

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Happy January Birthdays: Harry B. 01/04 Ruth W. 01/09 Ralph Z. 01/12 William D. 01/29 Lorraine S. 1/23 Ruth J. 01/22 Carol 01/25 Pat H. 01/27 William D. 01/29			New Years Day Our Daily Bread Reading WU: Flight of the Butterflies Seated Zumba Creative Corner Basketball Dunk! 3:00 Travel With Beth - AR Winter Word Search Game of Choice Evening Movie	10:00 St. Charles Catholic Communion Service -MP Improved Health Fitness Class 1:30 Creative Corner: Art For The Young At Heart - MP Balloon Volleyball Guess in 10: US States Healthy Hands Spa Game of Choice Evening Movie	Elvis Karaoke Social Seated Yoga Armchair Passport Noodle Ball Creative Corner 3:00 Happy Hour with Karen LaBella -SR Memory Match-Up Game of Choice Evening Movie	Happy Birthday Harry B. Searching for January Priority One Fitness Rooftop Toss WU: Dancing with the Birds Spiritual Eldercare Church Service on YouTube Saturday Social Game of Choice Evening Movie
Morning Hymn Sing Along Daily TV Mass HAS Fit Exercise 2:00 Visits With Chaplain Shuman - MP Putt Putt Golf WU: All About Elvis! Table Puzzle Social Game of Choice Evening Movie	8:00 Out & About: Breakfast at IHOP Baking Club Seated Tai Chi Exercise 1:30 Music Therapy with Katie Cardio Drumming Hot Cocoa Social Ping Pong Dunk Game of Choice Evening Movie	Our Daily Bread Reading Ageless Aerobics 10:30 Movie in the Starlite Theater: Jumanji Bocce Ball 2:45 Engage VR Let's Explore VR! - AR Make A Word Game of Choice Evening Movie	Book Club January IQ Trivia Seated Zumba Laughter Yoga Fact or Fiction? Trivia 3:30 Elvis PB & Banana Sandwich Social -AR Football Toss Game of Choice Evening Movie	Happy Birthday Ruth W. 10:00 St. Charles Catholic Communion Service -MP 10:00 Art with Kaitlin Roney Improved Health Fitness Class 2:00 January Birthday Social -AR Balloon Volleyball Healthy Hands Spa Game of Choice Evening Movie	January Jeopardy Creative Corner Seated Yoga Horse Races Dice Game Bowling 3:00 Happy Hour with Fred DiCeaser -SR Memory Match-Up Game of Choice Evening Movie	Name That Tune! 10:00 Board Games -MP Priority One Fitness Noodle Ball 2:00 Hot Toddy Day -Hot Toddy Social -AR WU: Biography of Betty White Bananagrams Game of Choice Evening Movie
Happy Birthday Ralph Z. Morning Hymn Sing Along Daily TV Mass HAS Fit Exercise WU: The Beatles' Now & Then Cornhole Afternoon Matinee: The Parent Trap January Pair Up Game of Choice Evening Movie	Daily Chronicle Chat Baking Club: Chocolate Chip Cookies Seated Tai Chi Exercise 1:30 Music Therapy with Katie Cardio Drumming Afternoon Social Ping Pong Toss Game of Choice Evening Movie	Holy Rosary Creative Corner Ageless Aerobics Bocce Ball Remembering Etta James Music Shake Loose A Memory Category Wheel of Fortune Game of Choice Evening Movie	Book Club Our Daily Bread Reading Seated Zumba 11:00 Out & About: Lunch at The Olympia Armchair Passport Super Bowl Trivia Football Toss Game of Choice Evening Movie	10:00 St. Charles Catholic Communion Service -MP Improved Health Fitness Class 1:30 Creative Corner: Art For The Young At Heart - MP Balloon Volleyball 3:30 Popcorn Bar Social-AR Healthy Hands Spa Game of Choice Evening Movie	Charades 10:00 A Better You! with Beth - MP Benjamin Franklin Day Trivia Putt Putt Golf Family Feud 3:00 Happy Hour with Brian & Linda -SR Game of Choice Evening Movie	Who Am I? Trivia Priority One Fitness Noodle Ball WU: William Holden: The Golden Boy on YouTube Spiritual Eldercare Church Service on YouTube Saturday Social Game of Choice Evening Movie
Activity Professionals Week Morning Hymn Sing Along Daily TV Mass HAS Fit Exercise Bowling 2:00 Visits With Chaplain Shuman - MP WU: Tea Time on Netflix Game of Choice Evening Movie	Martin Luther King Jr. Day Cheese Lovers Day Trivia Elvis Blue Shoes Game Seated Tai Chi Exercise 1:30 Music Therapy with Katie Cardio Drumming 3:30 What's Your Favorite Cheese?- AR Artistic Expressions Game of Choice Evening Movie	Our Daily Bread Reading Ageless Aerobics 11:00 Out & About: Visit to the Lamberton Conservatory Armchair Passport Bocce Ball Creative Corner Game of Choice Evening Movie	Happy Birthday Ruth J. Book Club 10:00 Piano Music with Steve -GR Seated Zumba 1:00 Movie in the Starlite Theater: Casablanca Basketball Dunk! Laughter Yoga Game of Choice Evening Movie	Happy Birthday Lorraine S. 10:00 St. Charles Catholic Communion Service -MP 10:00 Art with Kaitlin Roney Improved Health Fitness Class Roll A Pizza Dice Game 2:00 Fitness with Denise-AR Healthy Hands Spa Putt Putt Golf Game of Choice	Make A Word Baking Club Seated Yoga Give Back Program Bowling 3:00 Happy Hour with Boris Vodofinsky- SR Winter Word Search Game of Choice Evening Movie	Happy Birthday Carol B. Daily Chronicle Chat 10:00 Chinese New Year Tea Social -MP Priority One Fitness 1:30 Travel W/ Linda - AR Noodle Ball WU: The Lunar New Year Game of Choice Evening Movie
Morning Hymn Sing Along Daily TV Mass HAS Fit Exercise Noodle Ball WU: The Life of Laura Ingalls Creative Corner Afternoon Matinee: Father of the Bride Game of Choice Evening Movie	Happy Birthday Pat H. 10:45 KCS D Band & Chorus Concert-SR Seated Tai Chi Exercise 1:30 Music Therapy with Katie Cardio Drumming Winter Word Games Bowling Game of Choice Evening Movie	Holy Rosary Ageless Aerobics 11:00 Out & About: Visit to the Rochester Museum & Science Center Bocce Ball 2:00 3-D Tea Cup Craft-MP 3:30 Tea Party Social -AR Game of Choice Evening Movie	Happy Birthday Bill D. Book Club Our Daily Bread Reading 10:00 Kumquat: A Symbol of Luck Seated Zumba Give Back Program Reminiscing: Winter Sports Football Toss Game of Choice	Daily Chronicle Chat 10:00 St. Charles Catholic Communion Service -MP Improved Health Fitness Class The Loan Ranger Day Trivia Balloon Volleyball Finish The Phrase Healthy Hands Spa Game of Choice Evening Movie	10:00 National Hot Chocolate Day Social- MP Seated Yoga Putt Putt Golf Creative Corner 3:00 Happy Hour with Top Brass -SR Memory Match-Up Game of Choice Evening Movie	Calendar subject to change. Please refer to Daily Activity Sheets located at the front desk for the most accurate information.

JANUARY 2025 Gardens

ACTIVITY LOCATOR KEY	
AR - Bovenzi Activity Room	GR - Gardens
ST - Lisa's Starlite Theater	MP - Multipurpose Room
SR - Sunrise Dining Room	

EVENT KEY:

- Body
- Community
- Mind
- Spirit

Casey Jurs
 Community Living Director
 (585) 546-7275
 CLJurs@watermarkcommuniities.com