

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Trips: Grease at Rhinebeck Performing Arts - 9th Adams Garden Show - 27th	Returning to the Living Room: Gloria's Line Dancers - 10th Nancy Paroli Concert - 17th Music Appreciation - 24th	Special Lunch Events: Soul Food Theme Lunch - 11th Pizza Lunch - 19th	Art History Films: 6th: Maverick Modigliani 13th: Rivers & Tides, Andy Goldsworthy 27th: Wyeth	New: Bible Study w/ Pastor Kyle is now located in the Living Room*	Duncin'Donuts & Coffee Social -7th Valentine's Party - 14th! Manicures w/ Brittney - 21st Wine & Cheese Happy Hour - 28th	10:30 Pool Noodle Fitness* - LR 11:15 Brain Game: Word Magic - LR 1:00 Virgin River S6, E7 - 591 2:00 Popcorn & A Movie: Crazy on the Outside - 591, LR 4:00 Intergenerational Piano Sing Along w/ Judith - LR
9:30 Church Trip 10:00 Catholic Mass - LR, 591 10:30 Fitness w/Raegan* - LR 11:00 Coffee/Pastry Social - LR 11:15 Good News Network - LR 2:00 Film: Paint Your Wagon - 591, LR 2:30 Bingo w/ prizes - UL	10:25 Mission Meet Up - LR 10:30 Fab, Fit & Fun* - LR 11:00 Brain Game: Word Wow! - LR 1:30 Knit/Crochet w/ Jen* - UL 2:00 Scrabble - LR 3:00 Opera Part 1: The Elixir of Love by Gaetano Donizetti* - A 7:00 Film: Sherlock Holmes: A Game of Shadows - LR, 591	10:25 Mission Meet Up - LR 10:30 Chair Yoga* - LR 11:00 Brain Games: V-Day This or That - LR 11:30 Inventions Series- 591 2:00 Wii Bowling - LR 2:30 Raegan's Rounds - Apt. Visits 3:30 Art w/ Ellen* - LR 4:00 Deb's Update Meeting - A	10:25 Mission Meet Up - LR 10:30 Fitness First!* - LR 11:00 Woodshop* - AR 11:15 Hangman - LR 2:00 Ping Pong - LR 3:00 New Game: Blank Slate - LR 3:00 Active Aging Seminar w/ Sarah: Heart Health* - AL	10:00 WU Equine Therapy - Inn 11:00 This Date in History* - LR 11:30 American History - 591 2:00 Pictionary - LR 2:00 Art History w/ Ellen* - A 3:30 Art History Discussion* - AR 3:30 Catholic Communion - LR 3:45 Bible Study w/ Kyle* - Inn 6:30 Game Night w/ Amber & Chris - UL	10:25 Mission Meet Up - LR 10:30 Rehab Workout* - LR 11:15 Duncin'Donuts & Coffee Social - LR 1:00 Philosophy Series: AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Crafts w/ Jess & Dave: Heart Ornaments* - LR 4:00 Shabbat Shalom - PDR	10:30 Pool Noodle Fitness* - LR 11:15 Brain Game: Word Magic - LR 1:00 Virgin River S6, E8 - 591 2:00 Popcorn & A Movie: Sabrina (1954) - 591, LR 4:00 Intergenerational Piano Sing Along w/ Judith - LR
9:30 Church Trip 10:00 Catholic Mass - LR, 591 10:30 Fitness w/Raegan* - LR 11:00 Coffee/Pastry Social - LR 11:15 Good News Network - LR 1:45 Trip: Grease @ RPA 2:00 Film: In the Heart of Sea - 591, LR 6:00 Superbowl Party! - LR	10:25 Mission Meet Up - LR 10:30 Fab, Fit & Fun* - LR 11:00 Brain Game: Riddles - LR 1:30 Knit/Crochet w/ Jen* - UL 2:00 Scrabble - LR 3:00 Opera Part 2: The Elixir of Love by Gaetano Donizetti* - A 3:00 Gloria's Line Dancers - LR 4:00 Adopt a Grandparent - LR 7:00 Film: Great Expectations - LR, 591	10:25 Mission Meet Up - LR 10:30 Chair Yoga* - LR 11:00 Brain Games: - LR 11:30 Inventions Series- 591 12:15 Soul Food Theme Lunch - Inn DR 2:00 Wii Bowling - LR 2:30 Raegan's Rounds - Apt. Visits 3:30 Art w/ Ellen* - LR	10:25 Mission Meet Up - LR 10:30 Fitness First!* - LR 11:00 Woodshop* - AR 11:15 Valentine's Day Trivia - LR 2:00 New Wicked Film w/ Refreshments - LR	10:25 Mission Meet Up - LR 10:30 Fitness Flow* - LR 11:00 This Date in History* - LR 11:30 American History - 591 2:00 Bingo - LR 2:00 Art History w/ Ellen* - A 3:30 Art History Discussion* - AR 3:30 Catholic Communion - LR 3:45 Bible Study w/ Kyle* - Inn	10:25 Mission Meet Up - LR 10:30 Rehab Workout* - LR 11:15 Singalong* - LR 1:00 Philosophy Series: AL, 591 2:00 Trivial Pursuit w/ Dave AL 3:00 Valentine's Day Dance Party w/ Frankie Keene - A 4:00 Shabbat Shalom - PDR	10:30 Pool Noodle Fitness* - LR 11:15 Brain Game: Word Magic - LR 1:00 Virgin River S6, E9 - 591 2:00 Popcorn & A Movie: Only You - 591, LR 4:00 Intergenerational Piano Sing Along w/ Judith - LR
9:30 Church Trip 10:00 Catholic Mass - LR, 591 10:30 Fitness w/Raegan* - LR 11:00 Coffee/Pastry Social - LR 11:15 Good News Network - LR 2:00 Black History Month Film: The Six Triple Eight - 591, LR 2:30 Team Game: Smart Alec - UL	10:25 Mission Meet Up - LR 10:30 Fab, Fit & Fun* - LR 11:00 Brain Game: Thinkers - LR 1:30 Knit/Crochet w/ Jen* - UL 1:30 Doc: Borealis - AL 591 2:00 Nancy Paroli & Jeff Semancik Sock Hop Concert LR 7:00 Presidents Day Film: PBS Documentary: Jimmy Carter, Part 1 - LR, 591	10:25 Mission Meet Up - LR 10:30 Chair Yoga* - LR 11:00 Brain Games: - LR 11:30 Inventions Series- 591 2:00 Wii Bowling - LR 2:30 Raegan's Rounds - Apt. Visits 3:30 Art w/ Ellen* - LR 4:15 Edwin's Prayer Group - AL	10:25 Mission Meet Up - LR 10:30 Fitness First!* - LR 11:00 Woodshop* - AR 11:00 Resident Council- LR 12:15 PIZZA Lunch - Dining Room 2:00 Saxophone Name That Tune - LR 3:15 Father Matt's Service- AL	10:25 Mission Meet Up - LR 10:30 Fitness Flow* - LR 11:00 This Date in History* - LR 11:30 American History - 591 2:00 Scrabble- LR 2:30 Minton Art Opening - AG 3:30 Catholic Communion - LR 3:45 Bible Study w/ Kyle* Inn	10:25 Mission Meet Up - LR 10:30 Rehab Workout* - LR 11:15 Singalong* - LR 1:00 Philosophy Series: AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Crafts w/ Jess & Dave: Wooden Heart Decor* - LR 3:15 Manicures w/ Brittney LR 4:00 Shabbat Shalom - PDR	10:30 Pool Noodle Fitness* - LR 11:15 Brain Game: Word Magic - LR 1:00 Virgin River S6, E10 - 591 2:00 Popcorn & A Movie: Thelma - 591, LR 4:00 Intergenerational Piano Sing Along w/ Judith - LR
9:30 Church Trip 10:00 Catholic Mass - LR, 591 10:30 Fitness w/Raegan* - LR 11:00 Coffee/Pastry Social - LR 11:15 Good News Network - LR 2:00 Film: Maria - 591, LR	10:25 Mission Meet Up - LR 10:30 Fab, Fit & Fun* - LR 11:00 Brain Game: Apples to Apples- LR 1:30 Knit/Crochet w/ Jen* - UL 2:00 Music Appreciation w/ Dr. Mullee: Favorite Love Songs* - LR 3:00 Scrabble - LR 7:00 Film: Jimmy Carter, Part 2 - LR, 591	10:25 Mission Meet Up - LR 10:30 Chair Yoga* - LR 11:00 Brain Games: - LR 11:30 Inventions Series- 591 2:00 Wii Bowling - LR 2:30 Raegan's Rounds - Apt. Visits 3:30 Art w/ Ellen* - LR 4:00 The Everly Brothers, Harmonies From Heaven - 591 only (59 min)	10:25 Mission Meet Up - LR 10:30 Fitness First!* - LR 11:00 Woodshop* - AR 11:15 Word Scramble - LR 2:00 Balloon Volleyball - LR 3:00 Crazy Eights & Cranberry Spritzers - LR	10:00 Trip: Adams Garden Show 11:30 American History - 591 2:00 Board Game: Clue - LR 2:00 Art History w/ Ellen* - A 3:30 Art History Discussion* AR 3:30 Catholic Communion - LR 3:45 Bible Study w/ Kyle* - Inn 5:00 Birthday Dinner - PDR	10:25 Mission Meet Up - LR 10:30 Rehab Workout* - LR 11:15 Singalong* - LR 1:00 Philosophy Series 591 2:00 Team Trivia Pursuit - AL 2:00 Crafts w/ Jess & Dave: Free Paint* - LR 3:15 Wine & Cheese Happy Hour - LR 4:00 Shabbat Shalom - PDR	A - Auditorium AG - Art Gallery AL - Allen Lounge AR - Art Room BIS - Bistro CS - Country Store DR - Dining Room L - Library LOB - Main Lobby LR - Living Room at the Inn

FEBRUARY 2025

INN



AT MILLBROOK
A WATERMARK RETIREMENT COMMUNITYSM

ACTIVITY LOCATOR KEY

Your Community Life Team:
Lisa Rieckermann, Director
Jennifer Bourque, Associate
Raegan Haege, Associate
Jessica Kaufman, Associate
845-905-8102

Please check channel 591 daily for updates from various departments, including daily program schedules.

EXERCISE - DARK RED
MUSIC - PURPLE
SPIRITUAL/THERAPEUTIC - BLUE
ARTS & CRAFTS - DARK ORANGE
EDUCATION/SOCIAL - BLACK
VOCATIONAL - TEAL
TRIPS - GREEN
HEALTH - PINK

Watermark University classes, taught by a live instructor & are indicated by an *

NL - North Lounge
PDR - Private Dining Room
UL - Upper Lobby
WS - Woodshop (1A)