

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Happy New Year! 10:25 Mission Meet Up - LR 10:30 Fitness First!* - LR 11:15 Memory Madness - LR 2:00 Gordon George Concert - LR	10:00 Equine Therapy - LR 11:00 This Date in History* - LR 11:30 American History - 591 2:00 Bird Bingo - LR 2:00 Art History w/ Ellen* - A 3:00 Art History Discussion* - AR 3:30 Catholic Communion - LR 3:30 Bible Study w/ Kyle* - L 6:30 Game Night - UL	10:25 Mission Meet Up - LR 10:30 Rehab Workout* - LR 11:15 Singalong* - LR 1:00 Philosophy Series: AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Projects w/ Dave* - LR 4:00 Shabbat Shalom - PDR	10:30 Pool Noodle Fitness - LR 11:15 Brain Game: Word Magic - LR 2:00 Film: Here 2024 - 591, A, LR 2:15 Crafts w/ Jess: Let's Build a Snowman - AR 4:00 Piano Sing Along w/ Judith - LR
9:30 Church Trip 10:00 Catholic Mass - LR, 591 10:30 Fitness w/ Jen - LR 11:00 Coffee/Pastry Social - LR 11:15 Good News Network - LR 2:00 Film: Mary - 591, LR, A 2:30 Team Game - Bingo w/ Prizes - UL	10:25 Mission Meet Up - LR 10:30 Fab, Fit & Fun - LR 11:00 Brain Game: Word Wow! - LR 1:00 Documentary: The China Story: Ancestors - 591 1:30 Knit/Crochet w/ Jen* - UL 2:00 Scrabble - LR 3:00 Lance Lavender Concert - A 7:00 Classic Film: Key Largo - LR, 591	10:25 Mission Meet Up - LR 10:30 Chair Yoga* - LR 11:00 Brain Games: Scattergories - LR 11:30 Inventions Series - AL 2:00 Documentary: The Only Girl in the Orchestra - 591 2:00 Cornhole - LR 2:30 Raegan's Rounds - Apt. Visits 3:30 Art w/ Ellen* - LR 4:00 Deb's Update Meeting - A	10:25 Mission Meet Up - LR 10:30 Fitness First!* - LR 11:00 Woodshop* - AR 11:15 Finish the Lyrics - LR 1:00 Documentary: Legends in Concert: Old Time Rock n Roll - 591 2:00 Conversation Ball - LR 3:00 Active Aging Seminary w/ Sarah - AL	10:25 Mission Meet Up - LR 10:30 Fitness Flow* - LR 11:00 This Date in History* - LR 11:30 American History - 591 2:00 Pictionary - LR 2:00 Art History w/ Ellen* - A 3:00 Art History Discussion* - AR 3:30 Catholic Communion - LR 3:30 Bible Study w/ Kyle* - L 6:30 Game Night - UL	10:25 Mission Meet Up - LR 10:30 Rehab Workout* - LR 11:15 Singalong* - LR 1:00 Philosophy Series - AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Projects w/ Dave* - LR 4:00 Shabbat Shalom - PDR	10:30 Pool Noodle Fitness - LR 11:15 Brain Game: Word Magic - LR 2:00 Film: Joy, the Birth of IVF - 591, A, LR 2:15 Crafts w/ Jess: Let it snow - a Snowman Ornament - AR 4:00 Piano Sing Along w/ Judith - LR
9:30 Church Trip 10:00 Catholic Mass - LR, 591 10:30 Fitness w/ Raegan - LR 11:00 Coffee/Pastry Social - LR 11:15 Good News Network - LR 2:00 Classic Film: The Shop Around the Corner - 591, LR, A 2:30 Team Game: Family Feud - LR	10:25 Mission Meet Up - LR 10:30 Fab, Fit & Fun - LR 11:00 Brain Game: Hangman - LR 1:00 Documentary: The China Story: Silk Roads - 591 1:30 Knit/Crochet w/ Jen* - UL 2:00 Apple to Apples - LR 3:00 Binghamton Crosbys Acappella Concert - A 7:00 Film: Average Joe - LR, 591	10:25 Mission Meet Up - LR 10:30 Chair Yoga* - LR 11:00 Brain Games: Catch Phrase - LR 11:30 Inventions Series - AL 12:15 Chinese Theme Lunch - Dining Room 2:00 Wii Bowling - LR 2:30 Raegan's Rounds - Apt. Visits 3:30 Art w/ Ellen* - LR	10:25 Mission Meet Up - LR 10:30 Fitness First!* - LR 11:00 Woodshop* - AR 11:15 Scattergories - LR 12:15 PIZZA LUNCH - Dining Room 1:00 Dancing w/ the Birds - 591 2:00 Saxophone Name that Tune - LR 3:15 Father Matt's Service - AL	10:25 Mission Meet Up - LR 10:30 Fitness Flow* - LR 11:00 This Date in History* - LR 11:30 American History - 591 2:00 Bingo - LR 3:30 Catholic Communion - LR 3:30 Bible Study w/ Kyle* - L 6:30 Game Night - UL	10:25 Mission Meet Up - LR 10:30 Rehab Workout* - LR 11:15 Singalong* - LR 1:00 Philosophy Series - AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Projects w/ Dave* - LR 3:30 Manicures w/ Brittney - LR 4:00 Shabbat Shalom - PDR	10:30 Pool Noodle Fitness - LR 11:15 Brain Game: Word Magic - LR 2:00 Film: It Ends With Us - 591, A, LR 2:15 Crafts w/ Jess: Jewelry Making - AR 4:00 Piano Sing Along w/ Judith - LR
9:30 Church Trip 10:00 Catholic Mass - LR, 591 10:30 Fitness w/ Raegan - LR 11:00 Coffee/Pastry Social - LR 11:15 Good News Network - LR 2:00 Art Opening: Barbara Braun - AG	10:25 Mission Meet Up - LR 10:30 Fab, Fit & Fun - LR 11:00 Brain Game: Word Scramble - LR 1:00 Documentary: The China Story: Golden Age - 591 1:30 Knit/Crochet w/ Jen* - UL 2:00 Scrabble - LR 3:00 Opera part 1: Die Fledermaus by Offenbach* - A 7:00 Film: Dr. Martin Luther King Jr., A Historical Perspective - LR	10:25 Mission Meet Up - LR 10:30 Inn Trip: Dunkin Donuts in Dover 10:30 Chair Yoga* - LR 11:00 Brain Games: Riddles - LR 11:30 Inventions Series - AL 2:00 Wii Bowling - LR 2:30 Raegan's Rounds - Apt. Visits 3:30 Art w/ Ellen* - LR 4:15 Edwin's Prayer Group - AL	9:00 Trip: Daily Planet Diner 10:25 Mission Meet Up - LR 10:30 Fitness First!* - LR 11:00 Woodshop* - AR 11:15 Are you Smarter than a 5th Grader - LR 1:00 Doc: Hack Your Health: The Secrets of Your Gut - 591 2:00 The Price is Right - LR 3:00 African Drumming* - A	10:25 Mission Meet Up - LR 10:30 Fitness Flow* - LR 11:00 This Date in History* - LR 11:30 American History - 591 2:00 Ping Pong - LR 2:00 Art History w/ Ellen* - A 3:00 Art History Discussion* - AR 3:30 Catholic Communion - LR 3:30 Bible Study w/ Kyle* - L 5:00 Birthday Dinner - PDR 6:30 Game Night - UL	10:25 Mission Meet Up - LR 10:30 Rehab Workout* - LR 11:15 Singalong* - LR 1:00 Philosophy Series - AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Projects w/ Dave* - LR 3:30 Wine & Cheese Social - LR 4:00 Shabbat Shalom - PDR	10:30 Pool Noodle Fitness - LR 11:15 Brain Game: Word Magic - LR 2:00 Film: Casablanca - 591, A, LR 2:15 Trivia w/ Jen - LR 4:00 Piano Sing Along w/ Judith - LR
9:30 Church Trip 10:00 Catholic Mass - LR, 591 10:30 Fitness w/ Raegan - LR 11:00 Coffee/Pastry Social - LR 11:15 Good News Network - LR 2:00 Film: Maria - LR, A 2:30 Team Game: Smart Alec - LR	10:25 Mission Meet Up - LR 10:30 Fab, Fit & Fun - LR 11:00 Brain Game: Thinklers - LR 1:00 Documentary: The China Story: The Ming - 591 1:30 Knit/Crochet w/ Jen* - UL 2:00 Uno - LR 3:00 Opera part 2: Die Fledermaus by Offenbach* - A 7:00 Film: Twilight Zone, The Movie - LR, 591	10:25 Mission Meet Up - LR 10:30 Chair Yoga* - LR 11:00 Brain Games: Name that Tune - LR 11:30 Inventions Series - AL 1:00 Documentary: The China Story: The Last Empire - 591 2:00 Wii Bowling - LR 2:30 Raegan's Rounds - Apt. Visits 3:30 Art w/ Ellen* - LR	10:25 Mission Meet Up - LR 10:30 Fitness First!* - LR 11:00 Woodshop* - AR 11:15 Name Five! - LR 1:00 Documentary: The China Story: The Age of Revolution - 591 2:00 Balloon Volley - LR 3:15 Strawberry Hill Fiddlers Recital - LR	10:25 Mission Meet Up - LR 10:30 Fitness Flow* - LR 11:00 This Date in History* - LR 11:30 American History - 591 2:00 Scrabble - LR 3:30 Catholic Communion - LR 3:30 Bible Study w/ Kyle* - L 6:30 Game Night - UL	10:25 Mission Meet Up - LR 10:30 Rehab Workout* - LR 11:15 Singalong* - LR 1:00 Philosophy Series - AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Projects w/ Dave* - LR 4:00 Shabbat Shalom - PDR	A - Auditorium AG - Art Gallery AL - Allen Lounge AR - Art Room BIS - Bistro CS - Country Store DR - Dining Room L - Library LOB - Main Lobby LR - Living Room at the Inn

JANUARY 2025

INN



THE FOUNTAINS
AT MILLBROOK
A WATERMARK RETIREMENT COMMUNITYSM

ACTIVITY LOCATOR KEY

Your Community Life Team:
 Lisa Rieckermann, Director
 Jennifer Bourque, Associate
 Raegan Haege, Associate
 Jessica Kaufman, Associate
 845-905-8102

Please check channel 591 daily for updates from various departments, including daily program schedules.

Watermark University classes, taught by a live instructor & are indicated by an *

EXERCISE - DARK RED
 MUSIC - PURPLE
 SPIRITUAL/THERAPEUTIC - BLUE
 ARTS & CRAFTS - DARK ORANGE
 EDUCATION/SOCIAL - BLACK
 VOCATIONAL - TEAL
 TRIPS - GREEN
 HEALTH - PINK

NL - North Lounge
 PDR - Private Dining Room
 UL - Upper Lobby
 WS - Woodshop (1A)