale Open Course: Ancient Greek History 11am MOV Shoot a Game of Pool 1:30am PT (JK) Needlework & Knitting 2pm LOB High Tea & Pastries 3pm GUS Men's Group: Connect, Share Experiences & Grow in Community 4pm LIB (JK)	Morning Meditation 9:30am MOV (FW) Fitness Fusion 10am YOG (FW) Open Art Studio 10:30am (KL) Catholic Communion Service 11am PA Outing: Bowling at Melody Lanes 1pm LOB Chess 1:15pm CR (JK) Trader Joe's Outing 2pm LOB Poetry Spotlight 2:30pm LOB (JK) Zumba Dance Exercise 3pm YOG (KL) Bingo! 3:45pm PA (JK) Conversation Hour 5-7pm PA (JK) Evening News Group: PBS 7pm LIB	Water Aerobics 9:30am POL (KL) Garden Club 10am 4th Floor Courtyard (FW) Art History 10:45am MOV (JK) Walking Club 11am LOB (FW) Jewelry Making 1:30pm AST (AC) Cardio & Weights 3pm YOG (AC) Happy Hour! 3:45pm W	Jigsaw Puzzles 9:30am ROF (FW) Tai Chi 10:15am YOG (AC) Doug Brin Lecture The Decades 10:45am PA Dominos 12:30pm ROF (AC) Political Lecture with Muneeb Zia 1:15pm PA Dance For Parkinson's 2pm LOB Dining Council 2:15pm PA Meditation & Breathwork 2:15pm ROF (AC) Arts & Crafts 3pm AST (AC) JEOPARDY! 4pm PA (FW)	Dominos 9:30am ROF (JK) Strength & Balance with Mark Wicks 10am YOG Sing-along with Denis 11am PA Hidden History 11:15am MOV (JK) Mobility & Musicality 2:30pm YOG (KL) Book Club 3pm LOB (FW) Champagne & Charcuterie 4pm ROF Trivia Night 5-7pm MOV (FW) Evening News Group: PBS 7pm LIB	Water Aerobics 9:30am POL (KL) Resident Writing Group 11am ROF Shoot A Game of Pool 11:15am PT Rumikube Board Game 1:30pm ROF (KL) Judaism Learning For All 1:45pm LIB Stop & Shop Outing 2pm LOB Beginner Ballroom: Bachata 3pm YOG (MB) Musical Performance by Lee Glantz 3:45pm PA Game Night: Charades 5:15-7pm MOV (AC)	Saturday Morning Stretch 9:30am YOG (AC) Getting To Know You 10:15pm LOB (AC) Community Pets: Cannoli Rose 11am (PA) Blast From The Past: "CHER" LIVE IN CONCERT 2019 in HD! 1:45pm MOV Bingo! 3pm PA (AC) Wine O'clock 4pm PA (AC)
Assumption of The Blessed Virgin Mary Church Trip 9:15am LOB Tech Help 9:30am GAL (JK) Studio Sketching 10:15am AST (JK) Yale Open Course: Ancient Greek History 11am MOV Shoot a Game of Pool 1:30am PT (JK) Needlework & Knitting 2pm LOB High Tea & Pastries 3pm GUS Men's Group: Connect, Share Experiences & Grow in Community 4pm LIB (JK)	Morning Meditation 9:30am MOV (FW) Fitness Fusion 10am YOG (FW) Open Art Studio 10:30am (KL) Catholic Communion Service 11am PA Former Talent Agent Elliot Gordon 2pm PA Trader Joe's Outing 2pm LOB Zumba Dance Exercise 3pm YOG (KL) Bingo! 3:45pm PA (JK) Conversation Hour 5-7pm PA (JK) Evening News Group: PBS 7pm LIB	Water Aerobics 9:30am POL (KL) Garden Club 10am 4th Floor Courtyard (FW) Art History 10:45am MOV (JK) Walking Club 11am LOB (FW) Jewelry Making 1:30pm AST (AC) Cardio & Weights 3pm YOG (AC) Happy Hour! 3:45pm W	Jigsaw Puzzles 9:30am ROF (FW) Tai Chi 10:15am YOG (AC) Doug Brin Lecture The Decades 10:45am PA Outing: Mets Game at Citi Field 12pm LOB Dominos 12:30pm ROF (AC) Conversation Hour 1:30pm LOB (FW) Schmoozel - Meet with fellow residents and Resident Relation Director, Cristina 1:45 PA Dance For Parkinson's 2pm LOB Meditation & Breathwork 2:15pm ROF (AC) Arts & Crafts 3pm AST (AC) JEOPARDY! 4pm PA (FW)	Dominos 9:30am ROF (JK) Strength & Balance with Mark Wicks 10am YOG Sing-along with Denis 11am PA Hidden History 11:15am MOV (JK) Mobility & Musicality 2:30pm YOG (KL) Book Club 3pm LOB (FW) Champagne & Charcuterie 4pm ROF Trivia Night 5-7pm MOV (FW) Evening News Group: PBS 7pm LIB	Water Aerobics 9:30am POL (KL) Resident Writing Group 11am ROF Shoot A Game of Pool 11:15am PT Rumikube Board Game 1:30pm ROF (KL) Judaism Learning For All 1:45pm LIB Stop & Shop Outing 2pm LOB Love Letters: A Two Person Play 3pm PA Game Night: Charades 5:15-7pm MOV (DP)	Saturday Morning Stretch 9:30am YOG (DP) Getting To Know You 10:15pm LOB (DP) Community Pets: Meet Henry 11am (PA) Blast From The Past: The Temptations - Live in Concert 1:45pm MOV Bingo! 3pm PA (DP) Wine O'clock 4pm PA (DP)
Assumption of The Blessed Virgin Mary Church Trip 9:15am LOB Tech Help 9:30am GAL (JK) Studio Sketching 10:15am AST (JK) Chair Yoga with Gigi 11am YOG Yale Open Course: Ancient Greek History 11am MOV Shoot a Game of Pool 1:30am PT (JK) Needlework & Knitting 2pm LOB High Tea & Pastries 3pm GUS Men's Group: Connect, Share Experiences & Grow in Community 4pm LIB (JK)	Morning Meditation 9:30am MOV (FW) Fitness Fusion 10am YOG (FW) Open Art Studio 10:30am (KL) Catholic Communion Service 11am PA Chess 1:15pm CR (JK) Trader Joe's Outing 2pm LOB Poetry Spotlight 2:30pm LOB (JK) Zumba Dance Exercise 3pm YOG (KL) Bingo! 3:45pm PA (JK) Conversation Hour 5-7pm PA (JK) Evening News Group: PBS 7pm LIB	Water Aerobics 9:30am POL (KL) Garden Club 10am 4th Floor Courtyard (FW) Art History 10:45am MOV (JK) Walking Club 11am LOB (FW) Jewelry Making 1:30pm AST (MB) Cardio & Weights 3pm YOG (MB) Happy Hour! 3:45pm W Monthly Restaurant Club: Chama Mama 5pm LOB	Jigsaw Puzzles 9:30am ROF (FW) Tai Chi 10:15am YOG (AC) Dominos 12:30pm ROF (AC) Conversation Hour 1:30pm LOB (FW) Give Back! Stuff a Teddy Bear to give to kids in need 2pm AST Dance For Parkinson's 2pm LOB Meditation & Breathwork 3pm ROF (AC) JEOPARDY! 4pm PA (FW)	Dominos 9:30am ROF (JK) Sing-along with Denis 11am PA Hidden History 11:15am MOV (JK) Mobility & Musicality 2:30pm YOG (KL) Book Club 3pm LOB (FW) Champagne & Charcuterie 4pm ROF Trivia Night 5-7pm MOV (FW) Evening News Group: PBS 7pm LIB	Water Aerobics 9:30am POL (KL) Resident Writing Group 11am ROF Shoot A Game of Pool 11:15am PT Rumikube Board Game 1:30pm ROF (KL) Judaism Learning For All 1:45pm LIB Stop & Shop Outing 2pm LOB Beginner Ballroom: Bachata 3pm YOG (MB) Film Lecture by Brian Rose: On The Town 4pm PA Game Night: Charades 5:15-7pm MOV (AC)	Saturday Morning Stretch 9:30am YOG (AC) Getting To Know You 10:15pm LOB (AC) Blast From The Past: Jimmy Buffett: Live At The Bay, 1985 Concert, Miami 1:45pm MOV Bingo! 3pm PA (AC) Wine O'clock 4pm PA (AC)

## AUGUST 2024

**Driver/Ride Info:**  
 Sign ups are required **24 hours in advance** by calling or texting at **(347) 519-9640** or **(929) 675-5081**

**Movie Theatre:**  
 Movie Showings are daily at 1:45pm and 7:30pm. A full list of weekly titles and descriptions is located outside the Movie Theatre on C level.

**Location Key:**

Rooftop	<b>ROF</b>
Lobby	<b>LOB</b>
Library	<b>LIB</b>
Yoga Studio	<b>YOG</b>
Art Studio	<b>AST</b>
Cards Room	<b>CR</b>

Swimming Pool  
 Performing Arts  
 Fitness Center  
 W Restaurant  
 Movie Theatre  
 Pool Table  
 Art Gallery

<b>POL</b>
<b>PA</b>
<b>FIT</b>
<b>W</b>
<b>MOV</b>
<b>PT</b>
<b>GAL</b>

**Instructor Key:**

<b>KL</b>	Kellie Liberto
<b>JK</b>	James Klobe
<b>AC</b>	Akima Colbert
<b>FW</b>	Fiona White
<b>MB</b>	Melia Baquian
<b>DP</b>	Dominick Porco