

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:45 HasFit Aerobic Exercise (BR)</li> <li>10:20 Wordsmithing Wonders (BR)</li> <li>11:30 Bath House Cultural Center and Lunch (BUS)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:30 Lucky Dog Card Game (BR)</li> <li>2:00 Crazy Eights Card Game (BR)</li> <li>3:30 Abstract Art Collage Workshop (BR)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "Our Little Secret" (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:45 Chair Yoga Dancing (BR)</li> <li>10:15 Brain Aerobics (BR)</li> <li>10:45 Activity Packets w/ Daily Chronicle (BR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:30 WU: Silver Sneakers w/ Tina</li> <li>2:30 Community Name That Tune (L)</li> <li>3:30 Social Hour: Po-Ke-No BINGO (CB)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "Man on the Inside Ep 1" (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:45 Chair Yoga Stretch and Strength (BR)</li> <li>10:15 Exploring American History (CR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>2:15 WU: DIMA Jazz Lecture (CR)</li> <li>3:30 Uno Game (BR)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "Zookeeper" (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:00 Doughnut Social (CB)</li> <li>9:45 Saturday Stretch (BR)</li> <li>10:30 Activity Packets w/ Daily Chronicle (BR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:15 Saturday Matinee Movie (CR)</li> <li>2:00 Craft Corner "Mystery Craft" (BR)</li> <li>3:30 Saturday Happy Hour (CB)</li> <li>5:00 Resident Holiday Party (L)</li> </ul>
<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:30 Sunrise Stretching (BR)</li> <li>10:30 Televised Worship Service (CR)</li> <li>11:00 Daily Chronicle (CR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:30 WU: Tai Chi and Tea (BR)</li> <li>2:30 Word Search Mania (BR)</li> <li>3:30 Sunday Happy Hour (CB)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "The Cider House Rules" (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:45 Fitness: Rockin' and Rollin' (BR)</li> <li>10:30 Activity Packets w/ Daily Chronicle (BR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:30 WU: DAPS presents Move, Laugh, Connect (CR)</li> <li>2:30 Classical Music Mondays w/ Mark (L)</li> <li>3:30 Uno Card Game (BR)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "The Family Man" (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:45 Chair Yoga Dancing (BR)</li> <li>10:30 Activity Packets w/ Daily Chronicle (BR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:30 Making Friendship Bracelets (BR)</li> <li>2:30 Wii Bowling (BR)</li> <li>3:30 WU: Floral Design (BR)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "The Heat" (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:00 Vetro Glass Blowing and Lunch (BUS)</li> <li>10:30 Activity Packets w/ Daily Chronicle (BR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:30 Witty Word Play (BR)</li> <li>2:30 What's in a word (BR)</li> <li>3:30 Social Hour/Bingo (CB)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "It Ends with Us" (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:45 Chair Yoga Dancing (BR)</li> <li>10:15 Brain Aerobics (BR)</li> <li>10:30 Activity Packets w/ Daily Chronicle (BR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:30 WU: Silver Sneakers w/ Tina</li> <li>2:30 Mix and Mingle: Julie Free (Piano) (L)</li> <li>3:30 Social Hour: Po-Ke-No BINGO (CB)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "Man On the Inside EP 2" (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:45 Exercise: Fitness and Fun (BR)</li> <li>10:15 Exploring American History (CR)</li> <li>10:30 Activity Packets w/ Daily Chronicle (BR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:30 Zentangle Art (BR)</li> <li>2:30 Wii Bowling (BR)</li> <li>3:30 Crazy Eights Card Game (BR)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "The Fabulous Four" (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:00 Doughnut Social (CB)</li> <li>9:30 MLK FEST (BUS)</li> <li>9:45 Saturday Stretch (BR)</li> <li>10:30 Activity Packets w/ Daily Chronicle (BR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Saturday Matinee Movie (CR)</li> <li>1:00 Walking Club (L)</li> <li>2:00 Craft Corner "Mystery Craft" (BR)</li> <li>3:00 Girl Scout Cookies Sale (L)</li> <li>3:30 Saturday Happy Hour (CB)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Saturday Night Live Music (L)</li> <li>7:00 Nightly Cinema "JOY" (CR)</li> </ul>
<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:30 Sunrise Stretching (BR)</li> <li>10:30 Televised Worship Service (CR)</li> <li>11:00 Daily Chronicle (CR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:30 WU: Tai Chi and Tea (BR)</li> <li>2:30 Word Search Mania (BR)</li> <li>3:30 Sunday Happy Hour (CB)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "Losin It" (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:45 Fitness: Rockin' and Rollin' (BR)</li> <li>10:15 For Love and Art (CR)</li> <li>10:30 Activity Packets w/ Daily Chronicle (BR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:30 WU: DAPS presents Move, Laugh, Connect (CR)</li> <li>2:30 Painting Birdhouses (BR)</li> <li>3:30 Uno Card Game (BR)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "The Efficiency Expert" (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:45 Chair Yoga Dancing (BR)</li> <li>10:30 Activity Packets w/ Daily Chronicle (BR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:30 Uno card game (BR)</li> <li>2:30 WU: Current Events w/ Randy Mayeux (CR)</li> <li>3:30 WU: Floral Design (BR)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "HOOK" (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:30 Bureau of Engraving &amp; Printing (BUS)</li> <li>9:45 Chair Aerobic Exercise (BR)</li> <li>10:15 Brain Aerobics (BR)</li> <li>10:30 Activity Packets w/ Daily Chronicle (BR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:30 Group Storytelling (BR)</li> <li>2:30 Uno card game (BR)</li> <li>3:30 Social Hour: Birthday Happy Hour (CB)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "Merry Gentlemen" (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:45 Chair Yoga Dancing (BR)</li> <li>10:15 Brain Aerobics (BR)</li> <li>10:30 Activity Packets w/ Daily Chronicle (BR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:30 WU: Silver Sneakers w/ Tina</li> <li>2:30 Mix and Mingle: Denny Robinson (L)</li> <li>3:30 Social Hour: Po-Ke-No BINGO (CB)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "Man On The Inside Ep 3" (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:45 Exercise: Fitness and Fun (BR)</li> <li>10:15 Exploring American History: MLK (CR)</li> <li>10:30 Activity Packets w/ Daily Chronicle (BR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:30 World Music Exploration</li> <li>2:15 WU: DIMA - Jazz and Lecture Performance (CR)</li> <li>3:30 Uno Game (BR)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "Liar Liar" (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:00 Doughnut Social (CB)</li> <li>9:45 Saturday Stretch (BR)</li> <li>10:30 Activity Packets w/ Daily Chronicle (BR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Saturday Matinee Movie (CR)</li> <li>1:00 Walking Club (L)</li> <li>2:00 Craft Corner "Mystery Craft" (BR)</li> <li>3:30 Saturday Happy Hour (CB)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "Eternal Sunshine" (CR)</li> </ul>
<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:30 Sunrise Stretching (BR)</li> <li>10:30 Televised Worship Service (CR)</li> <li>11:00 Daily Chronicle (CR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:30 WU: Tai Chi and Tea (BR)</li> <li>2:30 Word Search Mania (BR)</li> <li>3:30 Sunday Happy Hour (CB)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "Point Break" (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:45 Fitness: Rockin' and Rollin' (BR)</li> <li>10:30 Activity Packets w/ Daily Chronicle (BR)</li> <li>10:45 Meditation Mindset (BR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:30 WU: DAPS presents Move, Laugh, Connect (CR)</li> <li>2:30 Let's Play Family Feud (BR)</li> <li>3:30 Uno Card Game (BR)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "Crocodile Dundee" (BR)</li> <li>7:30 College Football Championship Game (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:45 Chair Yoga Dancing (BR)</li> <li>10:30 Activity Packets w/ Daily Chronicle (BR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:30 Residents Council Meeting (CR)</li> <li>2:30 Painting Windchimes (BR)</li> <li>3:30 WU: Floral Design (BR)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "Robin: Watch for Wishes" (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>10:20 Lucky Dog Card Game (BR)</li> <li>10:30 Activity Packets w/ Daily Chronicle (BR)</li> <li>10:30 Interurban Railway Museum (BUS)</li> <li>10:55 Brain Aerobics (BR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:30 The Letter J Activities (BR)</li> <li>2:30 WU: Name That Tune w/ Mike Frankel (CR)</li> <li>3:30 Social Hour (CB)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "Crocodile Dundee II" (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:45 Chair Yoga Dancing (BR)</li> <li>10:15 Brain Aerobics (BR)</li> <li>10:30 Activity Packets w/ Daily Chronicle (BR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:30 WU: Silver Sneakers w/ Tina</li> <li>2:30 Mix-N-Mingle w/ Surprise Guest (L)</li> <li>3:30 Social Hour: Po-Ke-No BINGO (CB)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "Man On The Inside Ep 4" (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:45 Exercise: Fitness and Fun (BR)</li> <li>9:45 Senior Shape Chair Yoga (BR)</li> <li>10:15 Exploring American History (CR)</li> <li>10:30 Activity Packets w/ Daily Chronicle (BR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:30 Crazy Eights Card Game (BR)</li> <li>2:30 Model Magic Sculpture (BR)</li> <li>3:30 Saturday Music : "Jazz Express" (L)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "Chicago" (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:00 Doughnut Social (CB)</li> <li>9:45 Saturday Stretch (BR)</li> <li>10:30 Activity Packets w/ Daily Chronicle (BR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Saturday Matinee Movie (CR)</li> <li>1:00 Walking Club (L)</li> <li>2:30 Saturday Happy Hour (CB)</li> <li>3:30 Saturday Music : "Jazz Express" (L)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "Unaccompanied Minors" (CR)</li> </ul>
<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:30 Sunrise Stretching (BR)</li> <li>10:30 Televised Worship Service (CR)</li> <li>11:00 Daily Chronicle (CR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:30 WU: Tai Chi and Tea (BR)</li> <li>2:30 Word Search Mania (BR)</li> <li>3:30 Sunday Happy Hour (CB)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "The Forge" (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:45 Fitness: Rockin' and Rollin' (BR)</li> <li>10:30 Activity Packets w/ Daily Chronicle (BR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:30 WU: DAPS presents Move, Laugh, Connect (CR)</li> <li>2:30 Trivia about the 60's (BR)</li> <li>3:30 Uno Card Game (BR)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "The Ridiculous 6" (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:45 Chair Yoga Dancing (BR)</li> <li>10:30 Activity Packets w/ Daily Chronicle (BR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:30 Let's Play Dominoes (BR)</li> <li>2:30 WU: Current Events w/ Randy Mayeux (CR)</li> <li>3:30 WU: Floral Design (BR)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "Burlesque" (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:45 Chair Aerobic Exercise (BR)</li> <li>10:20 Poetry Reading (BR)</li> <li>10:30 Activity Packets w/ Daily Chronicle (BR)</li> <li>10:30 Bella Cavalli Ranch &amp; lunch (BUS)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:30 Witty Word Play (BR)</li> <li>2:30 Uno card game (BR)</li> <li>3:30 Social Hour/Bingo (CB)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "The Six Triple Eight" (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:45 Chair Yoga Dancing (BR)</li> <li>10:15 Brain Aerobics (BR)</li> <li>10:30 Activity Packets w/ Daily Chronicle (BR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Chinese New Year Celebration (CR)</li> <li>2:30 Chinese Fan Craft</li> <li>3:30 Social Hour: Po-Ke-No BINGO (CB)</li> <li>4:30 Dinner (DR)</li> <li>6:00 An Evening with Norris Perry (L)</li> <li>7:00 Nightly Cinema "Man on the Inside Ep 5" (CR)</li> </ul>	<ul style="list-style-type: none"> <li>7:30 Breakfast (DR)</li> <li>9:45 Chair Yoga Stretch and Strength (BR)</li> <li>9:45 Exercise: Fitness and Fun (BR)</li> <li>10:15 Exploring American History (CR)</li> <li>10:30 Activity Packets w/ Daily Chronicle (BR)</li> <li>11:30 Lunch (DR)</li> <li>1:00 Walking Club (L)</li> <li>1:30 Crazy Eights Card Game (BR)</li> <li>2:30 Mary Kay and Mimosas (CB)</li> <li>3:30 Color Your World (BR)</li> <li>4:30 Dinner (DR)</li> <li>6:00 Nightly Cinema "Last Holiday" (CR)</li> </ul>	

**Activity Locator Key:**

CR = Community Room (1st Floor)  
TR = Tea Room (7th Floor)  
CB = Craddock's Bar /Lounge (1st Floor)  
PT = Poker Table (3rd Floor)  
L = Lobby (1st Floor)  
BR = Bridge (3rd Floor)

DR = Dining Room (1st Floor)  
GR = Grill Room (1st Floor)  
MCA = Activity Area (2nd Floor)  
AR = Art Room (2nd Floor)  
TT = Third Floor Terrace (3rd Floor)  
PT = Pool Table (6th Floor)  
BUS = Community Bus

**Leadership Team:** Executive Director: Chad Hubbard  
Resident Care Director: Rhonda Battee  
Memory Care Director: Delondria Epps  
Community Life Director: Lakeisha Brothers  
Dining Services Director: Kyle Blazer  
Maintenance Director: Brandon DeLeon  
Sales Director: Cynthia Seskes  
Human Resources Director: Patricia Gloria-Barraza  
Business Office Manager: Tomicca Wilson

# The Bridge January 2025

- Body
- Community
- Entertainment
- Mind
- Outing
- Spirit